

**Appendix 2. Tables depicting the spiritual commitment of Canadians:  
parents, mothers, and fathers**

**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	9,501,415	2,097,684	5,352,353	7,788,373	24,739,825
Newfoundland	140,898	35,767	118,939	141,374	436,978
Prince Edward Island	32,159	9,697	34,344	34,815	111,015
Nova Scotia	282,997	54,276	193,992	220,717	751,982
New Brunswick	185,022	52,232	159,065	204,933	601,252
Québec	2,291,851	692,252	1,255,521	1,753,237	5,992,861
Ontario	3,591,064	686,825	2,132,890	3,125,386	9,536,165
Manitoba	319,588	63,528	179,695	297,048	859,859
Saskatchewan	262,395	57,497	187,694	245,708	753,294
Alberta	934,322	185,933	470,055	804,675	2,394,985
British Columbia	1,461,119	259,677	620,158	960,480	3,301,434
Atlantic provinces	641,076	151,972	506,340	601,838	1,901,226
Prairie provinces	1,516,305	306,958	837,444	1,347,432	4,008,139
Selected metro areas:					
Montréal	1,161,575	320,190	534,402	820,452	2,836,619
Ottawa-Hull	354,722	77,598	197,530	269,662	899,512
Oshawa	108,529	17,284	50,743	67,232	243,788
Toronto	1,362,362	263,537	820,248	1,387,053	3,833,200
St Catherines	115,096	22,668	57,420	113,019	308,203
Kitchener	136,791	24,697	101,000	100,964	363,452
Winnipeg	212,971	44,457	108,452	186,604	552,484
Calgary	298,881	67,679	124,569	209,067	700,196
Edmonton	298,984	64,769	183,686	306,229	853,668
Vancouver	730,066	131,559	324,576	480,499	1,666,700
All non-metro areas	3,427,508	748,494	2,062,659	2,782,403	9,021,064
Urban core areas	6,676,760	1,446,715	3,637,182	5,506,163	17,266,820
Urban fringe areas	241,329	51,600	116,643	175,862	585,434
Rural fringe areas	703,322	177,446	415,784	590,451	1,887,003
Urban areas outside metro areas and large cities	830,490	180,356	513,176	699,632	2,223,654
Rural areas outside metro areas and large cities	1,049,514	241,569	669,568	816,266	2,776,917
Single detached dwelling	5,079,123	1,134,845	3,004,337	4,058,160	13,276,465
Dwelling a double	451,751	109,594	192,013	347,531	1,100,889
Row or terrace	430,980	79,693	250,108	425,755	1,186,536
Duplex	276,524	61,306	136,410	225,594	699,834
Low-rise apartment, under 5 stories	1,050,408	237,866	549,713	883,245	2,721,232
High-rise apartment	465,059	91,350	286,727	585,089	1,428,225
Total dwelling types above listed	7,753,845	1,714,654	4,419,308	6,525,374	20,413,181
Bedrooms: 1	788,964	172,018	426,388	766,318	2,153,688
Bedrooms: 2	2,011,478	404,746	1,075,240	1,684,884	5,176,348
Bedrooms: 3	4,299,168	973,417	2,371,585	3,260,230	10,904,400
Bedrooms: 4	1,844,126	426,185	1,142,669	1,516,208	4,929,188
Bedrooms: 5 or more	533,491	115,879	327,794	535,905	1,513,069

Notes:

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**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	2,586,707	539,022	1,309,087	2,184,621	6,619,437
Dwelling owned	6,914,708	1,558,663	4,043,266	5,603,752	18,120,389
Household size: 1	1,082,348	231,177	665,670	1,158,804	3,137,999
Household size: 2	2,942,000	621,493	1,736,765	2,650,822	7,951,080
Household size: 3	1,897,276	469,966	1,094,636	1,340,292	4,802,170
Household size: 4	2,330,327	505,849	1,086,888	1,374,052	5,297,116
Household size: 5	876,293	178,544	473,932	728,551	2,257,320
Household size: 6 or more	373,171	90,656	294,462	535,852	1,294,141
No child(ren) under 12	7,023,267	1,521,902	3,956,370	5,884,804	18,386,343
Child(ren) under 6	906,722	201,807	501,268	635,008	2,244,805
Child(ren) 6 to 11	1,104,272	259,983	627,568	827,071	2,818,894
Child(ren) under 6 and 6 to 11	467,154	113,993	267,147	441,490	1,289,784
Parents with child(ren) under 12	2,478,148	575,783	1,395,983	1,903,569	6,353,483
Age 15-19	1,215,405	219,058	435,570	338,062	2,208,095
20-24	979,650	176,154	392,312	356,721	1,904,837
25-29	886,521	201,021	406,166	337,291	1,830,999
30-34	957,503	176,287	497,401	551,979	2,183,170
35-39	1,037,359	253,118	512,299	745,883	2,548,659
40-44	1,138,768	255,670	650,688	807,351	2,852,477
45-49	784,792	208,858	513,966	852,109	2,359,725
50-54	629,614	178,198	454,081	781,416	2,043,309
55-59	530,285	117,996	420,751	698,690	1,767,722
60-64	370,134	86,668	313,561	602,732	1,373,095
65-69	279,517	82,555	259,272	526,647	1,147,991
70-74	292,921	59,670	190,135	470,406	1,013,132
75-79	205,893	45,841	154,434	347,021	753,189
80 plus	193,051	36,593	151,717	372,065	753,426
Married	4,311,891	1,017,072	2,909,619	4,704,736	12,943,318
Common-law	1,210,897	246,474	455,536	400,364	2,313,271
Widowed	299,408	79,004	280,543	674,674	1,333,629
Separated	227,872	60,764	123,147	222,202	633,985
Divorced	374,945	89,789	270,531	447,652	1,182,917
Single, never married	3,069,885	603,605	1,303,831	1,329,262	6,306,583
Females	3,741,611	1,027,062	2,993,223	4,813,601	12,575,497
Males	5,759,804	1,070,623	2,359,130	2,974,772	12,164,329
Converses in English only	5,142,311	857,655	2,488,452	3,400,059	11,888,477
Converses in French only	962,266	346,823	609,985	897,073	2,816,147
Converses in English and French	1,679,814	424,750	946,465	1,027,456	4,078,485
Converses in English, French and other language(s)	423,911	150,044	251,786	464,173	1,289,914
Converses in English and other language(s)	1,074,227	276,786	935,217	1,763,202	4,049,432

Notes:

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**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	7,851,379	1,729,088	4,252,532	5,412,448	19,245,447
Immigrant, arrived before 1960	266,300	59,164	176,411	365,797	867,672
Immigrant, arrived from 1960 to 1979	437,977	116,907	281,743	717,278	1,553,905
Immigrant, arrived from 1980 to 2002	937,185	186,000	634,817	1,286,605	3,044,607
Immigrants	1,641,462	362,071	1,092,971	2,369,680	5,466,184
Aboriginal ethnicity, perhaps others	355,398	87,924	180,943	269,276	893,541
"Canadian" ethnicity, perhaps others	2,990,330	700,307	1,552,448	1,827,984	7,071,069
"French" ethnicity, perhaps others	1,939,481	567,146	1,158,320	1,563,906	5,228,853
"English" ethnicity, perhaps others	2,365,932	398,337	1,110,982	1,499,639	5,374,890
"Welsh" ethnicity, perhaps others	130,199	31,613	64,826	82,855	309,493
"Scotch" ethnicity, perhaps others	1,673,588	302,321	794,772	1,062,258	3,832,939
"Irish" ethnicity, perhaps others	1,322,919	273,766	725,190	1,026,201	3,348,076
"Italian" ethnicity, perhaps others	290,554	95,836	226,369	289,143	901,902
"Ukrainian" ethnicity, perhaps others	374,890	56,985	172,094	259,081	863,050
"German" ethnicity, perhaps others	862,676	192,576	508,854	747,130	2,311,236
"Dutch" ethnicity, perhaps others	258,005	46,600	161,518	285,063	751,186
"Polish" ethnicity, perhaps others	216,776	57,478	172,323	175,364	621,941
"Norwegian" ethnicity, perhaps others	135,157	19,781	54,257	90,762	299,957
"Chinese" ethnicity, perhaps others	499,710	58,556	127,824	247,803	933,893
"South Asian" ethnicity, perhaps others	135,143	na	202,068	422,817	810,977
Not a student	7,818,198	1,752,810	4,624,326	7,045,874	21,241,208
Part-time student	294,310	87,680	157,830	221,767	761,587
Full-time student	1,387,882	257,195	570,090	519,848	2,735,015
Less than secondary diploma	2,497,959	464,845	1,264,800	1,998,878	6,226,482
Secondary school diploma	1,966,611	369,045	999,695	1,309,430	4,644,781
Some post-secondary education	879,508	185,766	408,856	594,095	2,068,225
Post-secondary degree or diploma	4,059,050	1,065,752	2,651,118	3,791,586	11,567,506
Very strong belonging to locality	1,285,983	286,651	887,642	2,098,475	4,558,751
Somewhat strong belonging to locality	3,491,010	894,644	2,363,782	3,041,960	9,791,396
Somewhat weak belonging to locality	2,957,793	592,867	1,468,048	1,739,783	6,758,491
Very weak belonging to locality	1,738,690	314,934	611,517	891,560	3,556,701
Very satisfied with life in general	2,821,509	710,848	1,593,418	2,927,571	8,053,346
Satisfied with life in general	5,138,635	1,055,395	3,013,165	3,878,000	13,085,195
Neither satisfied nor dissatisfied with life	1,064,724	243,442	522,765	638,387	2,469,318
Dissatisfied with life in general	474,527	87,791	220,539	340,521	1,123,378
Has fewer than 3 close friends	1,460,030	319,567	712,449	1,158,730	3,650,776
Has 3 to 5 close friends	3,243,452	769,332	1,904,812	2,542,646	8,460,242
Has 6 to 9 close friends	1,778,021	392,842	1,059,459	1,376,775	4,607,097
Has 10 to 15 close friends	2,169,372	461,761	1,220,156	1,919,084	5,770,373
Has more than 15 close friends	788,720	143,758	419,890	729,565	2,081,933

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**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	93,187	26,255	94,056	93,615	307,113
French Catholic	1,880,650	646,694	1,248,245	1,495,566	5,271,155
Other Catholic	1,516,725	474,779	1,304,381	1,751,510	5,047,395
United Church	960,849	209,756	600,709	575,723	2,347,037
Anglican	792,247	143,197	418,241	453,436	1,807,121
Presbyterian	224,535	40,457	157,726	172,936	595,654
Lutheran	184,715	61,209	148,928	159,623	554,475
Baptist	129,160	45,616	137,022	359,294	671,092
Pentecostal	57,995	20,862	61,567	289,537	429,961
Jehovah Witness	na	S	na	106,079	133,407
Christian, other	356,382	111,047	414,384	1,242,517	2,124,330
Islam	74,835	na	123,139	294,195	512,835
Hindu-Buddhist-Sikh	197,464	78,131	226,199	336,679	838,473
Jewish	105,880	28,531	37,624	39,264	211,299
No religion: prays	373,063	79,146	209,741	289,818	951,768
No religion	2,503,413	105,253	131,047	108,405	2,848,118
Religious affiliation not stated	43,408	na	20,397	na	88,592
No religious affiliation	2,876,476	184,399	340,788	398,223	3,799,886
Roman Catholic	3,397,375	1,121,473	2,552,626	3,247,076	10,318,550
Liberal protestant	2,162,347	454,619	1,325,604	1,361,718	5,304,288
Conservative Christian	550,444	178,998	631,921	1,997,428	3,358,791
Christian	6,110,166	1,755,090	4,510,151	6,606,222	18,981,629
Non-Christian	378,179	127,328	386,962	670,138	1,562,607
Worshipped weekly or more often past year	203,896	185,834	1,016,032	3,919,623	5,325,385
Worshipped monthly past year	263,061	240,549	921,183	953,757	2,378,550
Worshipped 3 to 4 times past year	1,088,983	515,241	1,354,743	940,720	3,899,687
Worshipped once past year	1,017,586	343,372	485,582	385,684	2,232,224
Did not worship past year (religiously affiliated)	4,006,458	623,678	1,209,944	1,164,092	7,004,172
Never worshipped, or no religious affiliation	8,989,502	1,666,689	3,391,057	2,888,718	16,935,966
Worshipped at least weekly or monthly past year	466,957	426,383	1,937,215	4,873,381	7,703,936
Worshipped monthly & prays often	36,617	37,058	502,932	3,414,653	3,991,260
Worshipped monthly & prays sometimes	81,076	122,879	817,492	953,887	1,975,334
Worshipped monthly & prays rarely	119,161	125,898	333,395	176,542	754,996
Worshipped monthly & does not pray	225,254	139,231	272,706	298,906	936,097
Potential dropouts from monthly worship	462,108	425,066	1,926,525	4,843,988	7,657,687
Worshipped < monthly past year, prays often	38,010	30,530	264,225	627,516	960,281
Worshipped < monthly past year, prays sometimes	778,540	532,168	1,230,789	525,472	3,066,969
Non-worshipper past year, prays often	115,254	30,264	212,351	679,659	1,037,528
Non-worshipper past year, prays sometimes	1,281,830	384,141	834,078	513,251	3,013,300
Potential monthly worshipper	2,213,634	977,103	2,541,443	2,345,898	8,078,078

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**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	1,916,304	105,350	183,629	225,166	2,430,449
Not very religious	3,570,565	990,756	1,392,289	643,773	6,597,383
Somewhat religious	1,040,794	776,965	3,229,005	4,213,244	9,260,008
Very religious	49,119	32,595	176,690	2,240,537	2,498,941
Role of spiritual values in one's life					
Spiritual values are important in my life	358,914	2,097,685	5,352,353	7,788,373	15,597,325
Spiritual values are unimportant in my life	9,142,501	S	S	S	9,142,501
Sp. values help understand life's difficulties: no	9,373,822	147,851	56,634	20,604	9,598,911
Sp. values help understand life's difficulties:a little	75,578	1,536,513	635,317	105,075	2,352,483
Sp. values help understand life's difficulties:some	40,071	357,060	4,106,423	970,471	5,474,025
Sp. values help understand life's difficulties: a lot	na	49,974	548,386	6,680,362	7,289,951
Sp. values help me find meaning in my life: no	9,237,108	26,871	na	na	9,275,037
Sp. values help me find meaning in my life: a little	143,527	1,209,215	274,880	78,028	1,705,650
Sp. values help me find meaning in my life: some	78,220	776,038	4,108,483	649,502	5,612,243
Sp. values help me find meaning in my life: a lot	39,609	84,367	960,495	7,052,963	8,137,434
Physical Health					
Physical health is "excellent"	1,704,781	370,332	897,172	1,401,362	4,373,647
Physical health is "very good"	3,339,833	807,730	1,966,652	2,695,008	8,809,223
Physical health is "good"	3,226,748	657,935	1,816,472	2,520,234	8,221,389
Physical health is "fair" or "poor"	1,228,663	261,689	672,057	1,170,912	3,333,321
Physically inactive (index)	4,416,492	947,157	2,465,776	3,822,979	11,652,404
Moderately active physically (index)	2,468,865	590,355	1,461,123	2,089,742	6,610,085
Active physically (index)	2,614,055	560,173	1,425,454	1,875,559	6,475,241
Never has an activity limitation	7,047,512	1,509,652	3,807,497	5,111,215	17,475,876
Sometimes has an activity limitation	1,448,808	354,501	914,162	1,484,190	4,201,661
Often has an activity limitation	1,001,736	232,133	627,310	1,188,136	3,049,315
Never physically active > 15 min. / occasion, past mo.	856,795	177,395	433,812	993,709	2,461,711
Physically active >15 minutes, 1 to 5 times a month	1,178,930	230,791	601,470	855,796	2,866,987
Physically active >15 minutes, 6 to 15 times a month	1,961,480	437,505	1,084,915	1,470,825	4,954,725
Physically active >15 minutes, 16 to 29 times a month	2,140,640	493,095	1,284,132	1,734,179	5,652,046
Physically active >15 minutes, 30 or more times a mo.	3,361,567	758,900	1,948,023	2,733,770	8,802,260

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	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	3,205,118	696,266	1,699,975	2,003,302	7,604,661
Has a diagnosed chronic health problem	6,296,297	1,401,419	3,652,378	5,785,071	17,135,165
Has food allergies	623,632	160,251	429,798	713,434	1,927,115
Has non-food allergies	2,678,368	640,310	1,526,158	2,416,446	7,261,282
Asthma	844,151	154,396	447,729	659,943	2,106,219
Bronchitis	273,717	62,284	164,498	302,132	802,631
Diabetes	381,945	71,831	217,120	517,625	1,188,521
Heart disease	398,460	68,563	283,605	582,464	1,333,092
High blood pressure	1,126,675	236,129	793,352	1,489,744	3,645,900
Diagnosed migraines	923,621	240,703	566,368	917,208	2,647,900
Cancer	127,979	29,484	88,477	236,789	482,729
Stomach/intestinal ulcers	340,284	76,913	225,071	375,871	1,018,139
Bowel disorder/Crohn's/colitis	222,192	51,975	145,205	269,861	689,233
Thyroid	355,889	112,155	307,585	616,699	1,392,328
Arthritis/rheumatism	1,260,090	306,111	928,435	1,836,999	4,331,635
Back problems excluding arthritis	1,884,587	422,843	1,065,589	1,781,870	5,154,889
<b>Mental Health</b>					
Mental health is "excellent"	2,613,247	558,798	1,311,343	2,392,893	6,876,281
Mental health is "very good"	3,663,300	869,662	2,206,080	3,007,683	9,746,725
Mental health is "good"	2,542,933	524,431	1,457,405	1,898,834	6,423,603
Mental health is "fair" or "poor"	677,293	144,794	376,746	483,032	1,681,865
Rarely felt emotionally balanced past month	554,429	119,230	276,904	362,462	1,313,025
Felt emotionally balanced half the time	1,471,083	360,997	868,114	940,116	3,640,310
Felt emotionally balanced frequently	2,993,886	639,361	1,706,600	2,168,200	7,508,047
Felt emotionally balanced almost always past mo.	4,465,226	976,627	2,495,162	4,304,633	12,241,648
Most days not stressful at all past month	1,346,667	204,630	600,468	1,163,968	3,315,733
Most days not very stressful past month	2,199,221	468,943	1,214,131	1,815,934	5,698,229
Most days a bit stressful past month	3,843,109	914,075	2,265,803	2,989,753	10,012,740
Most days quite a bit/extremely stressful past mo.	2,111,602	510,038	1,271,481	1,816,845	5,709,966
Most important source of daily stress: time pressure	1,311,604	326,551	816,924	1,026,742	3,481,821
Most important stress: my physical health	500,464	108,452	356,924	661,216	1,627,056
Most important stress: finances, not enough money	1,314,647	244,428	632,594	830,017	3,021,686
Most important stress: my work situation	2,373,390	520,981	1,134,798	1,373,481	5,402,650
Most important stress: school	678,761	120,065	279,580	215,081	1,293,487
Most important stress: care for my children	279,910	62,154	180,171	232,233	754,468
Most important stress: care for others	458,756	121,198	393,686	603,465	1,577,105
Most important stress: my relationships with others	502,579	107,287	240,870	370,301	1,221,037
Most important stress: health of my family	326,827	107,978	311,560	577,472	1,323,837
Most important stress: (no day-to-day stress)	1,050,409	197,815	556,971	1,070,906	2,876,101

**Notes:**

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	932,062	213,643	536,454	661,045	2,343,204
"Good" ability to handle difficult problems	2,898,522	651,419	1,683,210	2,172,298	7,405,449
"Very good" ability to handle difficult problems	3,893,965	879,277	2,326,246	3,280,736	10,380,224
"Excellent" ability to handle difficult problems	1,761,011	349,636	802,239	1,653,463	4,566,349
<b>"Poor/fair" ability to handle day-to-day problems</b>	<b>519,808</b>	<b>108,812</b>	<b>281,075</b>	<b>375,265</b>	<b>1,284,960</b>
<b>"Good" ability to handle day-to-day problems</b>	<b>2,514,005</b>	<b>567,498</b>	<b>1,522,002</b>	<b>1,894,195</b>	<b>6,497,700</b>
<b>"Very good" ability to handle day-to-day problems</b>	<b>4,389,400</b>	<b>955,910</b>	<b>2,537,769</b>	<b>3,590,591</b>	<b>11,473,670</b>
<b>"Excellent" ability to handle day-to-day problems</b>	<b>2,050,015</b>	<b>460,188</b>	<b>1,004,954</b>	<b>1,902,309</b>	<b>5,417,466</b>
Rarely copes by trying to solve the problem	436,241	88,262	161,961	285,327	971,791
Sometimes copes by trying to solve the problem	2,060,422	456,910	1,165,344	1,246,247	4,928,923
Often copes by trying to solve the problem	6,957,825	1,545,160	4,000,452	6,187,445	18,690,882
Rarely copes by talking to others	2,249,482	383,647	955,345	1,320,574	4,909,048
Sometimes copes by talking to others	3,123,750	734,717	1,749,861	2,222,600	7,830,928
Often copes by talking to others	4,091,668	971,898	2,628,942	4,180,226	11,872,734
Never copes by smoking (non-smoker)	6,078,636	1,441,146	3,747,579	5,946,619	17,213,980
Never copes by smoking (a smoker)	1,167,305	216,130	508,178	628,877	2,520,490
Rarely copes by smoking more than usual	436,704	82,052	234,981	213,120	966,857
Sometimes copes by smoking more than usual	897,091	174,403	409,459	430,661	1,911,614
Often copes by smoking more than usual	892,866	179,510	437,684	527,037	2,037,097
Never copes by drinking alcohol	6,540,934	1,466,060	3,886,715	6,501,285	18,394,994
Rarely copes by drinking alcohol	1,599,136	357,558	863,089	735,057	3,554,840
Often/sometimes copes by drinking alcohol	1,332,726	270,356	587,761	512,524	2,703,367
Never copes by eating more/less than usual	5,010,665	993,516	2,342,499	3,825,662	12,172,342
Rarely copes by eating more/less than usual	1,994,969	474,138	1,242,921	1,499,057	5,211,085
Sometimes copes by eating more/less than usual	1,760,062	474,202	1,308,679	1,747,276	5,290,219
Often copes by eating more/less than usual	697,749	152,022	439,452	666,410	1,955,633
Never copes by jogging/exercise	4,520,752	908,512	2,164,167	3,556,918	11,150,349
Rarely copes by jogging/exercise	1,535,845	347,949	905,864	1,020,933	3,810,591
Sometimes copes by jogging/exercise	2,224,227	560,657	1,441,416	1,929,084	6,155,384
Often copes by jogging/exercise	1,190,163	276,615	821,835	1,233,564	3,522,177
Never copes by praying/spiritual help	7,007,378	829,472	1,114,023	827,856	9,778,729
Rarely copes by praying/spiritual help	1,572,000	681,237	1,151,495	497,573	3,902,305
Sometimes copes by praying/spiritual help	698,579	484,998	2,081,283	1,675,973	4,940,833
Often copes by praying/spiritual help	191,990	98,180	983,352	4,737,091	6,010,613
Never copes by blaming oneself	2,226,827	413,303	1,090,945	2,074,278	5,805,353
Rarely copes by blaming oneself	2,773,657	596,778	1,527,000	1,975,412	6,872,847
Sometimes copes by blaming oneself	3,487,147	843,534	2,092,521	2,762,608	9,185,810
Often copes by blaming oneself	962,098	238,697	617,285	917,318	2,735,398

Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	598,174	143,395	404,854	1,221,133	2,367,556
A former drinker, not now	959,666	203,229	618,122	1,459,506	3,240,523
Occasional drinker	1,658,060	355,496	1,082,538	1,620,727	4,716,821
Regular drinker	6,281,438	1,391,154	3,244,263	3,477,527	14,394,382
Non-drinker or < 5 drinks per occasion last year	6,980,265	1,700,400	4,548,030	7,224,149	20,452,844
Heavy drinker, never drunk most of 1 mo.	2,252,796	349,109	731,612	499,552	3,833,069
Usually drunk at least 1 mo. last year	212,861	38,997	58,223	47,038	357,119
Never drunk at work/school/child care in life	8,250,590	1,909,023	4,991,460	7,551,756	22,702,829
Drunk 1 to 2 times at work, etc in life	481,688	66,073	154,720	76,801	779,282
Drunk 3 to 10 times in life	439,605	74,618	114,273	76,633	705,129
Drunk over 10 times in life	260,410	36,934	66,923	63,340	427,607
Drunk at least once at work, etc, in life	1,181,703	177,625	335,916	216,774	1,912,018
Non-drinker or < 5 drinks per occasion past year	6,980,265	1,700,400	4,548,030	7,224,149	20,452,844
Heavy drinker, never drunk at work/school/child care	1,751,867	273,382	608,159	432,212	3,065,620
Drunk 1+ times at work/school/child care past year	718,473	114,857	182,332	114,379	1,130,041
Non-drinker or < 5 drinks per occasion past year	6,980,265	1,700,400	4,548,030	7,224,149	20,452,844
Never drank more than promised past year	1,943,256	281,470	627,164	420,571	3,272,461
Drank more, despite promise not to past year	521,934	106,636	162,737	124,383	915,690
Non-drinker or < 5 drinks per occasion past year	6,980,265	1,700,400	4,548,030	7,224,149	20,452,844
Never drank much more than intended past year	1,815,475	278,307	585,260	405,251	3,084,293
Drank much more than intended past year	650,134	109,799	203,985	137,350	1,101,268
Non-drinker or < 5 drinks per occasion past year	6,980,265	1,700,400	4,548,030	7,224,149	20,452,844
Never drank so much to risk getting hurt past year	2,033,598	310,253	683,649	460,651	3,488,151
Drank so as to risk getting hurt past year	433,072	77,986	106,842	85,940	703,840
Never used marijuana in life	4,440,491	1,103,381	3,315,044	5,596,421	14,455,337
Used marijuana once in life	985,255	228,744	522,459	567,544	2,304,002
Used marijuana more than once in life	4,062,296	760,009	1,503,026	1,614,933	7,940,264
Has not used illicit drugs in life	4,385,637	1,092,413	3,280,211	5,559,550	14,317,811
Used illicit drugs at least once in life	5,100,145	999,722	2,060,009	2,217,115	10,376,991
Has not used illicit drugs in life (excl. marij.)	5,273,937	1,295,842	3,749,856	6,076,090	16,395,725
Used illicit drugs (excl. marij.) at least once in life	4,211,845	796,293	1,590,364	1,700,574	8,299,076
Has not used illicit drugs past year	7,690,949	1,786,728	4,791,649	7,286,703	21,556,029
Used illicit drugs at least once past year	1,792,604	305,407	545,823	487,086	3,130,920
Has not used illicit drugs past year (excl. marij.)	7,786,574	1,811,720	4,840,918	7,318,529	21,757,741
Used illicit drugs (excl. marij.) at least once past year	1,696,979	280,414	496,554	455,260	2,929,207

Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, everyday difficulties, by socio-economic characteristics, Canada,**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	4,390,205	1,094,443	3,283,710	5,565,771	14,334,129
Has not used illicit drugs for 1 year in life	3,724,557	767,561	1,630,130	1,734,549	7,856,797
Used illicit drugs for 1 year in life	1,369,304	229,546	425,042	475,427	2,499,319
Has used drugs despite promise not to	275,502	41,764	57,942	82,223	457,431
Has used drugs more often than intended	315,527	54,349	59,318	78,579	507,773
Insufficient weight (bmi), age 20-64	379,869	104,536	246,804	325,787	1,056,996
Acceptable weight, age 20-64	2,643,753	586,740	1,476,501	1,973,587	6,680,581
Some excess weight, age 20-64	1,150,935	226,878	577,056	791,114	2,745,983
Overweight, age 20-64	2,270,171	498,704	1,219,530	1,778,696	5,767,101
Weight not stated, age 20-64	822,657	227,246	602,022	815,628	2,467,553
Never had fear of being too fat	7,314,143	1,615,221	4,005,916	5,879,659	18,814,939
Never had fear of being too fat past year	971,281	228,637	580,038	863,824	2,643,780
Had fear of being too fat past year	1,215,128	252,719	763,760	1,039,506	3,271,113
Has not gambled in life	2,318,799	506,987	1,366,243	1,797,092	5,989,121
Non-gambler now	1,998,761	392,221	1,129,154	2,423,505	5,943,641
Non-problem gambler	4,570,596	1,091,998	2,610,710	3,291,980	11,565,284
Low-risk gambler	351,093	67,589	119,296	156,628	694,606
Problem gambler	243,525	37,510	104,909	103,314	489,258
Low-risk or problem gambler	594,618	105,099	224,205	259,942	1,183,864
Non-gambler past year	6,341,507	1,407,197	3,661,592	5,870,905	17,281,201
Never felt gambling guilt past year	2,883,790	646,086	1,542,144	1,759,704	6,831,724
Sometimes-always felt gambling guilt past year	258,109	43,023	129,457	142,393	572,982
Never felt gambled too much past year	2,956,289	658,841	1,594,485	1,822,108	7,031,723
Sometimes-always gambled too much past year	185,610	30,267	74,531	79,594	370,002
Rarely felt loved and appreciated past month	389,804	76,652	160,875	227,959	855,290
Felt loved and appreciated past month	1,063,411	247,097	570,344	631,617	2,512,469
Often felt loved and appreciated past month	2,794,176	600,233	1,570,483	1,783,700	6,748,592
Almost always felt loved and appreciated past month	5,238,230	1,171,181	3,045,462	5,128,032	14,582,905
Suicide					
Has never seriously considered suicide	8,659,749	1,898,353	4,889,987	7,079,909	22,527,998
Has seriously considered suicide	831,835	194,604	457,764	698,904	2,183,107
Has never attempted suicide	9,154,194	2,016,697	5,142,055	7,436,730	23,749,676
Has attempted suicide	327,045	75,380	198,213	338,026	938,664

Notes:

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**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	421,987	88,250	187,128	247,489	944,854
Felt at peace half the time past month	1,151,734	303,481	737,728	710,700	2,903,643
Often felt at peace past month	3,086,386	657,647	1,659,037	1,975,351	7,378,421
Almost always felt at peace past month	4,826,085	1,045,797	2,766,016	4,841,860	13,479,758
Rarely felt emotionally balanced past month	554,429	119,230	276,904	362,462	1,313,025
Felt balanced half the time past month	1,471,083	360,997	868,114	940,116	3,640,310
Often felt balanced past month	2,993,886	639,361	1,706,600	2,168,200	7,508,047
Almost always felt balanced past month	4,465,226	976,627	2,495,162	4,304,633	12,241,648
Rarely felt useful past month	383,658	97,272	190,379	310,383	981,692
Felt useful past month	1,108,259	229,468	569,849	602,779	2,510,355
Often felt useful past month	3,333,899	712,458	1,832,388	2,140,059	8,018,804
Almost always felt useful past month	4,664,089	1,055,326	2,753,568	4,723,872	13,196,855
Lowest income adequacy	259,236	53,430	118,919	276,187	707,772
Lower middle income adequacy	526,741	118,906	296,678	640,830	1,583,155
Middle income adequacy	1,610,839	356,384	1,005,506	1,757,222	4,729,951
Upper middle income adequacy	3,086,226	697,014	1,797,124	2,493,939	8,074,303
Highest income adequacy	3,146,756	704,830	1,647,829	1,965,315	7,464,730
Household income or size not stated	871,617	167,121	486,296	654,881	2,179,915
Household income last year under \$10,000	238,521	47,652	114,787	246,222	647,182
Household income income \$10,000-14,999	342,300	85,672	205,969	472,227	1,106,168
Household income income \$15,000-19,999	338,015	63,310	207,406	403,803	1,012,534
Household income income \$20,000-29,999	786,556	173,014	513,759	895,751	2,369,080
Household income income \$30,000-39,999	1,017,070	212,385	549,723	962,200	2,741,378
Household income income \$40,000-49,999	855,830	183,683	539,826	736,761	2,316,100
Household income income \$50,000-59,999	900,446	222,341	508,683	736,839	2,368,309
Household income income \$60,000-79,999	1,581,261	358,462	866,131	1,060,776	3,866,630
Household income income \$80,000 or more	2,558,076	581,113	1,348,716	1,602,031	6,089,936
Household income not stated	883,339	170,054	497,354	671,763	2,222,510
No welfare income received last year	8,923,205	1,968,914	5,064,014	7,267,837	23,223,970
Welfare income received last year	419,919	95,463	217,294	408,429	1,141,105
Population aged 15 to 75	8,998,906	1,996,930	4,992,301	6,947,961	22,931,934
Not in the labour force	1,908,103	404,880	1,275,754	2,184,589	5,769,162
In the labour force	7,090,803	1,592,050	3,716,547	4,763,372	17,162,772
Employed	6,605,753	1,492,953	3,475,474	4,483,382	16,057,562
Unemployed	485,050	99,097	241,073	279,990	1,105,210
Permanently unable to work (aged 15-75)	155,863	29,204	91,015	214,838	490,920
Population 75 years of age and over	346,304	68,191	269,759	624,166	1,308,420

Notes:

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**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	449,812	91,896	299,506	480,368	1,321,582
Personal income under \$5,000	686,150	119,879	357,364	427,936	1,591,329
Personal income \$5,000-9,999	739,806	182,164	414,253	696,276	2,032,499
Personal income \$10,000-14,999	848,542	193,598	527,553	941,322	2,511,015
Personal income \$15,000-19,999	641,820	113,159	396,464	639,492	1,790,935
Personal income income \$20,000-29,999	1,326,253	297,979	824,779	1,191,210	3,640,221
Personal income income \$30,000-39,999	1,285,044	280,388	674,435	982,624	3,222,491
Personal income income \$40,000-49,999	952,270	224,073	493,559	638,106	2,308,008
Personal income income \$50,000-59,999	605,442	140,386	368,252	468,831	1,582,911
Personal income income \$60,000-79,999	738,012	173,573	353,304	451,563	1,716,452
Personal income income \$80,000 or more	563,053	134,451	260,374	274,366	1,232,244
Personal income not stated	665,210	146,140	382,510	596,280	1,790,140
Employee	6,300,490	1,367,409	3,286,841	3,956,033	14,910,773
Self-employed	1,089,818	279,957	570,262	952,043	2,892,080
Occupation: management	749,539	183,050	412,017	479,766	1,824,372
Professional including accountants	894,345	254,959	677,508	914,760	2,741,572
Technologist/technician	684,691	130,930	307,786	339,758	1,463,165
Administrative/financial/clerical	679,897	181,333	478,325	648,364	1,987,919
Sales or service	1,872,677	404,025	936,421	1,076,599	4,289,722
Trades/transport/equipment operator	1,226,327	218,222	413,118	550,768	2,408,435
Farming/forestry/fishing/mining	255,092	45,080	127,990	152,769	580,931
Processing/manufacturing/utilities	440,930	91,752	208,254	291,778	1,032,714
Other occupation	602,658	143,062	309,303	479,161	1,534,184
Usually works under 30 hours/week main job	1,355,464	280,821	788,499	1,012,569	3,437,353
Usually works 30-38 hours/week main job	1,318,902	335,209	800,856	1,046,553	3,501,520
Usually works 39-42 hours/week main job	2,385,292	519,786	1,126,876	1,410,382	5,442,336
Usually works over 42 hours/week main job	2,336,951	500,880	1,148,016	1,452,456	5,438,303
Usually does not work weekends	4,110,238	951,000	2,216,467	2,802,896	10,080,601
Usually works weekends	3,295,522	701,413	1,653,990	2,129,292	7,780,217
No work stress, main job, past year	862,927	137,600	359,785	588,430	1,948,742
Not much work stress, past year	1,502,915	291,275	705,454	910,611	3,410,255
A little work stress, past year	2,881,989	680,461	1,558,275	1,783,338	6,904,063
Much work stress, past year	1,684,071	442,675	1,019,818	1,316,542	4,463,106
Extreme work stress, past year	410,690	88,394	189,215	279,215	967,514
High job skill required: strongly agrees	2,273,188	541,545	1,203,057	1,766,923	5,784,713
High job skill required: agrees	2,889,983	663,754	1,676,272	1,933,531	7,163,540
High job skill required: neither agrees/disagrees	859,761	210,547	409,803	471,258	1,951,369
High job skill required: disagrees	1,137,203	195,586	471,220	598,674	2,402,683
High job skill required: strongly disagrees	193,059	36,199	73,324	113,415	415,997

Notes:

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**Table 1a. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	1,627,023	374,938	847,755	1,161,687	4,011,403
Job was very hectic: agrees	2,557,290	604,095	1,450,617	1,713,575	6,325,577
Job was very hectic: neither agrees/disagrees	1,268,679	298,044	683,905	780,051	3,030,679
Job was very hectic: disagrees	1,648,613	303,326	739,310	1,056,194	3,747,443
Job was very hectic: strongly disagrees	244,409	64,011	103,582	169,170	581,172
Job free of conflicting demands: strongly agrees	738,774	152,308	301,355	491,985	1,684,422
Job free of conflicting demands: agrees	2,479,444	512,433	1,305,415	1,740,721	6,038,013
Job free of conflicting demands: neither agrees/disag.	1,128,170	240,087	639,152	664,382	2,671,791
Job free of conflicting demands: disagrees	2,379,537	578,125	1,275,934	1,524,859	5,758,455
Job free of conflicting demands: strongly disagrees	607,998	161,703	306,256	450,121	1,526,078
Job security good: strongly agrees	2,317,743	521,473	1,194,478	1,501,493	5,535,187
Job security good: agrees	3,249,628	692,266	1,709,041	2,165,625	7,816,560
Job security good: neither agrees/disagrees	671,976	157,438	381,487	531,103	1,742,004
Job security good: disagrees	749,553	185,030	399,483	467,019	1,801,085
Job security good: strongly disagrees	357,143	88,507	147,954	212,305	805,909
Job conflict with co-workers: strongly agrees	399,971	76,769	195,620	328,632	1,000,992
Job conflict with co-workers: agrees	1,702,209	373,379	874,532	979,799	3,929,919
Job conflict with co-workers: neither agrees/disag.	958,815	257,083	494,737	561,235	2,271,870
Job conflict with co-workers: disagrees	2,953,320	653,787	1,624,713	2,084,016	7,315,836
Job conflict with co-workers: strongly disagrees	1,329,692	286,613	640,547	922,338	3,179,190
Job supervisor was helpful: strongly agrees	1,268,044	292,889	682,949	961,906	3,205,788
Job supervisor was helpful: agrees	3,274,621	707,396	1,797,390	2,206,934	7,986,341
Job supervisor was helpful: neither agrees/disag.	1,404,905	344,196	743,487	912,445	3,405,033
Job supervisor was helpful: disagrees	927,179	179,583	391,856	475,919	1,974,537
Job supervisor was helpful: strongly disagrees	427,871	116,794	185,161	285,650	1,015,476
Job requires repetative tasks: strongly agrees	1,726,378	312,234	797,756	1,162,969	3,999,337
Job requires repetative tasks: agrees	3,116,151	694,667	1,801,487	2,158,252	7,770,557
Job requires repetative tasks: neither agrees/disag.	871,986	223,868	477,779	531,241	2,104,874
Job requires repetative tasks: disagrees	1,322,820	353,487	647,273	876,823	3,200,403
Job requires repetative tasks: strongly disagrees	316,108	63,373	109,975	155,324	644,780
Not satisfied at all with job	238,155	32,889	88,401	94,963	454,408
Not too satisfied at all with job	571,960	115,223	244,100	317,085	1,248,368
Somewhat satisfied with job	3,195,347	729,860	1,722,565	1,833,210	7,480,982
Very satisfied with job	3,347,237	769,658	1,776,767	2,637,578	8,531,240

Notes:

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"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	38	8	22	31	100
Newfoundland	32	8	27	32	100
Prince Edward Island	29	9	31	31	100
Nova Scotia	38	7	26	29	100
New Brunswick	31	9	26	34	100
Québec	38	12	21	29	100
Ontario	38	7	22	33	100
Manitoba	37	7	21	35	100
Saskatchewan	35	8	25	33	100
Alberta	39	8	20	34	100
British Columbia	44	8	19	29	100
Atlantic provinces	34	8	27	32	100
Prairie provinces	38	8	21	34	100
Selected metro areas:					
Montréal	41	11	19	29	100
Ottawa-Hull	39	9	22	30	100
Oshawa	45	7	21	28	100
Toronto	36	7	21	36	100
St Catherines	37	7	19	37	100
Kitchener	38	7	28	28	100
Winnipeg	39	8	20	34	100
Calgary	43	10	18	30	100
Edmonton	35	8	22	36	100
Vancouver	44	8	19	29	100
All non-metro areas	38	8	23	31	100
Urban core areas	39	8	21	32	100
Urban fringe areas	41	9	20	30	100
Rural fringe areas	37	9	22	31	100
Urban areas outside metro areas and large cities	37	8	23	31	100
Rural areas outside metro areas and large cities	38	9	24	29	100
Single detached dwelling	38	9	23	31	100
Dwelling a double	41	10	17	32	100
Row or terrace	36	7	21	36	100
Duplex	40	9	19	32	100
Low-rise apartment, under 5 stories	39	9	20	32	100
High-rise apartment	33	6	20	41	100
Total dwelling types above listed	38	8	22	32	100
Bedrooms: 1	37	8	20	36	100
Bedrooms: 2	39	8	21	33	100
Bedrooms: 3	39	9	22	30	100
Bedrooms: 4	37	9	23	31	100
Bedrooms: 5 or more	35	8	22	35	100

Notes:

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	39	8	20	33	100
Dwelling owned	38	9	22	31	100
Household size: 1	34	7	21	37	100
Household size: 2	37	8	22	33	100
Household size: 3	40	10	23	28	100
Household size: 4	44	10	21	26	100
Household size: 5	39	8	21	32	100
Household size: 6 or more	29	7	23	41	100
No child(ren) under 12	38	8	22	32	100
Child(ren) under 6	40	9	22	28	100
Child(ren) 6 to 11	39	9	22	29	100
Child(ren) under 6 and 6 to 11	36	9	21	34	100
Parents with child(ren) under 12	39	9	22	30	100
Age 15-19	55	10	20	15	100
20-24	51	9	21	19	100
25-29	48	11	22	18	100
30-34	44	8	23	25	100
35-39	41	10	20	29	100
40-44	40	9	23	28	100
45-49	33	9	22	36	100
50-54	31	9	22	38	100
55-59	30	7	24	40	100
60-64	27	6	23	44	100
65-69	24	7	23	46	100
70-74	29	6	19	46	100
75-79	27	6	21	46	100
80 plus	26	5	20	49	100
Married	33	8	22	36	100
Common-law	52	11	20	17	100
Widowed	22	6	21	51	100
Separated	36	10	19	35	100
Divorced	32	8	23	38	100
Single, never married	49	10	21	21	100
Females	30	8	24	38	100
Males	47	9	19	24	100
Converses in English only	43	7	21	29	100
Converses in French only	34	12	22	32	100
Converses in English and French	41	10	23	25	100
Converses in English, French and other language(s)	33	12	20	36	100
Converses in English and other language(s)	27	7	23	44	100

Notes:

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	41	9	22	28	100
Immigrant, arrived before 1960	31	7	20	42	100
Immigrant, arrived from 1960 to 1979	28	8	18	46	100
Immigrant, arrived from 1980 to 2002	31	6	21	42	100
Immigrants	30	7	20	43	100
Aboriginal ethnicity, perhaps others	40	10	20	30	100
"Canadian" ethnicity, perhaps others	42	10	22	26	100
"French" ethnicity, perhaps others	37	11	22	30	100
"English" ethnicity, perhaps others	44	7	21	28	100
"Welsh" ethnicity, perhaps others	42	10	21	27	100
"Scotch" ethnicity, perhaps others	44	8	21	28	100
"Irish" ethnicity, perhaps others	40	8	22	31	100
"Italian" ethnicity, perhaps others	32	11	25	32	100
"Ukrainian" ethnicity, perhaps others	43	7	20	30	100
"German" ethnicity, perhaps others	37	8	22	32	100
"Dutch" ethnicity, perhaps others	34	6	22	38	100
"Polish" ethnicity, perhaps others	35	9	28	28	100
"Norwegian" ethnicity, perhaps others	45	7	18	30	100
"Chinese" ethnicity, perhaps others	54	6	14	27	100
"South Asian" ethnicity, perhaps others	17	na	25	52	100
Not a student	37	8	22	33	100
Part-time student	39	12	21	29	100
Full-time student	51	9	21	19	100
Less than secondary diploma	40	7	20	32	100
Secondary school diploma	42	8	22	28	100
Some post-secondary education	43	9	20	29	100
Post-secondary degree or diploma	35	9	23	33	100
Very strong belonging to locality	28	6	19	46	100
Somewhat strong belonging to locality	36	9	24	31	100
Somewhat weak belonging to locality	44	9	22	26	100
Very weak belonging to locality	49	9	17	25	100
Very satisfied with life in general	35	9	20	36	100
Satisfied with life in general	39	8	23	30	100
Neither satisfied nor dissatisfied with life	43	10	21	26	100
Dissatisfied with life in general	42	8	20	30	100
Has fewer than 3 close friends	40	9	20	32	100
Has 3 to 5 close friends	38	9	23	30	100
Has 6 to 9 close friends	39	9	23	30	100
Has 10 to 15 close friends	38	8	21	33	100
Has more than 15 close friends	38	7	20	35	100

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	30	9	31	30	100
French Catholic	36	12	24	28	100
Other Catholic	30	9	26	35	100
United Church	41	9	26	25	100
Anglican	44	8	23	25	100
Presbyterian	38	7	26	29	100
Lutheran	33	11	27	29	100
Baptist	19	7	20	54	100
Pentecostal	13	5	14	67	100
Jehovah Witness	na	S	na	80	100
Christian, other	17	5	20	58	100
Islam	15	na	24	57	100
Hindu-Buddhist-Sikh	24	9	27	40	100
Jewish	50	14	18	19	100
No religion: prays	39	8	22	30	100
No religion	88	4	5	4	100
Religious affiliation not stated	49	na	23	na	100
No religious affiliation	76	5	9	10	100
Roman Catholic	33	11	25	31	100
Liberal protestant	41	9	25	26	100
Conservative Christian	16	5	19	59	100
Christian	32	9	24	35	100
Non-Christian	24	8	25	43	100
Worshipped weekly or more often past year	4	3	19	74	100
Worshipped monthly past year	11	10	39	40	100
Worshipped 3 to 4 times past year	28	13	35	24	100
Worshipped once past year	46	15	22	17	100
Did not worship past year (religiously affiliated)	57	9	17	17	100
Never worshipped, or no religious affiliation	53	10	20	17	100
Worshipped at least weekly or monthly past year	6	6	25	63	100
Worshipped monthly & prays often	1	1	13	86	100
Worshipped monthly & prays sometimes	4	6	41	48	100
Worshipped monthly & prays rarely	16	17	44	23	100
Worshipped monthly & does not pray	24	15	29	32	100
Potential dropouts from monthly worship	6	6	25	63	100
Worshipped < monthly past year, prays often	4	3	28	65	100
Worshipped < monthly past year, prays sometimes	25	17	40	17	100
Non-worshipper past year, prays often	11	3	20	66	100
Non-worshipper past year, prays sometimes	43	13	28	17	100
Potential monthly worshipper	27	12	31	29	100

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	79	4	8	9	100
Not very religious	54	15	21	10	100
Somewhat religious	11	8	35	45	100
Very religious	2	1	7	90	100
Role of spiritual values in one's life					
Spiritual values are important in my life	2	13	34	50	100
Spiritual values are unimportant in my life	100	S	S	S	100
Sp. values help understand life's difficulties: no	98	2	1	0	100
Sp. values help understand life's difficulties:a little	3	65	27	4	100
Sp. values help understand life's difficulties:some	1	7	75	18	100
Sp. values help understand life's difficulties: a lot	na	1	8	92	100
Sp. values help me find meaning in my life: no	100	0	na	na	100
Sp. values help me find meaning in my life: a little	8	71	16	5	100
Sp. values help me find meaning in my life: some	1	14	73	12	100
Sp. values help me find meaning in my life: a lot	0	1	12	87	100
Physical Health					
Physical health is "excellent"	39	8	21	32	100
Physical health is "very good"	38	9	22	31	100
Physical health is "good"	39	8	22	31	100
Physical health is "fair" or "poor"	37	8	20	35	100
Physically inactive (index)	38	8	21	33	100
Moderately active physically (index)	37	9	22	32	100
Active physically (index)	40	9	22	29	100
Never has an activity limitation	40	9	22	29	100
Sometimes has an activity limitation	34	8	22	35	100
Often has an activity limitation	33	8	21	39	100
Never physically active > 15 min. / occasion, past mo.	35	7	18	40	100
Physically active >15 minutes, 1 to 5 times a month	41	8	21	30	100
Physically active >15 minutes, 6 to 15 times a month	40	9	22	30	100
Physically active >15 minutes, 16 to 29 times a month	38	9	23	31	100
Physically active >15 minutes, 30 or more times a mo.	38	9	22	31	100

Notes:

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	42	9	22	26	100
Has a diagnosed chronic health problem	37	8	21	34	100
Has food allergies	32	8	22	37	100
Has non-food allergies	37	9	21	33	100
Asthma	40	7	21	31	100
Bronchitis	34	8	20	38	100
Diabetes	32	6	18	44	100
Heart disease	30	5	21	44	100
High blood pressure	31	6	22	41	100
Diagnosed migraines	35	9	21	35	100
Cancer	27	6	18	49	100
Stomach/intestinal ulcers	33	8	22	37	100
Bowel disorder/Crohn's/colitis	32	8	21	39	100
Thyroid	26	8	22	44	100
Arthritis/rheumatism	29	7	21	42	100
Back problems excluding arthritis	37	8	21	35	100
<b>Mental Health</b>					
Mental health is "excellent"	38	8	19	35	100
Mental health is "very good"	38	9	23	31	100
Mental health is "good"	40	8	23	30	100
Mental health is "fair" or "poor"	40	9	22	29	100
Rarely felt emotionally balanced past month	42	9	21	28	100
Felt emotionally balanced half the time	40	10	24	26	100
Felt emotionally balanced frequently	40	9	23	29	100
Felt emotionally balanced almost always past mo.	36	8	20	35	100
Most days not stressful at all past month	41	6	18	35	100
Most days not very stressful past month	39	8	21	32	100
Most days a bit stressful past month	38	9	23	30	100
Most days quite a bit/extremely stressful past mo.	37	9	22	32	100
Most important source of daily stress: time pressure	38	9	23	29	100
Most important stress: my physical health	31	7	22	41	100
Most important stress: finances, not enough money	44	8	21	27	100
Most important stress: my work situation	44	10	21	25	100
Most important stress: school	52	9	22	17	100
Most important stress: care for my children	37	8	24	31	100
Most important stress: care for others	29	8	25	38	100
Most important stress: my relationships with others	41	9	20	30	100
Most important stress: health of my family	25	8	24	44	100
Most important stress: (no day-to-day stress)	37	7	19	37	100

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	40	9	23	28	100
"Good" ability to handle difficult problems	39	9	23	29	100
"Very good" ability to handle difficult problems	38	8	22	32	100
"Excellent" ability to handle difficult problems	39	8	18	36	100
"Poor/fair" ability to handle day-to-day problems	40	8	22	29	100
"Good" ability to handle day-to-day problems	39	9	23	29	100
"Very good" ability to handle day-to-day problems	38	8	22	31	100
"Excellent" ability to handle day-to-day problems	38	8	19	35	100
Rarely copes by trying to solve the problem	45	9	17	29	100
Sometimes copes by trying to solve the problem	42	9	24	25	100
Often copes by trying to solve the problem	37	8	21	33	100
Rarely copes by talking to others	46	8	19	27	100
Sometimes copes by talking to others	40	9	22	28	100
Often copes by talking to others	34	8	22	35	100
Never copes by smoking (non-smoker)	35	8	22	35	100
Never copes by smoking (a smoker)	46	9	20	25	100
Rarely copes by smoking more than usual	45	8	24	22	100
Sometimes copes by smoking more than usual	47	9	21	23	100
Often copes by smoking more than usual	44	9	21	26	100
Never copes by drinking alcohol	36	8	21	35	100
Rarely copes by drinking alcohol	45	10	24	21	100
Often/sometimes copes by drinking alcohol	49	10	22	19	100
Never copes by eating more/less than usual	41	8	19	31	100
Rarely copes by eating more/less than usual	38	9	24	29	100
Sometimes copes by eating more/less than usual	33	9	25	33	100
Often copes by eating more/less than usual	36	8	22	34	100
Never copes by jogging/exercise	41	8	19	32	100
Rarely copes by jogging/exercise	40	9	24	27	100
Sometimes copes by jogging/exercise	36	9	23	31	100
Often copes by jogging/exercise	34	8	23	35	100
Never copes by praying/spiritual help	72	8	11	8	100
Rarely copes by praying/spiritual help	40	17	30	13	100
Sometimes copes by praying/spiritual help	14	10	42	34	100
Often copes by praying/spiritual help	3	2	16	79	100
Never copes by blaming oneself	38	7	19	36	100
Rarely copes by blaming oneself	40	9	22	29	100
Sometimes copes by blaming oneself	38	9	23	30	100
Often copes by blaming oneself	35	9	23	34	100

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	25	6	17	52	100
A former drinker, not now	30	6	19	45	100
Occasional drinker	35	8	23	34	100
Regular drinker	44	10	23	24	100
Non-drinker or < 5 drinks per occasion last year	34	8	22	35	100
Heavy drinker, never drunk most of 1 mo.	59	9	19	13	100
Usually drunk at least 1 mo. last year	60	11	16	13	100
Never drunk at work/school/child care in life	36	8	22	33	100
Drunk 1 to 2 times at work, etc in life	62	8	20	10	100
Drunk 3 to 10 times in life	62	11	16	11	100
Drunk over 10 times in life	61	9	16	15	100
Drunk at least once at work, etc, in life	62	9	18	11	100
Non-drinker or < 5 drinks per occasion past year	34	8	22	35	100
Heavy drinker, never drunk at work/school/child care	57	9	20	14	100
Drunk 1+ times at work/school/child care past year	64	10	16	10	100
Non-drinker or < 5 drinks per occasion past year	34	8	22	35	100
Never drank more than promised past year	59	9	19	13	100
Drank more, despite promise not to past year	57	12	18	14	100
Non-drinker or < 5 drinks per occasion past year	34	8	22	35	100
Never drank much more than intended past year	59	9	19	13	100
Drank much more than intended past year	59	10	19	12	100
Non-drinker or < 5 drinks per occasion past year	34	8	22	35	100
Never drank so much to risk getting hurt past year	58	9	20	13	100
Drank so as to risk getting hurt past year	62	11	15	12	100
Never used marijuana in life	31	8	23	39	100
Used marijuana once in life	43	10	23	25	100
Used marijuana more than once in life	51	10	19	20	100
Has not used illicit drugs in life	31	8	23	39	100
Used illicit drugs at least once in life	49	10	20	21	100
Has not used illicit drugs in life (excl. marij.)	32	8	23	37	100
Used illicit drugs (excl. marij.) at least once in life	51	10	19	20	100
Has not used illicit drugs past year	36	8	22	34	100
Used illicit drugs at least once past year	57	10	17	16	100
Has not used illicit drugs past year (excl. marij.)	36	8	22	34	100
Used illicit drugs (excl. marij.) at least once past year	58	10	17	16	100

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	31	8	23	39	100
Has not used illicit drugs for 1 year in life	47	10	21	22	100
Used illicit drugs for 1 year in life	55	9	17	19	100
Has used drugs despite promise not to	60	9	13	18	100
Has used drugs more often than intended	62	11	12	15	100
Insufficient weight (bmi), age 20-64	36	10	23	31	100
Acceptable weight, age 20-64	40	9	22	30	100
Some excess weight, age 20-64	42	8	21	29	100
Overweight, age 20-64	39	9	21	31	100
Weight not stated, age 20-64	33	9	24	33	100
Never had fear of being too fat	39	9	21	31	100
Never had fear of being too fat past year	37	9	22	33	100
Had fear of being too fat past year	37	8	23	32	100
Has not gambled in life	39	8	23	30	100
Non-gambler now	34	7	19	41	100
Non-problem gambler	40	9	23	28	100
Low-risk gambler	51	10	17	23	100
Problem gambler	50	8	21	21	100
Low-risk or problem gambler	50	9	19	22	100
Non-gambler past year	37	8	21	34	100
Never felt gambling guilt past year	42	9	23	26	100
Sometimes-always felt gambling guilt past year	45	8	23	25	100
Never felt gambled too much past year	42	9	23	26	100
Sometimes-always gambled too much past year	50	8	20	22	100
Rarely felt loved and appreciated past month	46	9	19	27	100
Felt loved and appreciated past month	42	10	23	25	100
Often felt loved and appreciated past month	41	9	23	26	100
Almost always felt loved and appreciated past month	36	8	21	35	100
Suicide					
Has never seriously considered suicide	38	8	22	31	100
Has seriously considered suicide	38	9	21	32	100
Has never attempted suicide	39	8	22	31	100
Has attempted suicide	35	8	21	36	100

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	45	9	20	26	100
Felt at peace half the time past month	40	10	25	24	100
Often felt at peace past month	42	9	22	27	100
Almost always felt at peace past month	36	8	21	36	100
Rarely felt emotionally balanced past month	42	9	21	28	100
Felt balanced half the time past month	40	10	24	26	100
Often felt balanced past month	40	9	23	29	100
Almost always felt balanced past month	36	8	20	35	100
Rarely felt useful past month	39	10	19	32	100
Felt useful past month	44	9	23	24	100
Often felt useful past month	42	9	23	27	100
Almost always felt useful past month	35	8	21	36	100
Lowest income adequacy	37	8	17	39	100
Lower middle income adequacy	33	8	19	40	100
Middle income adequacy	34	8	21	37	100
Upper middle income adequacy	38	9	22	31	100
Highest income adequacy	42	9	22	26	100
Household income or size not stated	40	8	22	30	100
Household income last year under \$10,000	37	7	18	38	100
Household income income \$10,000-14,999	31	8	19	43	100
Household income income \$15,000-19,999	33	6	20	40	100
Household income income \$20,000-29,999	33	7	22	38	100
Household income income \$30,000-39,999	37	8	20	35	100
Household income income \$40,000-49,999	37	8	23	32	100
Household income income \$50,000-59,999	38	9	21	31	100
Household income income \$60,000-79,999	41	9	22	27	100
Household income income \$80,000 or more	42	10	22	26	100
Household income not stated	40	8	22	30	100
No welfare income received last year	38	8	22	31	100
Welfare income received last year	37	8	19	36	100
Population aged 15 to 75	39	9	22	30	100
Not in the labour force	33	7	22	38	100
In the labour force	41	9	22	28	100
Employed	41	9	22	28	100
Unemployed	44	9	22	25	100
Permanently unable to work (aged 15-75)	32	6	19	44	100
Population 75 years of age and over	26	5	21	48	100

Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	34	7	23	36	100
Personal income under \$5,000	43	8	22	27	100
Personal income \$5,000-9,999	36	9	20	34	100
Personal income \$10,000-14,999	34	8	21	37	100
Personal income \$15,000-19,999	36	6	22	36	100
Personal income income \$20,000-29,999	36	8	23	33	100
Personal income income \$30,000-39,999	40	9	21	30	100
Personal income income \$40,000-49,999	41	10	21	28	100
Personal income income \$50,000-59,999	38	9	23	30	100
Personal income income \$60,000-79,999	43	10	21	26	100
Personal income income \$80,000 or more	46	11	21	22	100
Personal income not stated	37	8	21	33	100
Employee	42	9	22	27	100
Self-employed	38	10	20	33	100
Occupation: management	41	10	23	26	100
Professional including accountants	33	9	25	33	100
Technologist/technician	47	9	21	23	100
Administrative/financial/clerical	34	9	24	33	100
Sales or service	44	9	22	25	100
Trades/transport/equipment operator	51	9	17	23	100
Farming/forestry/fishing/mining	44	8	22	26	100
Processing/manufacturing/utilities	43	9	20	28	100
Other occupation	39	9	20	31	100
Usually works under 30 hours/week main job	39	8	23	29	100
Usually works 30-38 hours/week main job	38	10	23	30	100
Usually works 39-42 hours/week main job	44	10	21	26	100
Usually works over 42 hours/week main job	43	9	21	27	100
Usually does not work weekends	41	9	22	28	100
Usually works weekends	42	9	21	27	100
No work stress, main job, past year	44	7	18	30	100
Not much work stress, past year	44	9	21	27	100
A little work stress, past year	42	10	23	26	100
Much work stress, past year	38	10	23	29	100
Extreme work stress, past year	42	9	20	29	100
High job skill required: strongly agrees	39	9	21	31	100
High job skill required: agrees	40	9	23	27	100
High job skill required: neither agrees/disagrees	44	11	21	24	100
High job skill required: disagrees	47	8	20	25	100
High job skill required: strongly disagrees	46	9	18	27	100

Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

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**Table 1b. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	41	9	21	29	100
Job was very hectic: agrees	40	10	23	27	100
Job was very hectic: neither agrees/disagrees	42	10	23	26	100
Job was very hectic: disagrees	44	8	20	28	100
Job was very hectic: strongly disagrees	42	11	18	29	100
Job free of conflicting demands: strongly agrees	44	9	18	29	100
Job free of conflicting demands: agrees	41	8	22	29	100
Job free of conflicting demands: neither agrees/disag.	42	9	24	25	100
Job free of conflicting demands: disagrees	41	10	22	26	100
Job free of conflicting demands: strongly disagrees	40	11	20	29	100
Job security good: strongly agrees	42	9	22	27	100
Job security good: agrees	42	9	22	28	100
Job security good: neither agrees/disagrees	39	9	22	30	100
Job security good: disagrees	42	10	22	26	100
Job security good: strongly disagrees	44	11	18	26	100
Job conflict with co-workers: strongly agrees	40	8	20	33	100
Job conflict with co-workers: agrees	43	10	22	25	100
Job conflict with co-workers: neither agrees/disag.	42	11	22	25	100
Job conflict with co-workers: disagrees	40	9	22	28	100
Job conflict with co-workers: strongly disagrees	42	9	20	29	100
Job supervisor was helpful: strongly agrees	40	9	21	30	100
Job supervisor was helpful: agrees	41	9	23	28	100
Job supervisor was helpful: neither agrees/disag.	41	10	22	27	100
Job supervisor was helpful: disagrees	47	9	20	24	100
Job supervisor was helpful: strongly disagrees	42	12	18	28	100
Job requires repetative tasks: strongly agrees	43	8	20	29	100
Job requires repetative tasks: agrees	40	9	23	28	100
Job requires repetative tasks: neither agrees/disag.	41	11	23	25	100
Job requires repetative tasks: disagrees	41	11	20	27	100
Job requires repetative tasks: strongly disagrees	49	10	17	24	100
Not satisfied at all with job	52	7	19	21	100
Not too satisfied at all with job	46	9	20	25	100
Somewhat satisfied with job	43	10	23	25	100
Very satisfied with job	39	9	21	31	100

Notes:

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"S" = not available or sample under five respondents.

**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	100.0	100.0	100.0	100.0	100.0
Newfoundland	1.5	1.7	2.2	1.8	1.8
Prince Edward Island	0.3	0.5	0.6	0.4	0.4
Nova Scotia	3.0	2.6	3.6	2.8	3.0
New Brunswick	1.9	2.5	3.0	2.6	2.4
Québec	24.1	33.0	23.5	22.5	24.2
Ontario	37.8	32.7	39.8	40.1	38.5
Manitoba	3.4	3.0	3.4	3.8	3.5
Saskatchewan	2.8	2.7	3.5	3.2	3.0
Alberta	9.8	8.9	8.8	10.3	9.7
British Columbia	15.4	12.4	11.6	12.3	13.3
Atlantic provinces	6.7	7.2	9.5	7.7	7.7
Prairie provinces	16.0	14.6	15.6	17.3	16.2
Selected metro areas:					
Montréal	12.2	15.3	10.0	10.5	11.5
Ottawa-Hull	3.7	3.7	3.7	3.5	3.6
Oshawa	1.1	0.8	0.9	0.9	1.0
Toronto	14.3	12.6	15.3	17.8	15.5
St Catherines	1.2	1.1	1.1	1.5	1.2
Kitchener	1.4	1.2	1.9	1.3	1.5
Winnipeg	2.2	2.1	2.0	2.4	2.2
Calgary	3.1	3.2	2.3	2.7	2.8
Edmonton	3.1	3.1	3.4	3.9	3.5
Vancouver	7.7	6.3	6.1	6.2	6.7
All non-metro areas	36.1	35.7	38.5	35.7	36.5
Urban core areas	70.3	69.0	68.0	70.7	69.8
Urban fringe areas	2.5	2.5	2.2	2.3	2.4
Rural fringe areas	7.4	8.5	7.8	7.6	7.6
Urban areas outside metro areas and large cities	8.7	8.6	9.6	9.0	9.0
Rural areas outside metro areas and large cities	11.0	11.5	12.5	10.5	11.2
Single detached dwelling	53.5	54.1	56.1	52.1	53.7
Dwelling a double	4.8	5.2	3.6	4.5	4.4
Row or terrace	4.5	3.8	4.7	5.5	4.8
Duplex	2.9	2.9	2.5	2.9	2.8
Low-rise apartment, under 5 stories	11.1	11.3	10.3	11.3	11.0
High-rise apartment	4.9	4.4	5.4	7.5	5.8
Total dwelling types above listed	81.6	81.7	82.6	83.8	82.5
Bedrooms: 1	8.3	8.2	8.0	9.8	8.7
Bedrooms: 2	21.2	19.3	20.1	21.6	20.9
Bedrooms: 3	45.2	46.4	44.3	41.9	44.1
Bedrooms: 4	19.4	20.3	21.3	19.5	19.9
Bedrooms: 5 or more	5.6	5.5	6.1	6.9	6.1

Notes:

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**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	27.2	25.7	24.5	28.0	26.8
Dwelling owned	72.8	74.3	75.5	72.0	73.2
Household size: 1	11.4	11.0	12.4	14.9	12.7
Household size: 2	31.0	29.6	32.4	34.0	32.1
Household size: 3	20.0	22.4	20.5	17.2	19.4
Household size: 4	24.5	24.1	20.3	17.6	21.4
Household size: 5	9.2	8.5	8.9	9.4	9.1
Household size: 6 or more	3.9	4.3	5.5	6.9	5.2
No child(ren) under 12	73.9	72.6	73.9	75.6	74.3
Child(ren) under 6	9.5	9.6	9.4	8.2	9.1
Child(ren) 6 to 11	11.6	12.4	11.7	10.6	11.4
Child(ren) under 6 and 6 to 11	4.9	5.4	5.0	5.7	5.2
Parents with child(ren) under 12	26.1	27.4	26.1	24.4	25.7
Age 15-19	12.8	10.4	8.1	4.3	8.9
20-24	10.3	8.4	7.3	4.6	7.7
25-29	9.3	9.6	7.6	4.3	7.4
30-34	10.1	8.4	9.3	7.1	8.8
35-39	10.9	12.1	9.6	9.6	10.3
40-44	12.0	12.2	12.2	10.4	11.5
45-49	8.3	10.0	9.6	10.9	9.5
50-54	6.6	8.5	8.5	10.0	8.3
55-59	5.6	5.6	7.9	9.0	7.1
60-64	3.9	4.1	5.9	7.7	5.6
65-69	2.9	3.9	4.8	6.8	4.6
70-74	3.1	2.8	3.6	6.0	4.1
75-79	2.2	2.2	2.9	4.5	3.0
80 plus	2.0	1.7	2.8	4.8	3.0
Married	45.4	48.5	54.4	60.4	52.3
Common-law	12.7	11.7	8.5	5.1	9.4
Widowed	3.2	3.8	5.2	8.7	5.4
Separated	2.4	2.9	2.3	2.9	2.6
Divorced	3.9	4.3	5.1	5.7	4.8
Single, never married	32.3	28.8	24.4	17.1	25.5
Females	39.4	49.0	55.9	61.8	50.8
Males	60.6	51.0	44.1	38.2	49.2
Converses in English only	54.1	40.9	46.5	43.7	48.1
Converses in French only	10.1	16.5	11.4	11.5	11.4
Converses in English and French	17.7	20.2	17.7	13.2	16.5
Converses in English, French and other language(s)	4.5	7.2	4.7	6.0	5.2
Converses in English and other language(s)	11.3	13.2	17.5	22.6	16.4

Notes:

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**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	82.6	82.4	79.5	69.5	77.8
Immigrant, arrived before 1960	2.8	2.8	3.3	4.7	3.5
Immigrant, arrived from 1960 to 1979	4.6	5.6	5.3	9.2	6.3
Immigrant, arrived from 1980 to 2002	9.9	8.9	11.9	16.5	12.3
Immigrants	17.3	17.3	20.4	30.4	22.1
Aboriginal ethnicity, perhaps others	3.7	4.2	3.4	3.5	3.6
"Canadian" ethnicity, perhaps others	31.5	33.4	29.0	23.5	28.6
"French" ethnicity, perhaps others	20.4	27.0	21.6	20.1	21.1
"English" ethnicity, perhaps others	24.9	19.0	20.8	19.3	21.7
"Welsh" ethnicity, perhaps others	1.4	1.5	1.2	1.1	1.3
"Scotch" ethnicity, perhaps others	17.6	14.4	14.8	13.6	15.5
"Irish" ethnicity, perhaps others	13.9	13.1	13.5	13.2	13.5
"Italian" ethnicity, perhaps others	3.1	4.6	4.2	3.7	3.6
"Ukrainian" ethnicity, perhaps others	3.9	2.7	3.2	3.3	3.5
"German" ethnicity, perhaps others	9.1	9.2	9.5	9.6	9.3
"Dutch" ethnicity, perhaps others	2.7	2.2	3.0	3.7	3.0
"Polish" ethnicity, perhaps others	2.3	2.7	3.2	2.3	2.5
"Norwegian" ethnicity, perhaps others	1.4	0.9	1.0	1.2	1.2
"Chinese" ethnicity, perhaps others	5.3	2.8	2.4	3.2	3.8
"South Asian" ethnicity, perhaps others	1.4	na	3.8	5.4	3.3
Not a student	82.3	83.6	86.4	90.5	85.9
Part-time student	3.1	4.2	2.9	2.8	3.1
Full-time student	14.6	12.3	10.7	6.7	11.1
Less than secondary diploma	26.3	22.2	23.6	25.7	25.2
Secondary school diploma	20.7	17.6	18.7	16.8	18.8
Some post-secondary education	9.3	8.9	7.6	7.6	8.4
Post-secondary degree or diploma	42.7	50.8	49.5	48.7	46.8
Very strong belonging to locality	13.5	13.7	16.6	26.9	18.4
Somewhat strong belonging to locality	36.7	42.6	44.2	39.1	39.6
Somewhat weak belonging to locality	31.1	28.3	27.4	22.3	27.3
Very weak belonging to locality	18.3	15.0	11.4	11.4	14.4
Very satisfied with life in general	29.7	33.9	29.8	37.6	32.6
Satisfied with life in general	54.1	50.3	56.3	49.8	52.9
Neither satisfied nor dissatisfied with life	11.2	11.6	9.8	8.2	10.0
Dissatisfied with life in general	5.0	4.2	4.1	4.4	4.5
Has fewer than 3 close friends	15.4	15.2	13.3	14.9	14.8
Has 3 to 5 close friends	34.1	36.7	35.6	32.6	34.2
Has 6 to 9 close friends	18.7	18.7	19.8	17.7	18.6
Has 10 to 15 close friends	22.8	22.0	22.8	24.6	23.3
Has more than 15 close friends	8.3	6.9	7.8	9.4	8.4

Notes:

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**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	1.0	1.3	1.8	1.2	1.2
French Catholic	19.8	30.8	23.3	19.2	21.3
Other Catholic	16.0	22.6	24.4	22.5	20.4
United Church	10.1	10.0	11.2	7.4	9.5
Anglican	8.3	6.8	7.8	5.8	7.3
Presbyterian	2.4	1.9	2.9	2.2	2.4
Lutheran	1.9	2.9	2.8	2.0	2.2
Baptist	1.4	2.2	2.6	4.6	2.7
Pentecostal	0.6	1.0	1.2	3.7	1.7
Jehovah Witness	na	S	na	1.4	0.5
Christian, other	3.8	5.3	7.7	16.0	8.6
Islam	0.8	na	2.3	3.8	2.1
Hindu-Buddhist-Sikh	2.1	3.7	4.2	4.3	3.4
Jewish	1.1	1.4	0.7	0.5	0.9
No religion: prays	3.9	3.8	3.9	3.7	3.8
No religion	26.3	5.0	2.4	1.4	11.5
Religious affiliation not stated	0.5	na	0.4	na	0.4
No religious affiliation	30.3	8.8	6.4	5.1	15.4
Roman Catholic	35.8	53.5	47.7	41.7	41.7
Liberal protestant	22.8	21.7	24.8	17.5	21.4
Conservative Christian	5.8	8.5	11.8	25.6	13.6
Christian	64.3	83.7	84.3	84.8	76.7
Non-Christian	4.0	6.1	7.2	8.6	6.3
Worshipped weekly or more often past year	2.1	8.9	19.0	50.3	21.5
Worshipped monthly past year	2.8	11.5	17.2	12.2	9.6
Worshipped 3 to 4 times past year	11.5	24.6	25.3	12.1	15.8
Worshipped once past year	10.7	16.4	9.1	5.0	9.0
Did not worship past year (religiously affiliated)	42.2	29.7	22.6	14.9	28.3
Never worshipped, or no religious affiliation	94.6	79.5	63.4	37.1	68.5
Worshipped at least weekly or monthly past year	4.9	20.3	36.2	62.6	31.1
Worshipped monthly & prays often	0.4	1.8	9.4	43.8	16.1
Worshipped monthly & prays sometimes	0.9	5.9	15.3	12.2	8.0
Worshipped monthly & prays rarely	1.3	6.0	6.2	2.3	3.1
Worshipped monthly & does not pray	2.4	6.6	5.1	3.8	3.8
Potential dropouts from monthly worship	4.9	20.3	36.0	62.2	31.0
Worshipped < monthly past year, prays often	0.4	1.5	4.9	8.1	3.9
Worshipped < monthly past year, prays sometimes	8.2	25.4	23.0	6.7	12.4
Non-worshipper past year, prays often	1.2	1.4	4.0	8.7	4.2
Non-worshipper past year, prays sometimes	13.5	18.3	15.6	6.6	12.2
Potential monthly worshipper	23.3	46.6	47.5	30.1	32.7

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**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	20.2	5.0	3.4	2.9	9.8
Not very religious	37.6	47.2	26.0	8.3	26.7
Somewhat religious	11.0	37.0	60.3	54.1	37.4
Very religious	0.5	1.6	3.3	28.8	10.1
Role of spiritual values in one's life					
Spiritual values are important in my life	3.8	100.0	100.0	100.0	63.0
Spiritual values are unimportant in my life	96.2	S	S	S	37.0
Sp. values help understand life's difficulties: no	98.7	7.0	1.1	0.3	38.8
Sp. values help understand life's difficulties:a little	0.8	73.2	11.9	1.3	9.5
Sp. values help understand life's difficulties:some	0.4	17.0	76.7	12.5	22.1
Sp. values help understand life's difficulties: a lot	na	2.4	10.2	85.8	29.5
Sp. values help me find meaning in my life: no	97.2	1.3	na	na	37.5
Sp. values help me find meaning in my life: a little	1.5	57.6	5.1	1.0	6.9
Sp. values help me find meaning in my life: some	0.8	37.0	76.8	8.3	22.7
Sp. values help me find meaning in my life: a lot	0.4	4.0	17.9	90.6	32.9
Physical Health					
Physical health is "excellent"	17.9	17.7	16.8	18.0	17.7
Physical health is "very good"	35.2	38.5	36.7	34.6	35.6
Physical health is "good"	34.0	31.4	33.9	32.4	33.2
Physical health is "fair" or "poor"	12.9	12.5	12.6	15.0	13.5
Physically inactive (index)	46.5	45.2	46.1	49.1	47.1
Moderately active physically (index)	26.0	28.1	27.3	26.8	26.7
Active physically (index)	27.5	26.7	26.6	24.1	26.2
Never has an activity limitation	74.2	72.0	71.1	65.6	70.6
Sometimes has an activity limitation	15.2	16.9	17.1	19.1	17.0
Often has an activity limitation	10.5	11.1	11.7	15.3	12.3
Never physically active > 15 min. / occasion, past mo.	9.0	8.5	8.1	12.8	10.0
Physically active >15 minutes, 1 to 5 times a month	12.4	11.0	11.2	11.0	11.6
Physically active >15 minutes, 6 to 15 times a month	20.6	20.9	20.3	18.9	20.0
Physically active >15 minutes, 16 to 29 times a month	22.5	23.5	24.0	22.3	22.8
Physically active >15 minutes, 30 or more times a mo.	35.4	36.2	36.4	35.1	35.6

Notes:

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**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	33.7	33.2	31.8	25.7	30.7
Has a diagnosed chronic health problem	66.3	66.8	68.2	74.3	69.3
Has food allergies	6.6	7.6	8.0	9.2	7.8
Has non-food allergies	28.2	30.5	28.5	31.0	29.4
Asthma	8.9	7.4	8.4	8.5	8.5
Bronchitis	2.9	3.0	3.1	3.9	3.2
Diabetes	4.0	3.4	4.1	6.6	4.8
Heart disease	4.2	3.3	5.3	7.5	5.4
High blood pressure	11.9	11.3	14.8	19.1	14.7
Diagnosed migraines	9.7	11.5	10.6	11.8	10.7
Cancer	1.3	1.4	1.7	3.0	2.0
Stomach/intestinal ulcers	3.6	3.7	4.2	4.8	4.1
Bowel disorder/Crohn's/colitis	2.3	2.5	2.7	3.5	2.8
Thyroid	3.7	5.3	5.7	7.9	5.6
Arthritis/rheumatism	13.3	14.6	17.3	23.6	17.5
Back problems excluding arthritis	19.8	20.2	19.9	22.9	20.8
<b>Mental Health</b>					
Mental health is "excellent"	27.5	26.6	24.5	30.7	27.8
Mental health is "very good"	38.6	41.5	41.2	38.6	39.4
Mental health is "good"	26.8	25.0	27.2	24.4	26.0
Mental health is "fair" or "poor"	7.1	6.9	7.0	6.2	6.8
Rarely felt emotionally balanced past month	5.8	5.7	5.2	4.7	5.3
Felt emotionally balanced half the time	15.5	17.2	16.2	12.1	14.7
Felt emotionally balanced frequently	31.5	30.5	31.9	27.8	30.3
Felt emotionally balanced almost always past mo.	47.0	46.6	46.6	55.3	49.5
Most days not stressful at all past month	14.2	9.8	11.2	14.9	13.4
Most days not very stressful past month	23.1	22.4	22.7	23.3	23.0
Most days a bit stressful past month	40.4	43.6	42.3	38.4	40.5
Most days quite a bit/extremely stressful past mo.	22.2	24.3	23.8	23.3	23.1
Most important source of daily stress: time pressure	13.8	15.6	15.3	13.2	14.1
Most important stress: my physical health	5.3	5.2	6.7	8.5	6.6
Most important stress: finances, not enough money	13.8	11.7	11.8	10.7	12.2
Most important stress: my work situation	25.0	24.8	21.2	17.6	21.8
Most important stress: school	7.1	5.7	5.2	2.8	5.2
Most important stress: care for my children	2.9	3.0	3.4	3.0	3.0
Most important stress: care for others	4.8	5.8	7.4	7.7	6.4
Most important stress: my relationships with others	5.3	5.1	4.5	4.8	4.9
Most important stress: health of my family	3.4	5.1	5.8	7.4	5.4
Most important stress: (no day-to-day stress)	11.1	9.4	10.4	13.8	11.6

Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	9.8	10.2	10.0	8.5	9.5
"Good" ability to handle difficult problems	30.5	31.1	31.4	27.9	29.9
"Very good" ability to handle difficult problems	41.0	41.9	43.5	42.1	42.0
"Excellent" ability to handle difficult problems	18.5	16.7	15.0	21.2	18.5
"Poor/fair" ability to handle day-to-day problems	5.5	5.2	5.3	4.8	5.2
"Good" ability to handle day-to-day problems	26.5	27.1	28.4	24.3	26.3
"Very good" ability to handle day-to-day problems	46.2	45.6	47.4	46.1	46.4
"Excellent" ability to handle day-to-day problems	21.6	21.9	18.8	24.4	21.9
Rarely copes by trying to solve the problem	4.6	4.2	3.0	3.7	3.9
Sometimes copes by trying to solve the problem	21.7	21.8	21.8	16.0	19.9
Often copes by trying to solve the problem	73.2	73.7	74.7	79.4	75.5
Rarely copes by talking to others	23.7	18.3	17.8	17.0	19.8
Sometimes copes by talking to others	32.9	35.0	32.7	28.5	31.7
Often copes by talking to others	43.1	46.3	49.1	53.7	48.0
Never copes by smoking (non-smoker)	64.0	68.7	70.0	76.4	69.6
Never copes by smoking (a smoker)	12.3	10.3	9.5	8.1	10.2
Rarely copes by smoking more than usual	4.6	3.9	4.4	2.7	3.9
Sometimes copes by smoking more than usual	9.4	8.3	7.7	5.5	7.7
Often copes by smoking more than usual	9.4	8.6	8.2	6.8	8.2
Never copes by drinking alcohol	68.8	69.9	72.6	83.5	74.4
Rarely copes by drinking alcohol	16.8	17.0	16.1	9.4	14.4
Often/sometimes copes by drinking alcohol	14.0	12.9	11.0	6.6	10.9
Never copes by eating more/less than usual	52.7	47.4	43.8	49.1	49.2
Rarely copes by eating more/less than usual	21.0	22.6	23.2	19.2	21.1
Sometimes copes by eating more/less than usual	18.5	22.6	24.5	22.4	21.4
Often copes by eating more/less than usual	7.3	7.2	8.2	8.6	7.9
Never copes by jogging/exercise	47.6	43.3	40.4	45.7	45.1
Rarely copes by jogging/exercise	16.2	16.6	16.9	13.1	15.4
Sometimes copes by jogging/exercise	23.4	26.7	26.9	24.8	24.9
Often copes by jogging/exercise	12.5	13.2	15.4	15.8	14.2
Never copes by praying/spiritual help	73.8	39.5	20.8	10.6	39.5
Rarely copes by praying/spiritual help	16.5	32.5	21.5	6.4	15.8
Sometimes copes by praying/spiritual help	7.4	23.1	38.9	21.5	20.0
Often copes by praying/spiritual help	2.0	4.7	18.4	60.8	24.3
Never copes by blaming oneself	23.4	19.7	20.4	26.6	23.5
Rarely copes by blaming oneself	29.2	28.4	28.5	25.4	27.8
Sometimes copes by blaming oneself	36.7	40.2	39.1	35.5	37.1
Often copes by blaming oneself	10.1	11.4	11.5	11.8	11.1

Notes:

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"S" = not available or sample under five respondents.

**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	6.3	6.8	7.6	15.7	9.6
A former drinker, not now	10.1	9.7	11.5	18.7	13.1
Occasional drinker	17.5	16.9	20.2	20.8	19.1
Regular drinker	66.1	66.3	60.6	44.7	58.2
Non-drinker or < 5 drinks per occasion last year	73.5	81.1	85.0	92.8	82.7
Heavy drinker, never drunk most of 1 mo.	23.7	16.6	13.7	6.4	15.5
Usually drunk at least 1 mo. last year	2.2	1.9	1.1	0.6	1.4
Never drunk at work/school/child care in life	86.8	91.0	93.3	97.0	91.8
Drunk 1 to 2 times at work, etc in life	5.1	3.1	2.9	1.0	3.1
Drunk 3 to 10 times in life	4.6	3.6	2.1	1.0	2.9
Drunk over 10 times in life	2.7	1.8	1.3	0.8	1.7
Drunk at least once at work, etc, in life	12.4	8.5	6.3	2.8	7.7
Non-drinker or < 5 drinks per occasion past year	73.5	81.1	85.0	92.8	82.7
Heavy drinker, never drunk at work/school/child care	18.4	13.0	11.4	5.5	12.4
Drunk 1+ times at work/school/child care past year	7.6	5.5	3.4	1.5	4.6
Non-drinker or < 5 drinks per occasion past year	73.5	81.1	85.0	92.8	82.7
Never drank more than promised past year	20.5	13.4	11.7	5.4	13.2
Drank more, despite promise not to past year	5.5	5.1	3.0	1.6	3.7
Non-drinker or < 5 drinks per occasion past year	73.5	81.1	85.0	92.8	82.7
Never drank much more than intended past year	19.1	13.3	10.9	5.2	12.5
Drank much more than intended past year	6.8	5.2	3.8	1.8	4.5
Non-drinker or < 5 drinks per occasion past year	73.5	81.1	85.0	92.8	82.7
Never drank so much to risk getting hurt past year	21.4	14.8	12.8	5.9	14.1
Drank so as to risk getting hurt past year	4.6	3.7	2.0	1.1	2.8
Never used marijuana in life	46.7	52.6	61.9	71.9	58.4
Used marijuana once in life	10.4	10.9	9.8	7.3	9.3
Used marijuana more than once in life	42.8	36.2	28.1	20.7	32.1
Has not used illicit drugs in life	46.2	52.1	61.3	71.4	57.9
Used illicit drugs at least once in life	53.7	47.7	38.5	28.5	41.9
Has not used illicit drugs in life (excl. marij.)	55.5	61.8	70.1	78.0	66.3
Used illicit drugs (excl. marij.) at least once in life	44.3	38.0	29.7	21.8	33.5
Has not used illicit drugs past year	80.9	85.2	89.5	93.6	87.1
Used illicit drugs at least once past year	18.9	14.6	10.2	6.3	12.7
Has not used illicit drugs past year (excl. marij.)	82.0	86.4	90.4	94.0	87.9
Used illicit drugs (excl. marij.) at least once past year	17.9	13.4	9.3	5.8	11.8

Notes:

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**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	46.2	52.2	61.4	71.5	57.9
Has not used illicit drugs for 1 year in life	39.2	36.6	30.5	22.3	31.8
Used illicit drugs for 1 year in life	14.4	10.9	7.9	6.1	10.1
Has used drugs despite promise not to	2.9	2.0	1.1	1.1	1.8
Has used drugs more often than intended	3.3	2.6	1.1	1.0	2.1
Insufficient weight (bmi), age 20-64	4.0	5.0	4.6	4.2	4.3
Acceptable weight, age 20-64	27.8	28.0	27.6	25.3	27.0
Some excess weight, age 20-64	12.1	10.8	10.8	10.2	11.1
Overweight, age 20-64	23.9	23.8	22.8	22.8	23.3
Weight not stated, age 20-64	8.7	10.8	11.2	10.5	10.0
Never had fear of being too fat	77.0	77.0	74.8	75.5	76.1
Never had fear of being too fat past year	10.2	10.9	10.8	11.1	10.7
Had fear of being too fat past year	12.8	12.0	14.3	13.3	13.2
Has not gambled in life	24.4	24.2	25.5	23.1	24.2
Non-gambler now	21.0	18.7	21.1	31.1	24.0
Non-problem gambler	48.1	52.1	48.8	42.3	46.7
Low-risk gambler	3.7	3.2	2.2	2.0	2.8
Problem gambler	2.6	1.8	2.0	1.3	2.0
Low-risk or problem gambler	6.3	5.0	4.2	3.3	4.8
Non-gambler past year	66.7	67.1	68.4	75.4	69.9
Never felt gambling guilt past year	30.4	30.8	28.8	22.6	27.6
Sometimes-always felt gambling guilt past year	2.7	2.1	2.4	1.8	2.3
Never felt gambled too much past year	31.1	31.4	29.8	23.4	28.4
Sometimes-always gambled too much past year	2.0	1.4	1.4	1.0	1.5
Rarely felt loved and appreciated past month	4.1	3.7	3.0	2.9	3.5
Felt loved and appreciated past month	11.2	11.8	10.7	8.1	10.2
Often felt loved and appreciated past month	29.4	28.6	29.3	22.9	27.3
Almost always felt loved and appreciated past month	55.1	55.8	56.9	65.8	58.9
Suicide					
Has never seriously considered suicide	91.1	90.5	91.4	90.9	91.1
Has seriously considered suicide	8.8	9.3	8.6	9.0	8.8
Has never attempted suicide	96.3	96.1	96.1	95.5	96.0
Has attempted suicide	3.4	3.6	3.7	4.3	3.8

Notes:

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"S" = not available or sample under five respondents.

**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	4.4	4.2	3.5	3.2	3.8
Felt at peace half the time past month	12.1	14.5	13.8	9.1	11.7
Often felt at peace past month	32.5	31.4	31.0	25.4	29.8
Almost always felt at peace past month	50.8	49.9	51.7	62.2	54.5
Rarely felt emotionally balanced past month	5.8	5.7	5.2	4.7	5.3
Felt balanced half the time past month	15.5	17.2	16.2	12.1	14.7
Often felt balanced past month	31.5	30.5	31.9	27.8	30.3
Almost always felt balanced past month	47.0	46.6	46.6	55.3	49.5
Rarely felt useful past month	4.0	4.6	3.6	4.0	4.0
Felt useful past month	11.7	10.9	10.6	7.7	10.1
Often felt useful past month	35.1	34.0	34.2	27.5	32.4
Almost always felt useful past month	49.1	50.3	51.4	60.7	53.3
Lowest income adequacy	2.7	2.5	2.2	3.5	2.9
Lower middle income adequacy	5.5	5.7	5.5	8.2	6.4
Middle income adequacy	17.0	17.0	18.8	22.6	19.1
Upper middle income adequacy	32.5	33.2	33.6	32.0	32.6
Highest income adequacy	33.1	33.6	30.8	25.2	30.2
Household income or size not stated	9.2	8.0	9.1	8.4	8.8
Household income last year under \$10,000	2.5	2.3	2.1	3.2	2.6
Household income income \$10,000-14,999	3.6	4.1	3.8	6.1	4.5
Household income income \$15,000-19,999	3.6	3.0	3.9	5.2	4.1
Household income income \$20,000-29,999	8.3	8.2	9.6	11.5	9.6
Household income income \$30,000-39,999	10.7	10.1	10.3	12.4	11.1
Household income income \$40,000-49,999	9.0	8.8	10.1	9.5	9.4
Household income income \$50,000-59,999	9.5	10.6	9.5	9.5	9.6
Household income income \$60,000-79,999	16.6	17.1	16.2	13.6	15.6
Household income income \$80,000 or more	26.9	27.7	25.2	20.6	24.6
Household income not stated	9.3	8.1	9.3	8.6	9.0
No welfare income received last year	93.9	93.9	94.6	93.3	93.9
Welfare income received last year	4.4	4.6	4.1	5.2	4.6
Population aged 15 to 75	94.7	95.2	93.3	89.2	92.7
Not in the labour force	20.1	19.3	23.8	28.0	23.3
In the labour force	74.6	75.9	69.4	61.2	69.4
Employed	69.5	71.2	64.9	57.6	64.9
Unemployed	5.1	4.7	4.5	3.6	4.5
Permanently unable to work (aged 15-75)	1.6	1.4	1.7	2.8	2.0
Population 75 years of age and over	3.6	3.3	5.0	8.0	5.3

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**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	4.7	4.4	5.6	6.2	5.3
Personal income under \$5,000	7.2	5.7	6.7	5.5	6.4
Personal income \$5,000-9,999	7.8	8.7	7.7	8.9	8.2
Personal income \$10,000-14,999	8.9	9.2	9.9	12.1	10.1
Personal income \$15,000-19,999	6.8	5.4	7.4	8.2	7.2
Personal income income \$20,000-29,999	14.0	14.2	15.4	15.3	14.7
Personal income income \$30,000-39,999	13.5	13.4	12.6	12.6	13.0
Personal income income \$40,000-49,999	10.0	10.7	9.2	8.2	9.3
Personal income income \$50,000-59,999	6.4	6.7	6.9	6.0	6.4
Personal income income \$60,000-79,999	7.8	8.3	6.6	5.8	6.9
Personal income income \$80,000 or more	5.9	6.4	4.9	3.5	5.0
Personal income not stated	7.0	7.0	7.1	7.7	7.2
Employee	66.3	65.2	61.4	50.8	60.3
Self-employed	11.5	13.3	10.7	12.2	11.7
Occupation: management	7.9	8.7	7.7	6.2	7.4
Professional including accountants	9.4	12.2	12.7	11.7	11.1
Technologist/technician	7.2	6.2	5.8	4.4	5.9
Administrative/financial/clerical	7.2	8.6	8.9	8.3	8.0
Sales or service	19.7	19.3	17.5	13.8	17.3
Trades/transport/equipment operator	12.9	10.4	7.7	7.1	9.7
Farming/forestry/fishing/mining	2.7	2.1	2.4	2.0	2.3
Processing/manufacturing/utilities	4.6	4.4	3.9	3.7	4.2
Other occupation	6.3	6.8	5.8	6.2	6.2
Usually works under 30 hours/week main job	14.3	13.4	14.7	13.0	13.9
Usually works 30-38 hours/week main job	13.9	16.0	15.0	13.4	14.2
Usually works 39-42 hours/week main job	25.1	24.8	21.1	18.1	22.0
Usually works over 42 hours/week main job	24.6	23.9	21.4	18.6	22.0
Usually does not work weekends	43.3	45.3	41.4	36.0	40.7
Usually works weekends	34.7	33.4	30.9	27.3	31.4
No work stress, main job, past year	9.1	6.6	6.7	7.6	7.9
Not much work stress, past year	15.8	13.9	13.2	11.7	13.8
A little work stress, past year	30.3	32.4	29.1	22.9	27.9
Much work stress, past year	17.7	21.1	19.1	16.9	18.0
Extreme work stress, past year	4.3	4.2	3.5	3.6	3.9
High job skill required: strongly agrees	23.9	25.8	22.5	22.7	23.4
High job skill required: agrees	30.4	31.6	31.3	24.8	29.0
High job skill required: neither agrees/disagrees	9.0	10.0	7.7	6.1	7.9
High job skill required: disagrees	12.0	9.3	8.8	7.7	9.7
High job skill required: strongly disagrees	2.0	1.7	1.4	1.5	1.7

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**Table 1c. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	17.1	17.9	15.8	14.9	16.2
Job was very hectic: agrees	26.9	28.8	27.1	22.0	25.6
Job was very hectic: neither agrees/disagrees	13.4	14.2	12.8	10.0	12.3
Job was very hectic: disagrees	17.4	14.5	13.8	13.6	15.1
Job was very hectic: strongly disagrees	2.6	3.1	1.9	2.2	2.3
Job free of conflicting demands: strongly agrees	7.8	7.3	5.6	6.3	6.8
Job free of conflicting demands: agrees	26.1	24.4	24.4	22.4	24.4
Job free of conflicting demands: neither agrees/disag.	11.9	11.4	11.9	8.5	10.8
Job free of conflicting demands: disagrees	25.0	27.6	23.8	19.6	23.3
Job free of conflicting demands: strongly disagrees	6.4	7.7	5.7	5.8	6.2
Job security good: strongly agrees	24.4	24.9	22.3	19.3	22.4
Job security good: agrees	34.2	33.0	31.9	27.8	31.6
Job security good: neither agrees/disagrees	7.1	7.5	7.1	6.8	7.0
Job security good: disagrees	7.9	8.8	7.5	6.0	7.3
Job security good: strongly disagrees	3.8	4.2	2.8	2.7	3.3
Job conflict with co-workers: strongly agrees	4.2	3.7	3.7	4.2	4.0
Job conflict with co-workers: agrees	17.9	17.8	16.3	12.6	15.9
Job conflict with co-workers: neither agrees/disag.	10.1	12.3	9.2	7.2	9.2
Job conflict with co-workers: disagrees	31.1	31.2	30.4	26.8	29.6
Job conflict with co-workers: strongly disagrees	14.0	13.7	12.0	11.8	12.9
Job supervisor was helpful: strongly agrees	13.3	14.0	12.8	12.4	13.0
Job supervisor was helpful: agrees	34.5	33.7	33.6	28.3	32.3
Job supervisor was helpful: neither agrees/disag.	14.8	16.4	13.9	11.7	13.8
Job supervisor was helpful: disagrees	9.8	8.6	7.3	6.1	8.0
Job supervisor was helpful: strongly disagrees	4.5	5.6	3.5	3.7	4.1
Job requires repetative tasks: strongly agrees	18.2	14.9	14.9	14.9	16.2
Job requires repetative tasks: agrees	32.8	33.1	33.7	27.7	31.4
Job requires repetative tasks: neither agrees/disag.	9.2	10.7	8.9	6.8	8.5
Job requires repetative tasks: disagrees	13.9	16.9	12.1	11.3	12.9
Job requires repetative tasks: strongly disagrees	3.3	3.0	2.1	2.0	2.6
Not satisfied at all with job	2.5	1.6	1.7	1.2	1.8
Not too satisfied at all with job	6.0	5.5	4.6	4.1	5.0
Somewhat satisfied with job	33.6	34.8	32.2	23.5	30.2
Very satisfied with job	35.2	36.7	33.2	33.9	34.5

Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

**Table 1d. Extent to which spiritual values give women and men strength to face everyday difficulties, by socio-economic characteristics, Canada, 2002**

Selected indicators (rates or ratios)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Labour force					
Labour force participation rate	78.8	79.7	74.4	68.6	74.8
Employment rate	93.2	93.8	93.5	94.1	93.6
Unemployment rate	6.8	6.2	6.5	5.9	6.4
Permanently unable to work / labour force (%)	2.2	1.8	2.4	4.5	2.9
Population over 65 per employed (%)	14.7	15.0	21.7	38.3	22.8
Population over 75 per employed (%)	5.2	4.6	7.8	13.9	8.1
Population over 80 per employed (%)	2.9	2.5	4.4	8.3	4.7
Employees per self employed	5.8	4.9	5.8	4.2	5.2
Occupation: management per employed (%)	11.3	12.3	11.9	10.7	11.4
Professional including accountants per employed	13.5	17.1	19.5	20.4	17.1
Technologist/technician per employed	10.4	8.8	8.9	7.6	9.1
Administrative/financial/clerical per employed	10.3	12.1	13.8	14.5	12.4
Sales or service per employed	28.3	27.1	26.9	24.0	26.7
Trades/transport/equipment operator / employed	18.6	14.6	11.9	12.3	15.0
Farming/forestry/fishing/mining per employed	3.9	3.0	3.7	3.4	3.6
Processing/manufacturing/utilities per employed	6.7	6.1	6.0	6.5	6.4
Other occupations per employed	9.1	9.6	8.9	10.7	9.6
Works over 42 hrs/week: per employed (%)	35.4	33.5	33.0	32.4	33.9
Usually works weekends per employed (%)	49.9	47.0	47.6	47.5	48.5
Welfare rate -- welfare recipients, % income recipients	4.5	4.6	4.1	5.3	4.7
Highest household income quintile / Lowest	12.1	13.2	13.9	7.1	10.5
Canadian-born population per immigrant	478	478	389	228	352
Potential worship dropouts per weekly worshipper	2.3	2.3	1.9	1.2	1.4
Potential monthly worshippers per weekly worshipper	10.9	5.3	2.5	0.6	1.5
"Very religious" population / "Not religious at all"	0.0	0.3	1.0	10.0	1.0
Married / Single never married	1.4	1.7	2.2	3.5	2.1
Married / Widowed	14.4	12.9	10.4	7.0	9.7
Married / Common-law	3.6	4.1	6.4	11.8	5.6
Married / (Separated or divorced)	7.2	6.8	7.4	7.0	7.1
Post-secondary degree/dip / <High school diploma	1.6	2.3	2.1	1.9	1.9
Very satisfied with life in general / Dissatisfied	5.9	8.1	7.2	8.6	7.2
Excellent physical health / Fair or poor health	1.4	1.4	1.3	1.2	1.3
Excellent mental health / Fair or poor health	3.9	3.9	3.5	5.0	4.1
Days very stressful past month / Not at all	1.6	2.5	2.1	1.6	1.7

Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = not available or smallest sample in ratio or rate is under 30.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	3,026,954	742,470	1,878,340	2,756,805	8,404,569
Newfoundland	50,450	13,630	46,276	51,374	161,730
Prince Edward Island	8,455	na	13,793	11,932	37,970
Nova Scotia	82,186	16,694	67,329	74,530	240,739
New Brunswick	54,627	22,974	66,877	61,299	205,777
Québec	778,047	245,970	435,590	536,856	1,996,463
Ontario	1,131,499	262,509	770,603	1,208,663	3,373,274
Manitoba	94,196	22,949	61,403	107,696	286,244
Saskatchewan	82,270	17,409	70,164	84,975	254,818
Alberta	290,843	68,326	172,158	300,370	831,697
British Columbia	454,381	68,219	174,147	319,110	1,015,857
Atlantic provinces	195,717	57,088	194,275	199,135	646,215
Prairie provinces	467,310	108,684	303,725	493,041	1,372,760
Selected metro areas:					
Montréal	407,864	93,924	173,418	296,759	971,965
Ottawa-Hull	103,185	35,124	89,717	105,431	333,457
Oshawa	38,198	na	17,991	25,259	85,941
Toronto	418,755	90,846	291,230	572,687	1,373,518
St Catherines	37,950	na	17,389	32,762	94,251
Kitchener	43,486	na	40,629	34,093	129,567
Winnipeg	55,091	na	31,833	71,649	174,870
Calgary	85,062	na	37,779	91,400	237,584
Edmonton	100,287	na	74,214	91,115	288,615
Vancouver	232,236	na	88,204	162,440	518,523
All non-metro areas	1,117,676	292,107	735,533	919,232	3,064,548
Urban core areas	2,053,392	477,575	1,251,289	1,925,285	5,707,541
Urban fringe areas	80,461	na	41,523	71,288	217,230
Rural fringe areas	247,840	84,949	152,288	237,071	722,148
Urban areas outside metro areas and large cities	262,200	73,467	187,444	240,215	763,326
Rural areas outside metro areas and large cities	383,061	82,520	245,795	282,945	994,321
Single detached dwelling	1,773,539	475,354	1,174,999	1,549,812	4,973,704
Dwelling a double	152,903	na	77,607	153,638	417,009
Row or terrace	131,398	25,854	92,515	192,620	442,387
Duplex	91,488	na	34,499	67,256	203,327
Low-rise apartment, under 5 stories	176,195	42,227	102,177	185,879	506,478
High-rise apartment	97,706	na	58,138	156,796	333,075
Total dwelling types above listed	2,423,229	606,815	1,539,935	2,306,001	6,875,980
Bedrooms: 1	53,042	na	30,344	71,773	172,631
Bedrooms: 2	526,269	86,823	247,420	425,518	1,286,030
Bedrooms: 3	1,604,927	397,610	1,032,828	1,322,477	4,357,842
Bedrooms: 4	698,084	197,349	463,991	704,519	2,063,943
Bedrooms: 5 or more	141,457	41,956	101,034	224,724	509,171

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	659,718	111,120	323,609	646,081	1,740,528
Dwelling owned	2,367,235	631,349	1,554,731	2,110,723	6,664,038
Household size: 2	187,235	55,244	131,977	232,794	607,250
Household size: 3	1,055,784	261,189	716,633	914,866	2,948,472
Household size: 4	1,339,827	313,874	723,394	954,498	3,331,593
Household size: 5	380,069	94,901	249,956	454,464	1,179,390
Household size: 6 or more	64,039	na	56,380	200,182	337,861
No child(ren) under 12	1,182,214	317,058	827,589	1,344,932	3,671,793
Child(ren) under 6	724,352	146,725	393,221	434,218	1,698,516
Child(ren) 6 to 11	751,156	191,841	445,195	622,141	2,010,333
Child(ren) under 6 and 6 to 11	369,231	86,845	212,335	355,514	1,023,925
Parents with child(ren) under 12	1,844,739	425,411	1,050,751	1,411,873	4,732,774
Age 15-19	na	na	S	na	15,987
20-24	85,350	23,168	30,862	26,636	166,016
25-29	236,046	50,389	103,564	118,468	508,467
30-34	437,589	87,696	258,821	285,149	1,069,255
35-39	616,118	149,597	344,424	508,177	1,618,316
40-44	704,406	169,484	423,988	540,259	1,838,137
45-49	422,258	111,120	298,794	472,719	1,304,891
50-54	270,683	74,962	193,232	358,721	897,598
55-59	121,099	na	121,422	171,562	440,135
60-64	40,226	na	44,817	130,270	230,614
65-69	34,842	na	na	48,860	121,683
70-74	na	S	na	43,331	90,975
75-79	na	S	na	32,596	56,351
80 plus	na	S	na	18,277	46,139
Married	2,286,476	556,436	1,488,073	2,228,958	6,559,943
Common-law	432,356	99,607	171,988	123,698	827,649
Widowed	47,969	na	33,404	98,648	192,418
Separated	79,869	30,542	41,741	97,499	249,651
Divorced	83,368	23,940	82,389	136,273	325,970
Single, never married	94,907	19,547	55,036	69,388	238,878
Mothers	1,249,304	350,391	1,107,375	1,738,702	4,445,772
Fathers	1,777,650	392,079	770,965	1,018,103	3,958,797
Converses in English only	1,682,262	304,719	909,729	1,187,094	4,083,804
Converses in French only	340,214	132,079	221,141	229,783	923,217
Converses in English and French	475,745	141,533	328,827	345,790	1,291,895
Converses in English, French and other language(s)	82,250	na	60,462	176,878	359,476
Converses in English and other language(s)	354,100	102,920	315,057	741,176	1,513,253

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	2,469,195	594,582	1,483,449	1,755,122	6,302,348
Immigrant, arrived before 1960	na	na	32,039	59,208	146,473
Immigrant, arrived from 1960 to 1979	186,628	na	105,841	358,505	688,832
Immigrant, arrived from 1980 to 2002	336,589	89,345	257,011	583,498	1,266,443
<b>Immigrants</b>	<b>557,759</b>	<b>147,887</b>	<b>394,891</b>	<b>1,001,211</b>	<b>2,101,748</b>
Aboriginal ethnicity, perhaps others	116,871	25,669	59,141	104,184	305,865
"Canadian" ethnicity, perhaps others	969,130	252,178	590,071	544,388	2,355,767
"French" ethnicity, perhaps others	642,756	210,040	436,177	492,359	1,781,332
"English" ethnicity, perhaps others	729,802	142,119	392,381	509,477	1,773,779
"Welsh" ethnicity, perhaps others	50,244	na	19,393	23,924	110,770
"Scotch" ethnicity, perhaps others	489,303	110,798	248,119	381,721	1,229,941
"Irish" ethnicity, perhaps others	413,395	106,386	265,501	340,831	1,126,113
"Italian" ethnicity, perhaps others	90,430	27,217	97,900	105,533	321,080
"Ukrainian" ethnicity, perhaps others	111,562	19,551	57,374	96,936	285,423
"German" ethnicity, perhaps others	243,895	78,243	166,579	263,426	752,143
"Dutch" ethnicity, perhaps others	74,005	na	51,825	109,913	252,936
"Polish" ethnicity, perhaps others	66,729	na	70,929	64,325	225,713
"Norwegian" ethnicity, perhaps others	40,906	na	20,488	39,866	108,604
"Chinese" ethnicity, perhaps others	170,025	na	48,723	98,130	329,429
"South Asian" ethnicity, perhaps others	na	na	59,396	179,865	290,733
Not a student	2,884,862	696,615	1,806,449	2,605,483	7,993,409
Part-time student	84,134	34,085	44,000	99,972	262,191
Full-time student	57,958	na	27,783	51,349	148,859
Less than secondary diploma	504,514	96,621	259,429	429,740	1,290,304
Secondary school diploma	737,685	136,749	355,968	492,831	1,723,233
Some post-secondary education	190,305	47,460	120,297	205,098	563,160
Post-secondary degree or diploma	1,568,604	456,740	1,138,662	1,607,525	4,771,531
Very strong belonging to locality	432,886	101,040	292,565	712,286	1,538,777
Somewhat strong belonging to locality	1,202,001	345,697	868,667	1,127,198	3,543,563
Somewhat weak belonging to locality	909,934	180,040	496,141	630,421	2,216,536
Very weak belonging to locality	471,952	110,867	208,859	283,785	1,075,463
Very satisfied with life in general	927,490	266,460	571,458	1,039,529	2,804,937
Satisfied with life in general	1,668,870	372,692	1,062,889	1,372,819	4,477,270
Neither satisfied nor dissatisfied with life	302,061	79,325	186,735	221,362	789,483
Dissatisfied with life in general	128,145	23,992	57,258	120,273	329,668
Has fewer than 3 close friends	522,754	124,707	255,587	421,106	1,324,154
Has 3 to 5 close friends	1,120,272	289,710	690,973	951,750	3,052,705
Has 6 to 9 close friends	491,708	144,613	332,388	468,364	1,437,073
Has 10 to 15 close friends	654,158	140,560	437,251	685,097	1,917,066
Has more than 15 close friends	218,810	41,503	148,466	210,595	619,374

**Notes:**

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	na	na	32,905	31,610	98,372
French Catholic	646,528	239,860	450,620	419,423	1,756,431
Other Catholic	498,605	165,305	513,141	709,003	1,886,054
United Church	343,286	86,728	205,761	176,858	812,633
Anglican	248,047	46,741	142,066	135,853	572,707
Presbyterian	76,235	na	39,859	47,568	174,328
Lutheran	58,579	na	61,589	41,040	189,591
Baptist	38,768	21,564	51,032	155,447	266,811
Pentecostal	na	na	20,302	129,888	182,734
Jehovah Witness	S	S	na	37,493	41,985
Christian, other	107,662	29,444	127,386	453,393	717,885
Islam	na	na	36,890	150,425	213,319
Hindu-Buddhist-Sikh	58,979	na	75,363	141,254	298,196
Jewish	na	na	na	na	61,711
No religion: prays	109,813	34,478	57,796	78,547	280,634
No religion	731,932	na	49,442	28,910	831,630
Religious affiliation not stated	na	S	S	na	na
No religious affiliation	841,745	55,824	107,238	107,457	1,112,264
Roman Catholic	1,145,133	405,165	963,761	1,128,426	3,642,485
Liberal protestant	726,147	172,517	449,275	401,319	1,749,258
Conservative Christian	173,221	58,164	201,808	776,220	1,209,413
Christian	2,044,501	635,846	1,614,844	2,305,965	6,601,156
Non-Christian	108,464	na	118,586	306,841	573,226
Worshipped weekly or more often past year	51,801	61,713	331,119	1,450,911	1,895,544
Worshipped monthly past year	82,872	109,753	350,686	410,513	953,824
Worshipped 3 to 4 times past year	408,031	195,618	513,368	311,865	1,428,882
Worshipped once past year	314,219	115,082	191,122	142,241	762,664
Did not worship past year (religiously affiliated)	1,318,627	204,286	378,101	327,019	2,228,033
Never worshipped, or no religious affiliation	2,882,622	570,811	1,189,828	888,581	5,531,842
Worshipped at least weekly or monthly past year	134,673	171,466	681,806	1,861,424	2,849,369
Worshipped monthly & prays often	na	na	155,411	1,274,249	1,459,900
Worshipped monthly & prays sometimes	32,844	45,614	305,099	396,505	780,062
Worshipped monthly & prays rarely	24,046	50,542	122,320	69,481	266,389
Worshipped monthly & does not pray	64,913	57,939	97,646	114,711	335,209
Potential dropouts from monthly worship	134,672	171,466	680,476	1,854,946	2,841,560
Worshipped < monthly past year, prays often	na	na	103,591	207,646	328,352
Worshipped < monthly past year, prays sometimes	281,758	184,007	472,659	184,769	1,123,193
Non-worshipper past year, prays often	43,669	na	65,857	168,454	280,645
Non-worshipper past year, prays sometimes	427,548	138,445	269,752	164,000	999,745
Potential monthly worshipper	763,503	331,704	911,859	724,869	2,731,935

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	558,679	32,911	58,688	63,255	713,533
Not very religious	1,188,217	352,679	502,773	224,407	2,268,076
Somewhat religious	409,417	287,315	1,155,061	1,528,284	3,380,077
Very religious	na	na	44,760	814,206	889,260
Role of spiritual values in one's life					
Spiritual values are important in my life	116,822	742,469	1,878,340	2,756,805	5,494,436
Spiritual values are unimportant in my life	2,910,131	S	S	S	2,910,131
Sp. values help understand life's difficulties: no	2,981,052	46,527	na	na	3,050,312
Sp. values help understand life's difficulties:a little	27,343	571,898	217,084	50,400	866,725
Sp. values help understand life's difficulties:some	na	107,817	1,464,550	354,985	1,939,939
Sp. values help understand life's difficulties: a lot	S	na	180,929	2,342,447	2,542,560
Sp. values help me find meaning in my life: no	2,933,628	na	S	S	2,946,964
Sp. values help me find meaning in my life: a little	47,727	432,421	81,114	na	591,074
Sp. values help me find meaning in my life: some	na	273,961	1,469,195	227,380	1,992,786
Sp. values help me find meaning in my life: a lot	na	na	325,270	2,497,589	2,871,862
Physical Health					
Physical health is "excellent"	580,253	158,765	302,192	536,053	1,577,263
Physical health is "very good"	1,086,038	293,775	711,847	1,066,745	3,158,405
Physical health is "good"	1,032,747	222,652	654,839	861,983	2,772,221
Physical health is "fair" or "poor"	327,917	67,278	209,462	292,024	896,681
Physically inactive (index)	1,522,187	345,370	951,845	1,391,768	4,211,170
Moderately active physically (index)	765,412	226,320	523,688	765,300	2,280,720
Active physically (index)	739,015	170,780	402,807	599,736	1,912,338
Never has an activity limitation	2,346,885	552,461	1,441,512	2,028,203	6,369,061
Sometimes has an activity limitation	407,587	110,294	282,975	447,529	1,248,385
Often has an activity limitation	272,481	79,715	153,853	279,122	785,171
Never physically active > 15 min. / occasion, past mo.	279,044	52,038	149,364	315,910	796,356
Physically active >15 minutes, 1 to 5 times a month	405,917	82,126	237,948	320,801	1,046,792
Physically active >15 minutes, 6 to 15 times a month	654,421	164,200	414,112	580,635	1,813,368
Physically active >15 minutes, 16 to 29 times a month	709,008	193,868	470,226	656,325	2,029,427
Physically active >15 minutes, 30 or more times a mo.	978,224	250,238	606,690	883,134	2,718,286

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	1,029,149	269,491	631,300	842,615	2,772,555
Has a diagnosed chronic health problem	1,997,804	472,978	1,247,040	1,914,190	5,632,012
Has food allergies	190,786	48,683	135,966	227,455	602,890
Has non-food allergies	888,492	226,573	515,155	855,869	2,486,089
Asthma	218,222	53,718	128,855	219,923	620,718
Bronchitis	75,298	na	42,925	61,515	189,836
Diabetes	114,375	na	57,276	127,148	310,472
Heart disease	63,794	na	53,221	88,896	217,395
High blood pressure	298,515	44,530	213,195	335,931	892,171
Diagnosed migraines	334,556	92,973	226,726	395,036	1,049,291
Cancer	na	S	18,466	47,230	84,749
Stomach/intestinal ulcers	126,968	26,945	84,059	99,392	337,364
Bowel disorder/Crohn's/colitis	65,063	na	51,621	73,906	210,338
Thyroid	87,379	36,159	107,341	179,298	410,177
Arthritis/rheumatism	344,403	86,168	243,363	457,408	1,131,342
Back problems excluding arthritis	660,745	171,259	395,129	597,532	1,824,665
<b>Mental Health</b>					
Mental health is "excellent"	818,321	220,811	421,051	850,724	2,310,907
Mental health is "very good"	1,187,280	286,537	828,006	1,069,672	3,371,495
Mental health is "good"	840,924	191,046	508,885	675,851	2,216,706
Mental health is "fair" or "poor"	179,692	44,076	120,075	160,044	503,887
Rarely felt emotionally balanced past month	140,184	32,547	86,038	132,525	391,294
Felt emotionally balanced half the time	479,904	121,760	297,622	351,840	1,251,126
Felt emotionally balanced frequently	978,739	230,416	677,388	805,859	2,692,402
Felt emotionally balanced almost always past mo.	1,425,575	356,759	816,617	1,460,489	4,059,440
Most days not stressful at all past month	274,126	54,261	137,152	258,521	724,060
Most days not very stressful past month	610,760	130,930	349,861	582,936	1,674,487
Most days a bit stressful past month	1,318,492	340,844	847,926	1,130,360	3,637,622
Most days quite a bit/extremely stressful past mo.	823,575	216,434	543,400	784,988	2,368,397
Most important source of daily stress: time pressure	545,504	152,844	373,670	487,380	1,559,398
Most important stress: my physical health	105,912	na	94,200	145,088	361,153
Most important stress: finances, not enough money	514,332	104,756	264,435	379,424	1,262,947
Most important stress: my work situation	829,473	219,389	433,030	574,150	2,056,042
Most important stress: school	na	na	na	na	37,665
Most important stress: care for my children	224,441	44,834	146,204	164,915	580,394
Most important stress: care for others	176,961	52,022	131,332	232,790	593,105
Most important stress: my relationships with others	119,087	22,559	63,315	116,564	321,525
Most important stress: health of my family	74,231	27,830	106,106	169,321	377,488
Most important stress: (no day-to-day stress)	233,102	45,846	124,858	235,094	638,900

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

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"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	238,048	58,579	169,927	209,180	675,734
"Good" ability to handle difficult problems	917,861	196,604	577,832	730,040	2,422,337
"Very good" ability to handle difficult problems	1,290,044	359,393	836,240	1,207,734	3,693,411
"Excellent" ability to handle difficult problems	580,306	126,906	291,635	603,740	1,602,587
"Poor/fair" ability to handle day-to-day problems	128,590	42,383	84,313	114,800	370,086
"Good" ability to handle day-to-day problems	788,313	156,514	523,640	654,196	2,122,663
"Very good" ability to handle day-to-day problems	1,420,151	376,832	904,046	1,297,908	3,998,937
"Excellent" ability to handle day-to-day problems	689,205	165,754	363,635	683,790	1,902,384
Rarely copes by trying to solve the problem	94,696	na	39,814	78,388	241,364
Sometimes copes by trying to solve the problem	580,656	143,528	336,147	389,739	1,450,070
Often copes by trying to solve the problem	2,341,695	569,489	1,495,782	2,260,563	6,667,529
Rarely copes by talking to others	624,914	133,783	295,374	399,383	1,453,454
Sometimes copes by talking to others	967,530	247,207	562,384	775,721	2,552,842
Often copes by talking to others	1,430,572	360,492	1,015,420	1,557,241	4,363,725
Never copes by smoking (non-smoker)	1,914,020	527,082	1,295,609	2,097,793	5,834,504
Never copes by smoking (a smoker)	403,972	87,096	204,945	222,115	918,128
Rarely copes by smoking more than usual	131,599	18,162	76,017	81,175	306,953
Sometimes copes by smoking more than usual	281,647	53,912	135,781	159,196	630,536
Often copes by smoking more than usual	293,102	55,230	162,204	182,110	692,646
Never copes by drinking alcohol	2,075,934	519,238	1,370,231	2,274,482	6,239,885
Rarely copes by drinking alcohol	533,153	129,228	305,606	293,129	1,261,116
Often/sometimes copes by drinking alcohol	414,470	93,016	198,719	177,011	883,216
Never copes by eating more/less than usual	1,558,085	354,741	798,778	1,252,124	3,963,728
Rarely copes by eating more/less than usual	624,935	149,925	440,487	549,702	1,765,049
Sometimes copes by eating more/less than usual	603,371	175,943	469,892	660,257	1,909,463
Often copes by eating more/less than usual	238,131	60,873	163,628	281,440	744,072
Never copes by jogging/exercise	1,522,445	339,625	782,203	1,194,735	3,839,008
Rarely copes by jogging/exercise	471,601	117,552	281,956	390,602	1,261,711
Sometimes copes by jogging/exercise	700,075	186,362	518,595	705,498	2,110,530
Often copes by jogging/exercise	329,631	97,943	290,423	453,054	1,171,051
Never copes by praying/spiritual help	2,185,007	296,059	371,953	273,749	3,126,768
Rarely copes by praying/spiritual help	532,066	254,827	428,494	170,263	1,385,650
Sometimes copes by praying/spiritual help	237,072	163,973	745,632	646,361	1,793,038
Often copes by praying/spiritual help	68,440	26,623	325,524	1,652,911	2,073,498
Never copes by blaming oneself	655,236	137,540	343,067	658,730	1,794,573
Rarely copes by blaming oneself	877,256	215,998	563,085	709,695	2,366,034
Sometimes copes by blaming oneself	1,191,284	291,903	744,662	997,015	3,224,864
Often copes by blaming oneself	291,644	96,041	219,291	376,029	983,005

**Notes:**

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	167,004	na	103,778	441,425	734,608
A former drinker, not now	270,851	59,959	197,009	464,476	992,295
Occasional drinker	504,576	149,730	372,997	607,460	1,634,763
Regular drinker	2,084,056	510,380	1,203,020	1,238,625	5,036,081
Non-drinker or < 5 drinks per occasion last year	2,327,122	618,783	1,627,362	2,586,349	7,159,616
Heavy drinker, never drunk most of 1 mo.	655,264	115,334	240,191	148,054	1,158,843
Usually drunk at least 1 mo. last year	29,099	na	na	na	54,549
Never drunk at work/school/child care in life	2,686,179	690,902	1,762,313	2,671,986	7,811,380
Drunk 1 to 2 times at work, etc in life	126,639	na	49,424	na	215,754
Drunk 3 to 10 times in life	121,663	na	32,733	32,838	205,376
Drunk over 10 times in life	76,073	na	27,001	na	137,563
Drunk at least once at work, etc, in life	324,375	47,939	109,158	77,221	558,693
Non-drinker or < 5 drinks per occasion past year	2,327,122	618,783	1,627,362	2,586,349	7,159,616
Heavy drinker, never drunk at work/school/child care	510,328	92,838	196,121	126,237	925,524
Drunk 1+ times at work/school/child care past year	177,515	27,219	49,993	36,621	291,348
Non-drinker or < 5 drinks per occasion past year	2,327,122	618,783	1,627,362	2,586,349	7,159,616
Never drank more than promised past year	554,452	92,714	207,283	125,481	979,930
Drank more, despite promise not to past year	130,226	27,344	38,831	35,739	232,140
Non-drinker or < 5 drinks per occasion past year	2,327,122	618,783	1,627,362	2,586,349	7,159,616
Never drank much more than intended past year	532,794	97,508	194,950	128,149	953,401
Drank much more than intended past year	151,884	22,549	51,164	34,708	260,305
Non-drinker or < 5 drinks per occasion past year	2,327,122	618,783	1,627,362	2,586,349	7,159,616
Never drank so much to risk getting hurt past year	585,226	100,139	221,548	125,166	1,032,079
Drank so as to risk getting hurt past year	100,151	na	24,566	37,691	182,327
Never used marijuana in life	1,285,344	358,628	1,019,255	1,801,614	4,464,841
Used marijuana once in life	310,723	90,742	216,083	236,469	854,017
Used marijuana more than once in life	1,425,489	291,277	640,695	713,704	3,071,165
Has not used illicit drugs in life	1,268,767	355,065	1,005,845	1,790,883	4,420,560
Used illicit drugs at least once in life	1,752,790	385,582	870,188	960,903	3,969,463
Has not used illicit drugs in life (excl. marij.)	1,554,787	436,582	1,206,131	2,009,115	5,206,615
Used illicit drugs (excl. marij.) at least once in life	1,466,770	304,064	669,901	742,671	3,183,406
Has not used illicit drugs past year	2,684,850	682,883	1,745,197	2,616,166	7,729,096
Used illicit drugs at least once past year	336,707	57,764	128,088	133,506	656,065
Has not used illicit drugs past year (excl. marij.)	2,692,262	687,508	1,757,876	2,621,939	7,759,585
Used illicit drugs (excl. marij.) at least once past year	329,294	53,139	115,408	127,733	625,574

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	1,269,030	355,065	1,006,402	1,793,615	4,424,112
Has not used illicit drugs for 1 year in life	1,348,193	311,443	720,352	781,434	3,161,422
Used illicit drugs for 1 year in life	403,322	74,139	149,278	176,737	803,476
Has used drugs despite promise not to	53,542	na	na	na	83,044
Has used drugs more often than intended	55,773	na	na	21,137	97,586
Insufficient weight (bmi), age 20-64	138,644	42,163	82,279	144,819	407,905
Acceptable weight, age 20-64	951,052	229,220	599,721	841,600	2,621,593
Some excess weight, age 20-64	497,105	103,529	244,612	386,126	1,231,372
Overweight, age 20-64	959,418	220,378	555,378	762,922	2,498,096
Weight not stated, age 20-64	363,755	107,086	311,539	449,664	1,232,044
Never had fear of being too fat	2,341,113	588,283	1,386,053	2,037,533	6,352,982
Never had fear of being too fat past year	290,516	74,721	194,032	322,357	881,626
Had fear of being too fat past year	394,633	79,465	297,221	392,234	1,163,553
Has not gambled in life	892,369	196,281	546,532	617,561	2,252,743
Non-gambler now	461,152	92,891	310,512	874,919	1,739,474
Non-problem gambler	1,487,391	425,150	954,362	1,179,870	4,046,773
Low-risk gambler	109,119	na	28,302	48,323	199,741
Problem gambler	67,525	na	22,219	28,503	132,397
Low-risk or problem gambler	176,644	28,147	50,521	76,826	332,138
Non-gambler past year	1,953,358	477,147	1,282,271	2,110,303	5,823,079
Never felt gambling guilt past year	986,474	254,527	547,769	590,714	2,379,484
Sometimes-always felt gambling guilt past year	78,356	na	34,298	48,160	171,609
Never felt gambled too much past year	1,011,241	254,708	561,081	614,502	2,441,532
Sometimes-always gambled too much past year	53,589	na	na	24,372	107,150
Rarely felt loved and appreciated past month	104,253	na	45,626	70,234	240,712
Felt loved and appreciated past month	350,789	68,958	195,788	249,350	864,885
Often felt loved and appreciated past month	904,843	205,303	621,845	684,609	2,416,600
Almost always felt loved and appreciated past month	1,666,555	446,622	1,015,081	1,747,152	4,875,410
Suicide					
Has never seriously considered suicide	2,782,023	688,067	1,731,135	2,501,151	7,702,376
Has seriously considered suicide	241,401	51,093	145,691	250,468	688,653
Has never attempted suicide	2,937,018	723,496	1,830,842	2,642,503	8,133,859
Has attempted suicide	83,783	na	45,587	108,893	253,712

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	150,381	29,705	58,864	94,774	333,724
Felt at peace half the time past month	384,268	110,123	272,032	273,888	1,040,311
Often felt at peace past month	975,916	244,199	650,725	756,656	2,627,496
Almost always felt at peace past month	1,513,449	357,455	896,718	1,626,630	4,394,252
Rarely felt emotionally balanced past month	140,184	32,547	86,038	132,525	391,294
Felt balanced half the time past month	479,904	121,760	297,622	351,840	1,251,126
Often felt balanced past month	978,739	230,416	677,388	805,859	2,692,402
Almost always felt balanced past month	1,425,575	356,759	816,617	1,460,489	4,059,440
Rarely felt useful past month	79,829	na	51,424	94,626	245,519
Felt useful past month	281,642	68,481	205,938	191,652	747,713
Often felt useful past month	1,057,341	226,183	668,666	724,725	2,676,915
Almost always felt useful past month	1,607,716	427,178	949,670	1,740,726	4,725,290
Lowest income adequacy	54,373	na	22,798	87,307	181,290
Lower middle income adequacy	196,305	39,137	104,187	213,265	552,894
Middle income adequacy	522,009	131,483	306,256	590,403	1,550,151
Upper middle income adequacy	1,093,095	267,233	697,488	916,889	2,974,705
Highest income adequacy	1,058,693	267,664	663,515	816,908	2,806,780
Household income or size not stated	102,479	na	84,096	132,033	338,747
Household income last year under \$10,000	47,473	na	20,537	70,714	150,276
Household income income \$10,000-14,999	85,985	31,374	49,381	94,971	261,711
Household income income \$15,000-19,999	89,359	na	45,603	80,288	228,757
Household income income \$20,000-29,999	198,693	39,140	122,169	247,365	607,367
Household income income \$30,000-39,999	302,403	64,600	149,831	295,975	812,809
Household income income \$40,000-49,999	250,003	56,714	177,139	270,745	754,601
Household income income \$50,000-59,999	299,586	96,801	199,145	263,951	859,483
Household income income \$60,000-79,999	611,395	150,679	384,354	485,993	1,632,421
Household income income \$80,000 or more	1,038,133	257,447	643,681	802,510	2,741,771
Household income not stated	103,924	na	86,501	144,293	355,375
No welfare income received last year	2,862,720	701,284	1,785,494	2,574,600	7,924,098
Welfare income received last year	139,757	37,185	76,899	161,474	415,315
Parents aged 15 to 75	2,969,653	731,377	1,843,489	2,668,798	8,209,153
Not in the labour force	358,877	97,419	321,445	554,098	1,327,675
In the labour force	2,610,776	633,958	1,522,044	2,114,700	6,881,478
Employed	2,512,717	615,105	1,466,918	2,022,536	6,617,276
Unemployed	98,059	18,853	55,126	92,164	264,202
Permanently unable to work (aged 15-75)	32,592	S	na	49,513	106,716
Parents 75 years of age and over	na	na	na	39,881	89,150

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	109,792	34,998	117,012	208,452	470,254
Personal income under \$5,000	99,464	17,256	81,233	137,458	335,411
Personal income \$5,000-9,999	144,669	32,714	86,664	162,384	426,431
Personal income \$10,000-14,999	200,463	52,429	139,013	237,047	628,952
Personal income \$15,000-19,999	173,628	29,522	111,578	173,201	487,929
Personal income income \$20,000-29,999	407,984	105,939	286,838	430,035	1,230,796
Personal income income \$30,000-39,999	465,273	117,231	276,052	382,130	1,240,686
Personal income income \$40,000-49,999	393,269	105,638	220,174	276,260	995,341
Personal income income \$50,000-59,999	253,666	67,977	155,765	234,110	711,518
Personal income income \$60,000-79,999	388,010	89,697	187,836	256,045	921,588
Personal income income \$80,000 or more	291,215	67,472	135,510	128,713	622,910
Personal income not stated	99,521	na	80,664	130,969	332,750
Employee	2,160,538	550,277	1,302,446	1,750,526	5,763,787
Self-employed	490,794	101,078	257,691	407,992	1,257,555
Occupation: management	328,803	91,216	198,547	229,514	848,080
Professional including accountants	384,491	126,929	337,906	463,075	1,312,401
Technologist/technician	295,412	56,570	117,978	185,551	655,511
Administrative/financial/clerical	276,644	68,368	215,259	279,409	839,680
Sales or service	466,293	122,444	274,131	392,104	1,254,972
Trades/transport/equipment operator	474,609	104,886	180,505	239,357	999,357
Farming/forestry/fishing/mining	86,370	na	48,546	69,170	215,130
Processing/manufacturing/utilities	178,476	33,807	81,149	131,155	424,587
Other occupation	164,055	37,019	107,897	175,869	484,840
Usually works under 30 hours/week main job	292,317	56,209	210,418	381,131	940,075
Usually works 30-38 hours/week main job	448,416	121,083	345,238	467,232	1,381,969
Usually works 39-42 hours/week main job	947,854	235,275	467,385	619,418	2,269,932
Usually works over 42 hours/week main job	970,026	236,140	535,563	692,153	2,433,882
Usually does not work weekends	1,648,004	405,291	979,382	1,272,596	4,305,273
Usually works weekends	1,007,187	246,992	582,536	892,609	2,729,324
No work stress, main job, past year	233,825	47,884	96,973	205,568	584,250
Not much work stress, past year	471,162	82,812	232,889	407,170	1,194,033
A little work stress, past year	1,083,829	284,643	662,586	786,678	2,817,736
Much work stress, past year	689,406	180,759	461,829	621,670	1,953,664
Extreme work stress, past year	165,089	48,980	90,974	115,423	420,466
High job skill required: strongly agrees	1,014,202	238,963	571,647	858,327	2,683,139
High job skill required: agrees	1,010,455	268,907	674,745	883,520	2,837,627
High job skill required: neither agrees/disagrees	220,800	75,269	135,137	159,777	590,983
High job skill required: disagrees	352,559	56,651	141,333	210,046	760,589
High job skill required: strongly disagrees	38,085	na	na	na	92,375

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	661,504	170,755	379,716	537,837	1,749,812
Job was very hectic: agrees	966,925	248,565	604,715	784,230	2,604,435
Job was very hectic: neither agrees/disagrees	417,109	113,339	281,039	341,893	1,153,380
Job was very hectic: disagrees	519,401	92,802	250,725	425,598	1,288,526
Job was very hectic: strongly disagrees	63,754	na	25,495	46,167	157,147
Job free of conflicting demands: strongly agrees	257,089	47,348	96,170	209,369	609,976
Job free of conflicting demands: agrees	841,213	185,829	519,504	753,125	2,299,671
Job free of conflicting demands: neither agrees/disag.	378,587	88,627	268,396	269,776	1,005,386
Job free of conflicting demands: disagrees	911,669	258,643	525,881	693,153	2,389,346
Job free of conflicting demands: strongly disagrees	236,423	68,072	128,265	209,374	642,134
Job security good: strongly agrees	918,974	235,725	522,505	686,635	2,363,839
Job security good: agrees	1,109,063	260,204	650,816	949,150	2,969,233
Job security good: neither agrees/disagrees	219,234	65,514	145,492	225,739	655,979
Job security good: disagrees	263,264	63,558	168,507	178,652	673,981
Job security good: strongly disagrees	124,293	23,520	54,724	92,260	294,797
Job conflict with co-workers: strongly agrees	151,847	21,471	79,484	143,887	396,689
Job conflict with co-workers: agrees	660,307	167,522	367,960	432,868	1,628,657
Job conflict with co-workers: neither agrees/disag.	351,421	118,895	194,686	240,076	905,078
Job conflict with co-workers: disagrees	1,031,021	244,939	647,773	949,913	2,873,646
Job conflict with co-workers: strongly disagrees	438,325	95,694	251,740	370,777	1,156,536
Job supervisor was helpful: strongly agrees	413,167	97,668	253,179	394,127	1,158,141
Job supervisor was helpful: agrees	1,117,868	280,771	724,273	980,038	3,102,950
Job supervisor was helpful: neither agrees/disag.	557,926	149,252	303,089	439,275	1,449,542
Job supervisor was helpful: disagrees	362,886	76,187	158,600	187,944	785,617
Job supervisor was helpful: strongly disagrees	169,966	43,065	91,431	117,656	422,118
Job requires repetative tasks: strongly agrees	570,941	112,474	280,009	506,112	1,469,536
Job requires repetative tasks: agrees	1,048,300	269,339	692,157	935,157	2,944,953
Job requires repetative tasks: neither agrees/disag.	323,902	83,756	222,863	244,235	874,756
Job requires repetative tasks: disagrees	552,502	156,709	300,135	385,970	1,395,316
Job requires repetative tasks: strongly disagrees	140,457	26,243	47,409	66,047	280,156
Not satisfied at all with job	63,533	na	24,681	31,691	131,121
Not too satisfied at all with job	174,846	34,064	77,714	136,098	422,722
Somewhat satisfied with job	1,143,396	282,040	682,626	738,931	2,846,993
Very satisfied with job	1,254,181	321,200	757,551	1,230,801	3,563,733

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Canada	36	9	22	33	100
Newfoundland	31	8	29	32	100
Prince Edward Island	22	na	36	31	100
Nova Scotia	34	7	28	31	100
New Brunswick	27	11	32	30	100
Québec	39	12	22	27	100
Ontario	34	8	23	36	100
Manitoba	33	8	21	38	100
Saskatchewan	32	7	28	33	100
Alberta	35	8	21	36	100
British Columbia	45	7	17	31	100
Atlantic provinces	30	9	30	31	100
Prairie provinces	34	8	22	36	100
Selected metro areas:					
Montréal	42	10	18	31	100
Ottawa-Hull	31	11	27	32	100
Oshawa	44	na	21	29	100
Toronto	30	7	21	42	100
St Catherines	40	na	18	35	100
Kitchener	34	na	31	26	100
Winnipeg	32	na	18	41	100
Calgary	36	na	16	38	100
Edmonton	35	na	26	32	100
Vancouver	45	na	17	31	100
All non-metro areas	36	10	24	30	100
Urban core areas	36	8	22	34	100
Urban fringe areas	37	na	19	33	100
Rural fringe areas	34	12	21	33	100
Urban areas outside metro areas and large cities	34	10	25	31	100
Rural areas outside metro areas and large cities	39	8	25	28	100
Single detached dwelling	36	10	24	31	100
Dwelling a double	37	na	19	37	100
Row or terrace	30	6	21	44	100
Duplex	45	na	17	33	100
Low-rise apartment, under 5 stories	35	8	20	37	100
High-rise apartment	29	na	17	47	100
Total dwelling types above listed	35	9	22	34	100
Bedrooms: 1	31	na	18	42	100
Bedrooms: 2	41	7	19	33	100
Bedrooms: 3	37	9	24	30	100
Bedrooms: 4	34	10	22	34	100
Bedrooms: 5 or more	28	8	20	44	100

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Dwelling unowned	38	6	19	37	100
Dwelling owned	36	9	23	32	100
Household size: 2	31	9	22	38	100
Household size: 3	36	9	24	31	100
Household size: 4	40	9	22	29	100
Household size: 5	32	8	21	39	100
Household size: 6 or more	19	na	17	59	100
No child(ren) under 12	32	9	23	37	100
Child(ren) under 6	43	9	23	26	100
Child(ren) 6 to 11	37	10	22	31	100
Child(ren) under 6 and 6 to 11	36	8	21	35	100
Parents with child(ren) under 12	39	9	22	30	100
Age 15-19	na	na	S	na	100
20-24	51	14	19	16	100
25-29	46	10	20	23	100
30-34	41	8	24	27	100
35-39	38	9	21	31	100
40-44	38	9	23	29	100
45-49	32	9	23	36	100
50-54	30	8	22	40	100
55-59	28	na	28	39	100
60-64	17	na	19	56	100
65-69	29	na	na	40	100
70-74	na	S	na	48	100
75-79	na	S	na	58	100
80 plus	na	S	na	40	100
Married	35	8	23	34	100
Common-law	52	12	21	15	100
Widowed	25	na	17	51	100
Separated	32	12	17	39	100
Divorced	26	7	25	42	100
Single, never married	40	8	23	29	100
Mothers	28	8	25	39	100
Fathers	45	10	19	26	100
Converses in English only	41	7	22	29	100
Converses in French only	37	14	24	25	100
Converses in English and French	37	11	25	27	100
Converses in English, French and other language(s)	23	na	17	49	100
Converses in English and other language(s)	23	7	21	49	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	39	9	24	28	100
Immigrant, arrived before 1960	na	na	22	40	100
Immigrant, arrived from 1960 to 1979	27	na	15	52	100
Immigrant, arrived from 1980 to 2002	27	7	20	46	100
Immigrants	27	7	19	48	100
Aboriginal ethnicity, perhaps others	38	8	19	34	100
"Canadian" ethnicity, perhaps others	41	11	25	23	100
"French" ethnicity, perhaps others	36	12	24	28	100
"English" ethnicity, perhaps others	41	8	22	29	100
"Welsh" ethnicity, perhaps others	45	na	18	22	100
"Scotch" ethnicity, perhaps others	40	9	20	31	100
"Irish" ethnicity, perhaps others	37	9	24	30	100
"Italian" ethnicity, perhaps others	28	8	30	33	100
"Ukrainian" ethnicity, perhaps others	39	7	20	34	100
"German" ethnicity, perhaps others	32	10	22	35	100
"Dutch" ethnicity, perhaps others	29	na	20	43	100
"Polish" ethnicity, perhaps others	30	na	31	28	100
"Norwegian" ethnicity, perhaps others	38	na	19	37	100
"Chinese" ethnicity, perhaps others	52	na	15	30	100
"South Asian" ethnicity, perhaps others	na	na	20	62	100
Not a student	36	9	23	33	100
Part-time student	32	13	17	38	100
Full-time student	39	na	19	34	100
Less than secondary diploma	39	7	20	33	100
Secondary school diploma	43	8	21	29	100
Some post-secondary education	34	8	21	36	100
Post-secondary degree or diploma	33	10	24	34	100
Very strong belonging to locality	28	7	19	46	100
Somewhat strong belonging to locality	34	10	25	32	100
Somewhat weak belonging to locality	41	8	22	28	100
Very weak belonging to locality	44	10	19	26	100
Very satisfied with life in general	33	9	20	37	100
Satisfied with life in general	37	8	24	31	100
Neither satisfied nor dissatisfied with life	38	10	24	28	100
Dissatisfied with life in general	39	7	17	36	100
Has fewer than 3 close friends	39	9	19	32	100
Has 3 to 5 close friends	37	9	23	31	100
Has 6 to 9 close friends	34	10	23	33	100
Has 10 to 15 close friends	34	7	23	36	100
Has more than 15 close friends	35	7	24	34	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Eastern Orthodox or Ukrainian Catholic	na	na	33	32	100
French Catholic	37	14	26	24	100
Other Catholic	26	9	27	38	100
United Church	42	11	25	22	100
Anglican	43	8	25	24	100
Presbyterian	44	na	23	27	100
Lutheran	31	na	32	22	100
Baptist	15	8	19	58	100
Pentecostal	na	na	11	71	100
Jehovah Witness	S	S	na	89	100
Christian, other	15	4	18	63	100
Islam	na	na	17	71	100
Hindu-Buddhist-Sikh	20	na	25	47	100
Jewish	na	na	na	na	100
No religion: prays	39	12	21	28	100
No religion	88	na	6	3	100
Religious affiliation not stated	na	S	S	na	na
No religious affiliation	76	5	10	10	100
Roman Catholic	31	11	26	31	100
Liberal protestant	42	10	26	23	100
Conservative Christian	14	5	17	64	100
Christian	31	10	24	35	100
Non-Christian	19	na	21	54	100
Worshipped weekly or more often past year	3	3	17	77	100
Worshipped monthly past year	9	12	37	43	100
Worshipped 3 to 4 times past year	29	14	36	22	100
Worshipped once past year	41	15	25	19	100
Did not worship past year (religiously affiliated)	59	9	17	15	100
Never worshipped, or no religious affiliation	52	10	22	16	100
Worshipped at least weekly or monthly past year	5	6	24	65	100
Worshipped monthly & prays often	na	na	11	87	100
Worshipped monthly & prays sometimes	4	6	39	51	100
Worshipped monthly & prays rarely	9	19	46	26	100
Worshipped monthly & does not pray	19	17	29	34	100
Potential dropouts from monthly worship	5	6	24	65	100
Worshipped < monthly past year, prays often	na	na	32	63	100
Worshipped < monthly past year, prays sometimes	25	16	42	16	100
Non-worshipper past year, prays often	16	na	23	60	100
Non-worshipper past year, prays sometimes	43	14	27	16	100
Potential monthly worshipper	28	12	33	27	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Not "religious" at all	78	5	8	9	100
Not very religious	52	16	22	10	100
Somewhat religious	12	9	34	45	100
Very religious	na	na	5	92	100
Role of spiritual values in one's life					
Spiritual values are important in my life	2	14	34	50	100
Spiritual values are unimportant in my life	100	S	S	S	100
Sp. values help understand life's difficulties: no	98	2	na	na	100
Sp. values help understand life's difficulties:a little	3	66	25	6	100
Sp. values help understand life's difficulties:some	na	6	75	18	100
Sp. values help understand life's difficulties: a lot	S	na	7	92	100
Sp. values help me find meaning in my life: no	100	na	S	S	100
Sp. values help me find meaning in my life: a little	8	73	14	na	100
Sp. values help me find meaning in my life: some	na	14	74	11	100
Sp. values help me find meaning in my life: a lot	na	na	11	87	100
Physical Health					
Physical health is "excellent"	37	10	19	34	100
Physical health is "very good"	34	9	23	34	100
Physical health is "good"	37	8	24	31	100
Physical health is "fair" or "poor"	37	8	23	33	100
Physically inactive (index)	36	8	23	33	100
Moderately active physically (index)	34	10	23	34	100
Active physically (index)	39	9	21	31	100
Never has an activity limitation	37	9	23	32	100
Sometimes has an activity limitation	33	9	23	36	100
Often has an activity limitation	35	10	20	36	100
Never physically active > 15 min. / occasion, past mo.	35	7	19	40	100
Physically active >15 minutes, 1 to 5 times a month	39	8	23	31	100
Physically active >15 minutes, 6 to 15 times a month	36	9	23	32	100
Physically active >15 minutes, 16 to 29 times a month	35	10	23	32	100
Physically active >15 minutes, 30 or more times a mo.	36	9	22	32	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Has no chronic health problem	37	10	23	30	100
Has a diagnosed chronic health problem	35	8	22	34	100
Has food allergies	32	8	23	38	100
Has non-food allergies	36	9	21	34	100
Asthma	35	9	21	35	100
Bronchitis	40	na	23	32	100
Diabetes	37	na	18	41	100
Heart disease	29	na	24	41	100
High blood pressure	33	5	24	38	100
Diagnosed migraines	32	9	22	38	100
Cancer	na	S	22	56	100
Stomach/intestinal ulcers	38	8	25	29	100
Bowel disorder/Crohn's/colitis	31	na	25	35	100
Thyroid	21	9	26	44	100
Arthritis/rheumatism	30	8	22	40	100
Back problems excluding arthritis	36	9	22	33	100
Mental Health					
Mental health is "excellent"	35	10	18	37	100
Mental health is "very good"	35	8	25	32	100
Mental health is "good"	38	9	23	30	100
Mental health is "fair" or "poor"	36	9	24	32	100
Rarely felt emotionally balanced past month	36	8	22	34	100
Felt emotionally balanced half the time	38	10	24	28	100
Felt emotionally balanced frequently	36	9	25	30	100
Felt emotionally balanced almost always past mo.	35	9	20	36	100
Most days not stressful at all past month	38	7	19	36	100
Most days not very stressful past month	36	8	21	35	100
Most days a bit stressful past month	36	9	23	31	100
Most days quite a bit/extremely stressful past mo.	35	9	23	33	100
Most important source of daily stress: time pressure	35	10	24	31	100
Most important stress: my physical health	29	na	26	40	100
Most important stress: finances, not enough money	41	8	21	30	100
Most important stress: my work situation	40	11	21	28	100
Most important stress: school	na	na	na	na	100
Most important stress: care for my children	39	8	25	28	100
Most important stress: care for others	30	9	22	39	100
Most important stress: my relationships with others	37	7	20	36	100
Most important stress: health of my family	20	7	28	45	100
Most important stress: (no day-to-day stress)	36	7	20	37	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
"Poor/fair" ability to handle difficult problems	35	9	25	31	100
"Good" ability to handle difficult problems	38	8	24	30	100
"Very good" ability to handle difficult problems	35	10	23	33	100
"Excellent" ability to handle difficult problems	36	8	18	38	100
"Poor/fair" ability to handle day-to-day problems	35	11	23	31	100
"Good" ability to handle day-to-day problems	37	7	25	31	100
"Very good" ability to handle day-to-day problems	36	9	23	32	100
"Excellent" ability to handle day-to-day problems	36	9	19	36	100
Rarely copes by trying to solve the problem	39	na	16	32	100
Sometimes copes by trying to solve the problem	40	10	23	27	100
Often copes by trying to solve the problem	35	9	22	34	100
Rarely copes by talking to others	43	9	20	27	100
Sometimes copes by talking to others	38	10	22	30	100
Often copes by talking to others	33	8	23	36	100
Never copes by smoking (non-smoker)	33	9	22	36	100
Never copes by smoking (a smoker)	44	9	22	24	100
Rarely copes by smoking more than usual	43	6	25	26	100
Sometimes copes by smoking more than usual	45	9	22	25	100
Often copes by smoking more than usual	42	8	23	26	100
Never copes by drinking alcohol	33	8	22	36	100
Rarely copes by drinking alcohol	42	10	24	23	100
Often/sometimes copes by drinking alcohol	47	11	22	20	100
Never copes by eating more/less than usual	39	9	20	32	100
Rarely copes by eating more/less than usual	35	8	25	31	100
Sometimes copes by eating more/less than usual	32	9	25	35	100
Often copes by eating more/less than usual	32	8	22	38	100
Never copes by jogging/exercise	40	9	20	31	100
Rarely copes by jogging/exercise	37	9	22	31	100
Sometimes copes by jogging/exercise	33	9	25	33	100
Often copes by jogging/exercise	28	8	25	39	100
Never copes by praying/spiritual help	70	9	12	9	100
Rarely copes by praying/spiritual help	38	18	31	12	100
Sometimes copes by praying/spiritual help	13	9	42	36	100
Often copes by praying/spiritual help	3	1	16	80	100
Never copes by blaming oneself	37	8	19	37	100
Rarely copes by blaming oneself	37	9	24	30	100
Sometimes copes by blaming oneself	37	9	23	31	100
Often copes by blaming oneself	30	10	22	38	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	23	na	14	60	100
A former drinker, not now	27	6	20	47	100
Occasional drinker	31	9	23	37	100
Regular drinker	41	10	24	25	100
Non-drinker or < 5 drinks per occasion last year	33	9	23	36	100
Heavy drinker, never drunk most of 1 mo.	57	10	21	13	100
Usually drunk at least 1 mo. last year	53	na	na	na	100
Never drunk at work/school/child care in life	34	9	23	34	100
Drunk 1 to 2 times at work, etc in life	59	na	23	na	100
Drunk 3 to 10 times in life	59	na	16	16	100
Drunk over 10 times in life	55	na	20	na	100
Drunk at least once at work, etc, in life	58	9	20	14	100
Non-drinker or < 5 drinks per occasion past year	33	9	23	36	100
Heavy drinker, never drunk at work/school/child care	55	10	21	14	100
Drunk 1+ times at work/school/child care past year	61	9	17	13	100
Non-drinker or < 5 drinks per occasion past year	33	9	23	36	100
Never drank more than promised past year	57	9	21	13	100
Drank more, despite promise not to past year	56	12	17	15	100
Non-drinker or < 5 drinks per occasion past year	33	9	23	36	100
Never drank much more than intended past year	56	10	20	13	100
Drank much more than intended past year	58	9	20	13	100
Non-drinker or < 5 drinks per occasion past year	33	9	23	36	100
Never drank so much to risk getting hurt past year	57	10	21	12	100
Drank so as to risk getting hurt past year	55	na	13	21	100
Never used marijuana in life	29	8	23	40	100
Used marijuana once in life	36	11	25	28	100
Used marijuana more than once in life	46	9	21	23	100
Has not used illicit drugs in life	29	8	23	41	100
Used illicit drugs at least once in life	44	10	22	24	100
Has not used illicit drugs in life (excl. marij.)	30	8	23	39	100
Used illicit drugs (excl. marij.) at least once in life	46	10	21	23	100
Has not used illicit drugs past year	35	9	23	34	100
Used illicit drugs at least once past year	51	9	20	20	100
Has not used illicit drugs past year (excl. marij.)	35	9	23	34	100
Used illicit drugs (excl. marij.) at least once past year	53	8	18	20	100

### Notes:

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"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	29	8	23	41	100
Has not used illicit drugs for 1 year in life	43	10	23	25	100
Used illicit drugs for 1 year in life	50	9	19	22	100
Has used drugs despite promise not to	64	na	na	na	100
Has used drugs more often than intended	57	na	na	22	100
Insufficient weight (bmi), age 20-64	34	10	20	36	100
Acceptable weight, age 20-64	36	9	23	32	100
Some excess weight, age 20-64	40	8	20	31	100
Overweight, age 20-64	38	9	22	31	100
Weight not stated, age 20-64	30	9	25	36	100
Never had fear of being too fat	37	9	22	32	100
Never had fear of being too fat past year	33	8	22	37	100
Had fear of being too fat past year	34	7	26	34	100
Has not gambled in life	40	9	24	27	100
Non-gambler now	27	5	18	50	100
Non-problem gambler	37	11	24	29	100
Low-risk gambler	55	na	14	24	100
Problem gambler	51	na	17	22	100
Low-risk or problem gambler	53	8	15	23	100
Non-gambler past year	34	8	22	36	100
Never felt gambling guilt past year	41	11	23	25	100
Sometimes-always felt gambling guilt past year	46	na	20	28	100
Never felt gambled too much past year	41	10	23	25	100
Sometimes-always gambled too much past year	50	na	na	23	100
Rarely felt loved and appreciated past month	43	na	19	29	100
Felt loved and appreciated past month	41	8	23	29	100
Often felt loved and appreciated past month	37	8	26	28	100
Almost always felt loved and appreciated past month	34	9	21	36	100
Suicide					
Has never seriously considered suicide	36	9	22	32	100
Has seriously considered suicide	35	7	21	36	100
Has never attempted suicide	36	9	23	32	100
Has attempted suicide	33	na	18	43	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	45	9	18	28	100
Felt at peace half the time past month	37	11	26	26	100
Often felt at peace past month	37	9	25	29	100
Almost always felt at peace past month	34	8	20	37	100
Rarely felt emotionally balanced past month	36	8	22	34	100
Felt balanced half the time past month	38	10	24	28	100
Often felt balanced past month	36	9	25	30	100
Almost always felt balanced past month	35	9	20	36	100
Rarely felt useful past month	33	na	21	39	100
Felt useful past month	38	9	28	26	100
Often felt useful past month	39	8	25	27	100
Almost always felt useful past month	34	9	20	37	100
Lowest income adequacy	30	na	13	48	100
Lower middle income adequacy	36	7	19	39	100
Middle income adequacy	34	8	20	38	100
Upper middle income adequacy	37	9	23	31	100
Highest income adequacy	38	10	24	29	100
Household income or size not stated	30	na	25	39	100
Household income last year under \$10,000	32	na	14	47	100
Household income \$10,000-14,999	33	12	19	36	100
Household income \$15,000-19,999	39	na	20	35	100
Household income \$20,000-29,999	33	6	20	41	100
Household income \$30,000-39,999	37	8	18	36	100
Household income \$40,000-49,999	33	8	23	36	100
Household income \$50,000-59,999	35	11	23	31	100
Household income \$60,000-79,999	37	9	24	30	100
Household income \$80,000 or more	38	9	23	29	100
Household income not stated	29	na	24	41	100
No welfare income received last year	36	9	23	32	100
Welfare income received last year	34	9	19	39	100
Parents aged 15 to 75	36	9	22	33	100
Not in the labour force	27	7	24	42	100
In the labour force	38	9	22	31	100
Employed	38	9	22	31	100
Unemployed	37	7	21	35	100
Permanently unable to work (aged 15-75)	31	S	na	46	100
Parents 75 years of age and over	na	na	na	45	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	23	7	25	44	100
Personal income under \$5,000	30	5	24	41	100
Personal income \$5,000-9,999	34	8	20	38	100
Personal income \$10,000-14,999	32	8	22	38	100
Personal income \$15,000-19,999	36	6	23	35	100
Personal income income \$20,000-29,999	33	9	23	35	100
Personal income income \$30,000-39,999	38	9	22	31	100
Personal income income \$40,000-49,999	40	11	22	28	100
Personal income income \$50,000-59,999	36	10	22	33	100
Personal income income \$60,000-79,999	42	10	20	28	100
Personal income income \$80,000 or more	47	11	22	21	100
Personal income not stated	30	na	24	39	100
Employee	37	10	23	30	100
Self-employed	39	8	20	32	100
Occupation: management	39	11	23	27	100
Professional including accountants	29	10	26	35	100
Technologist/technician	45	9	18	28	100
Administrative/financial/clerical	33	8	26	33	100
Sales or service	37	10	22	31	100
Trades/transport/equipment operator	47	10	18	24	100
Farming/forestry/fishing/mining	40	na	23	32	100
Processing/manufacturing/utilities	42	8	19	31	100
Other occupation	34	8	22	36	100
Usually works under 30 hours/week main job	31	6	22	41	100
Usually works 30-38 hours/week main job	32	9	25	34	100
Usually works 39-42 hours/week main job	42	10	21	27	100
Usually works over 42 hours/week main job	40	10	22	28	100
Usually does not work weekends	38	9	23	30	100
Usually works weekends	37	9	21	33	100
No work stress, main job, past year	40	8	17	35	100
Not much work stress, past year	39	7	20	34	100
A little work stress, past year	38	10	24	28	100
Much work stress, past year	35	9	24	32	100
Extreme work stress, past year	39	12	22	27	100
High job skill required: strongly agrees	38	9	21	32	100
High job skill required: agrees	36	9	24	31	100
High job skill required: neither agrees/disagrees	37	13	23	27	100
High job skill required: disagrees	46	7	19	28	100
High job skill required: strongly disagrees	41	na	na	na	100

### Notes:

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"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	38	10	22	31	100
Job was very hectic: agrees	37	10	23	30	100
Job was very hectic: neither agrees/disagrees	36	10	24	30	100
Job was very hectic: disagrees	40	7	19	33	100
Job was very hectic: strongly disagrees	41	na	16	29	100
Job free of conflicting demands: strongly agrees	42	8	16	34	100
Job free of conflicting demands: agrees	37	8	23	33	100
Job free of conflicting demands: neither agrees/disag.	38	9	27	27	100
Job free of conflicting demands: disagrees	38	11	22	29	100
Job free of conflicting demands: strongly disagrees	37	11	20	33	100
Job security good: strongly agrees	39	10	22	29	100
Job security good: agrees	37	9	22	32	100
Job security good: neither agrees/disagrees	33	10	22	34	100
Job security good: disagrees	39	9	25	27	100
Job security good: strongly disagrees	42	8	19	31	100
Job conflict with co-workers: strongly agrees	38	5	20	36	100
Job conflict with co-workers: agrees	41	10	23	27	100
Job conflict with co-workers: neither agrees/disag.	39	13	22	27	100
Job conflict with co-workers: disagrees	36	9	23	33	100
Job conflict with co-workers: strongly disagrees	38	8	22	32	100
Job supervisor was helpful: strongly agrees	36	8	22	34	100
Job supervisor was helpful: agrees	36	9	23	32	100
Job supervisor was helpful: neither agrees/disag.	38	10	21	30	100
Job supervisor was helpful: disagrees	46	10	20	24	100
Job supervisor was helpful: strongly disagrees	40	10	22	28	100
Job requires repetative tasks: strongly agrees	39	8	19	34	100
Job requires repetative tasks: agrees	36	9	24	32	100
Job requires repetative tasks: neither agrees/disag.	37	10	25	28	100
Job requires repetative tasks: disagrees	40	11	22	28	100
Job requires repetative tasks: strongly disagrees	50	9	17	24	100
Not satisfied at all with job	48	na	19	24	100
Not too satisfied at all with job	41	8	18	32	100
Somewhat satisfied with job	40	10	24	26	100
Very satisfied with job	35	9	21	35	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	100.0	100.0	100.0	100.0	100.0
Newfoundland	1.7	1.8	2.5	1.9	1.9
Prince Edward Island	0.3	na	0.7	0.4	0.5
Nova Scotia	2.7	2.2	3.6	2.7	2.9
New Brunswick	1.8	3.1	3.6	2.2	2.4
Québec	25.7	33.1	23.2	19.5	23.8
Ontario	37.4	35.4	41.0	43.8	40.1
Manitoba	3.1	3.1	3.3	3.9	3.4
Saskatchewan	2.7	2.3	3.7	3.1	3.0
Alberta	9.6	9.2	9.2	10.9	9.9
British Columbia	15.0	9.2	9.3	11.6	12.1
Atlantic provinces	6.5	7.7	10.3	7.2	7.7
Prairie provinces	15.4	14.6	16.2	17.9	16.3
Selected metro areas:					
Montréal	13.5	12.7	9.2	10.8	11.6
Ottawa-Hull	3.4	4.7	4.8	3.8	4.0
Oshawa	1.3	na	1.0	0.9	1.0
Toronto	13.8	12.2	15.5	20.8	16.3
St Catherines	1.3	na	0.9	1.2	1.1
Kitchener	1.4	na	2.2	1.2	1.5
Winnipeg	1.8	na	1.7	2.6	2.1
Calgary	2.8	na	2.0	3.3	2.8
Edmonton	3.3	na	4.0	3.3	3.4
Vancouver	7.7	na	4.7	5.9	6.2
All non-metro areas	36.9	39.3	39.2	33.3	36.5
Urban core areas	67.8	64.3	66.6	69.8	67.9
Urban fringe areas	2.7	na	2.2	2.6	2.6
Rural fringe areas	8.2	11.4	8.1	8.6	8.6
Urban areas outside metro areas and large cities	8.7	9.9	10.0	8.7	9.1
Rural areas outside metro areas and large cities	12.7	11.1	13.1	10.3	11.8
Single detached dwelling	58.6	64.0	62.6	56.2	59.2
Dwelling a double	5.1	na	4.1	5.6	5.0
Row or terrace	4.3	3.5	4.9	7.0	5.3
Duplex	3.0	na	1.8	2.4	2.4
Low-rise apartment, under 5 stories	5.8	5.7	5.4	6.7	6.0
High-rise apartment	3.2	na	3.1	5.7	4.0
Total dwelling types above listed	80.1	81.7	82.0	83.6	81.8
Bedrooms: 1	1.8	na	1.6	2.6	2.1
Bedrooms: 2	17.4	11.7	13.2	15.4	15.3
Bedrooms: 3	53.0	53.6	55.0	48.0	51.9
Bedrooms: 4	23.1	26.6	24.7	25.6	24.6
Bedrooms: 5 or more	4.7	5.7	5.4	8.2	6.1

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	21.8	15.0	17.2	23.4	20.7
Dwelling owned	78.2	85.0	82.8	76.6	79.3
Household size: 2	6.2	7.4	7.0	8.4	7.2
Household size: 3	34.9	35.2	38.2	33.2	35.1
Household size: 4	44.3	42.3	38.5	34.6	39.6
Household size: 5	12.6	12.8	13.3	16.5	14.0
Household size: 6 or more	2.1	na	3.0	7.3	4.0
No child(ren) under 12	39.1	42.7	44.1	48.8	43.7
Child(ren) under 6	23.9	19.8	20.9	15.8	20.2
Child(ren) 6 to 11	24.8	25.8	23.7	22.6	23.9
Child(ren) under 6 and 6 to 11	12.2	11.7	11.3	12.9	12.2
Parents with child(ren) under 12	60.9	57.3	55.9	51.2	56.3
Age 15-19	na	na	S	na	0.2
20-24	2.8	3.1	1.6	1.0	2.0
25-29	7.8	6.8	5.5	4.3	6.0
30-34	14.5	11.8	13.8	10.3	12.7
35-39	20.4	20.1	18.3	18.4	19.3
40-44	23.3	22.8	22.6	19.6	21.9
45-49	13.9	15.0	15.9	17.1	15.5
50-54	8.9	10.1	10.3	13.0	10.7
55-59	4.0	na	6.5	6.2	5.2
60-64	1.3	na	2.4	4.7	2.7
65-69	1.2	na	na	1.8	1.4
70-74	na	S	na	1.6	1.1
75-79	na	S	na	1.2	0.7
80 plus	na	S	na	0.7	0.5
Married	75.5	74.9	79.2	80.9	78.1
Common-law	14.3	13.4	9.2	4.5	9.8
Widowed	1.6	na	1.8	3.6	2.3
Separated	2.6	4.1	2.2	3.5	3.0
Divorced	2.8	3.2	4.4	4.9	3.9
Single, never married	3.1	2.6	2.9	2.5	2.8
Mothers	41.3	47.2	59.0	63.1	52.9
Fathers	58.7	52.8	41.0	36.9	47.1
Converses in English only	55.6	41.0	48.4	43.1	48.6
Converses in French only	11.2	17.8	11.8	8.3	11.0
Converses in English and French	15.7	19.1	17.5	12.5	15.4
Converses in English, French and other language(s)	2.7	na	3.2	6.4	4.3
Converses in English and other language(s)	11.7	13.9	16.8	26.9	18.0

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	81.6	80.1	79.0	63.7	75.0
Immigrant, arrived before 1960	na	na	1.7	2.1	1.7
Immigrant, arrived from 1960 to 1979	6.2	na	5.6	13.0	8.2
Immigrant, arrived from 1980 to 2002	11.1	12.0	13.7	21.2	15.1
Immigrants	18.4	19.9	21.0	36.3	25.0
Aboriginal ethnicity, perhaps others	3.9	3.5	3.1	3.8	3.6
"Canadian" ethnicity, perhaps others	32.0	34.0	31.4	19.7	28.0
"French" ethnicity, perhaps others	21.2	28.3	23.2	17.9	21.2
"English" ethnicity, perhaps others	24.1	19.1	20.9	18.5	21.1
"Welsh" ethnicity, perhaps others	1.7	na	1.0	0.9	1.3
"Scotch" ethnicity, perhaps others	16.2	14.9	13.2	13.8	14.6
"Irish" ethnicity, perhaps others	13.7	14.3	14.1	12.4	13.4
"Italian" ethnicity, perhaps others	3.0	3.7	5.2	3.8	3.8
"Ukrainian" ethnicity, perhaps others	3.7	2.6	3.1	3.5	3.4
"German" ethnicity, perhaps others	8.1	10.5	8.9	9.6	8.9
"Dutch" ethnicity, perhaps others	2.4	na	2.8	4.0	3.0
"Polish" ethnicity, perhaps others	2.2	na	3.8	2.3	2.7
"Norwegian" ethnicity, perhaps others	1.4	na	1.1	1.4	1.3
"Chinese" ethnicity, perhaps others	5.6	na	2.6	3.6	3.9
"South Asian" ethnicity, perhaps others	na	na	3.2	6.5	3.5
Not a student	95.3	93.8	96.2	94.5	95.1
Part-time student	2.8	4.6	2.3	3.6	3.1
Full-time student	1.9	na	1.5	1.9	1.8
Less than secondary diploma	16.7	13.0	13.8	15.6	15.4
Secondary school diploma	24.4	18.4	19.0	17.9	20.5
Some post-secondary education	6.3	6.4	6.4	7.4	6.7
Post-secondary degree or diploma	51.8	61.5	60.6	58.3	56.8
Very strong belonging to locality	14.3	13.6	15.6	25.8	18.3
Somewhat strong belonging to locality	39.7	46.6	46.2	40.9	42.2
Somewhat weak belonging to locality	30.1	24.2	26.4	22.9	26.4
Very weak belonging to locality	15.6	14.9	11.1	10.3	12.8
Very satisfied with life in general	30.6	35.9	30.4	37.7	33.4
Satisfied with life in general	55.1	50.2	56.6	49.8	53.3
Neither satisfied nor dissatisfied with life	10.0	10.7	9.9	8.0	9.4
Dissatisfied with life in general	4.2	3.2	3.0	4.4	3.9
Has fewer than 3 close friends	17.3	16.8	13.6	15.3	15.8
Has 3 to 5 close friends	37.0	39.0	36.8	34.5	36.3
Has 6 to 9 close friends	16.2	19.5	17.7	17.0	17.1
Has 10 to 15 close friends	21.6	18.9	23.3	24.9	22.8
Has more than 15 close friends	7.2	5.6	7.9	7.6	7.4

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	na	na	1.8	1.1	1.2
French Catholic	21.4	32.3	24.0	15.2	20.9
Other Catholic	16.5	22.3	27.3	25.7	22.4
United Church	11.3	11.7	11.0	6.4	9.7
Anglican	8.2	6.3	7.6	4.9	6.8
Presbyterian	2.5	na	2.1	1.7	2.1
Lutheran	1.9	na	3.3	1.5	2.3
Baptist	1.3	2.9	2.7	5.6	3.2
Pentecostal	na	na	1.1	4.7	2.2
Jehovah Witness	S	S	na	1.4	0.5
Christian, other	3.6	4.0	6.8	16.4	8.5
Islam	na	na	2.0	5.5	2.5
Hindu-Buddhist-Sikh	1.9	na	4.0	5.1	3.5
Jewish	na	na	na	na	0.7
No religion: prays	3.6	4.6	3.1	2.8	3.3
No religion	24.2	na	2.6	1.0	9.9
Religious affiliation not stated	na	S	S	na	na
No religious affiliation	27.8	7.5	5.7	3.9	13.2
Roman Catholic	37.8	54.6	51.3	40.9	43.3
Liberal protestant	24.0	23.2	23.9	14.6	20.8
Conservative Christian	5.7	7.8	10.7	28.2	14.4
Christian	67.5	85.6	86.0	83.6	78.5
Non-Christian	3.6	na	6.3	11.1	6.8
Worshipped weekly or more often past year	1.7	8.3	17.6	52.6	22.6
Worshipped monthly past year	2.7	14.8	18.7	14.9	11.3
Worshipped 3 to 4 times past year	13.5	26.3	27.3	11.3	17.0
Worshipped once past year	10.4	15.5	10.2	5.2	9.1
Did not worship past year (religiously affiliated)	43.6	27.5	20.1	11.9	26.5
Never worshipped, or no religious affiliation	95.2	76.9	63.3	32.2	65.8
Worshipped at least weekly or monthly past year	4.4	23.1	36.3	67.5	33.9
Worshipped monthly & prays often	na	na	8.3	46.2	17.4
Worshipped monthly & prays sometimes	1.1	6.1	16.2	14.4	9.3
Worshipped monthly & prays rarely	0.8	6.8	6.5	2.5	3.2
Worshipped monthly & does not pray	2.1	7.8	5.2	4.2	4.0
Potential dropouts from monthly worship	4.4	23.1	36.2	67.3	33.8
Worshipped < monthly past year, prays often	na	na	5.5	7.5	3.9
Worshipped < monthly past year, prays sometimes	9.3	24.8	25.2	6.7	13.4
Non-worshipper past year, prays often	1.4	na	3.5	6.1	3.3
Non-worshipper past year, prays sometimes	14.1	18.6	14.4	5.9	11.9
Potential monthly worshipper	25.2	44.7	48.5	26.3	32.5

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	18.5	4.4	3.1	2.3	8.5
Not very religious	39.3	47.5	26.8	8.1	27.0
Somewhat religious	13.5	38.7	61.5	55.4	40.2
Very religious	na	na	2.4	29.5	10.6
Role of spiritual values in one's life					
Spiritual values are important in my life	3.9	100.0	100.0	100.0	65.4
Spiritual values are unimportant in my life	96.1	S	S	S	34.6
Sp. values help understand life's difficulties: no	98.5	6.3	na	na	36.3
Sp. values help understand life's difficulties:a little	0.9	77.0	11.6	1.8	10.3
Sp. values help understand life's difficulties:some	na	14.5	78.0	12.9	23.1
Sp. values help understand life's difficulties: a lot	S	na	9.6	85.0	30.3
Sp. values help me find meaning in my life: no	96.9	na	S	S	35.1
Sp. values help me find meaning in my life: a little	1.6	58.2	4.3	na	7.0
Sp. values help me find meaning in my life: some	na	36.9	78.2	8.2	23.7
Sp. values help me find meaning in my life: a lot	na	na	17.3	90.6	34.2
Physical Health					
Physical health is "excellent"	19.2	21.4	16.1	19.4	18.8
Physical health is "very good"	35.9	39.6	37.9	38.7	37.6
Physical health is "good"	34.1	30.0	34.9	31.3	33.0
Physical health is "fair" or "poor"	10.8	9.1	11.2	10.6	10.7
Physically inactive (index)	50.3	46.5	50.7	50.5	50.1
Moderately active physically (index)	25.3	30.5	27.9	27.8	27.1
Active physically (index)	24.4	23.0	21.4	21.8	22.8
Never has an activity limitation	77.5	74.4	76.7	73.6	75.8
Sometimes has an activity limitation	13.5	14.9	15.1	16.2	14.9
Often has an activity limitation	9.0	10.7	8.2	10.1	9.3
Never physically active > 15 min. / occasion, past mo.	9.2	7.0	8.0	11.5	9.5
Physically active >15 minutes, 1 to 5 times a month	13.4	11.1	12.7	11.6	12.5
Physically active >15 minutes, 6 to 15 times a month	21.6	22.1	22.0	21.1	21.6
Physically active >15 minutes, 16 to 29 times a month	23.4	26.1	25.0	23.8	24.1
Physically active >15 minutes, 30 or more times a mo.	32.3	33.7	32.3	32.0	32.3

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	34.0	36.3	33.6	30.6	33.0
Has a diagnosed chronic health problem	66.0	63.7	66.4	69.4	67.0
Has food allergies	6.3	6.6	7.2	8.3	7.2
Has non-food allergies	29.4	30.5	27.4	31.0	29.6
Asthma	7.2	7.2	6.9	8.0	7.4
Bronchitis	2.5	na	2.3	2.2	2.3
Diabetes	3.8	na	3.0	4.6	3.7
Heart disease	2.1	na	2.8	3.2	2.6
High blood pressure	9.9	6.0	11.4	12.2	10.6
Diagnosed migraines	11.1	12.5	12.1	14.3	12.5
Cancer	na	S	1.0	1.7	1.0
Stomach/intestinal ulcers	4.2	3.6	4.5	3.6	4.0
Bowel disorder/Crohn's/colitis	2.1	na	2.7	2.7	2.5
Thyroid	2.9	4.9	5.7	6.5	4.9
Arthritis/rheumatism	11.4	11.6	13.0	16.6	13.5
Back problems excluding arthritis	21.8	23.1	21.0	21.7	21.7
Mental Health					
Mental health is "excellent"	27.0	29.7	22.4	30.9	27.5
Mental health is "very good"	39.2	38.6	44.1	38.8	40.1
Mental health is "good"	27.8	25.7	27.1	24.5	26.4
Mental health is "fair" or "poor"	5.9	5.9	6.4	5.8	6.0
Rarely felt emotionally balanced past month	4.6	4.4	4.6	4.8	4.7
Felt emotionally balanced half the time	15.9	16.4	15.8	12.8	14.9
Felt emotionally balanced frequently	32.3	31.0	36.1	29.2	32.0
Felt emotionally balanced almost always past mo.	47.1	48.1	43.5	53.0	48.3
Most days not stressful at all past month	9.1	7.3	7.3	9.4	8.6
Most days not very stressful past month	20.2	17.6	18.6	21.1	19.9
Most days a bit stressful past month	43.6	45.9	45.1	41.0	43.3
Most days quite a bit/extremely stressful past mo.	27.2	29.2	28.9	28.5	28.2
Most important source of daily stress: time pressure	18.0	20.6	19.9	17.7	18.6
Most important stress: my physical health	3.5	na	5.0	5.3	4.3
Most important stress: finances, not enough money	17.0	14.1	14.1	13.8	15.0
Most important stress: my work situation	27.4	29.5	23.1	20.8	24.5
Most important stress: school	na	na	na	na	0.4
Most important stress: care for my children	7.4	6.0	7.8	6.0	6.9
Most important stress: care for others	5.8	7.0	7.0	8.4	7.1
Most important stress: my relationships with others	3.9	3.0	3.4	4.2	3.8
Most important stress: health of my family	2.5	3.7	5.6	6.1	4.5
Most important stress: (no day-to-day stress)	7.7	6.2	6.6	8.5	7.6

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	7.9	7.9	9.0	7.6	8.0
"Good" ability to handle difficult problems	30.3	26.5	30.8	26.5	28.8
"Very good" ability to handle difficult problems	42.6	48.4	44.5	43.8	43.9
"Excellent" ability to handle difficult problems	19.2	17.1	15.5	21.9	19.1
"Poor/fair" ability to handle day-to-day problems	4.2	5.7	4.5	4.2	4.4
"Good" ability to handle day-to-day problems	26.0	21.1	27.9	23.7	25.3
"Very good" ability to handle day-to-day problems	46.9	50.8	48.1	47.1	47.6
"Excellent" ability to handle day-to-day problems	22.8	22.3	19.4	24.8	22.6
Rarely copes by trying to solve the problem	3.1	na	2.1	2.8	2.9
Sometimes copes by trying to solve the problem	19.2	19.3	17.9	14.1	17.3
Often copes by trying to solve the problem	77.4	76.7	79.6	82.0	79.3
Rarely copes by talking to others	20.6	18.0	15.7	14.5	17.3
Sometimes copes by talking to others	32.0	33.3	29.9	28.1	30.4
Often copes by talking to others	47.3	48.6	54.1	56.5	51.9
Never copes by smoking (non-smoker)	63.2	71.0	69.0	76.1	69.4
Never copes by smoking (a smoker)	13.3	11.7	10.9	8.1	10.9
Rarely copes by smoking more than usual	4.3	2.4	4.0	2.9	3.7
Sometimes copes by smoking more than usual	9.3	7.3	7.2	5.8	7.5
Often copes by smoking more than usual	9.7	7.4	8.6	6.6	8.2
Never copes by drinking alcohol	68.6	69.9	72.9	82.5	74.2
Rarely copes by drinking alcohol	17.6	17.4	16.3	10.6	15.0
Often/sometimes copes by drinking alcohol	13.7	12.5	10.6	6.4	10.5
Never copes by eating more/less than usual	51.5	47.8	42.5	45.4	47.2
Rarely copes by eating more/less than usual	20.6	20.2	23.5	19.9	21.0
Sometimes copes by eating more/less than usual	19.9	23.7	25.0	24.0	22.7
Often copes by eating more/less than usual	7.9	8.2	8.7	10.2	8.9
Never copes by jogging/exercise	50.3	45.7	41.6	43.3	45.7
Rarely copes by jogging/exercise	15.6	15.8	15.0	14.2	15.0
Sometimes copes by jogging/exercise	23.1	25.1	27.6	25.6	25.1
Often copes by jogging/exercise	10.9	13.2	15.5	16.4	13.9
Never copes by praying/spiritual help	72.2	39.9	19.8	9.9	37.2
Rarely copes by praying/spiritual help	17.6	34.3	22.8	6.2	16.5
Sometimes copes by praying/spiritual help	7.8	22.1	39.7	23.4	21.3
Often copes by praying/spiritual help	2.3	3.6	17.3	60.0	24.7
Never copes by blaming oneself	21.6	18.5	18.3	23.9	21.4
Rarely copes by blaming oneself	29.0	29.1	30.0	25.7	28.2
Sometimes copes by blaming oneself	39.4	39.3	39.6	36.2	38.4
Often copes by blaming oneself	9.6	12.9	11.7	13.6	11.7

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	5.5	na	5.5	16.0	8.7
A former drinker, not now	8.9	8.1	10.5	16.8	11.8
Occasional drinker	16.7	20.2	19.9	22.0	19.5
Regular drinker	68.8	68.7	64.0	44.9	59.9
Non-drinker or < 5 drinks per occasion last year	76.9	83.3	86.6	93.8	85.2
Heavy drinker, never drunk most of 1 mo.	21.6	15.5	12.8	5.4	13.8
Usually drunk at least 1 mo. last year	1.0	na	na	na	0.6
Never drunk at work/school/child care in life	88.7	93.1	93.8	96.9	92.9
Drunk 1 to 2 times at work, etc in life	4.2	na	2.6	na	2.6
Drunk 3 to 10 times in life	4.0	na	1.7	1.2	2.4
Drunk over 10 times in life	2.5	na	1.4	na	1.6
Drunk at least once at work, etc, in life	10.7	6.5	5.8	2.8	6.6
Non-drinker or < 5 drinks per occasion past year	76.9	83.3	86.6	93.8	85.2
Heavy drinker, never drunk at work/school/child care	16.9	12.5	10.4	4.6	11.0
Drunk 1+ times at work/school/child care past year	5.9	3.7	2.7	1.3	3.5
Non-drinker or < 5 drinks per occasion past year	76.9	83.3	86.6	93.8	85.2
Never drank more than promised past year	18.3	12.5	11.0	4.6	11.7
Drank more, despite promise not to past year	4.3	3.7	2.1	1.3	2.8
Non-drinker or < 5 drinks per occasion past year	76.9	83.3	86.6	93.8	85.2
Never drank much more than intended past year	17.6	13.1	10.4	4.6	11.3
Drank much more than intended past year	5.0	3.0	2.7	1.3	3.1
Non-drinker or < 5 drinks per occasion past year	76.9	83.3	86.6	93.8	85.2
Never drank so much to risk getting hurt past year	19.3	13.5	11.8	4.5	12.3
Drank so as to risk getting hurt past year	3.3	na	1.3	1.4	2.2
Never used marijuana in life	42.5	48.3	54.3	65.4	53.1
Used marijuana once in life	10.3	12.2	11.5	8.6	10.2
Used marijuana more than once in life	47.1	39.2	34.1	25.9	36.5
Has not used illicit drugs in life	41.9	47.8	53.5	65.0	52.6
Used illicit drugs at least once in life	57.9	51.9	46.3	34.9	47.2
Has not used illicit drugs in life (excl. marij.)	51.4	58.8	64.2	72.9	61.9
Used illicit drugs (excl. marij.) at least once in life	48.5	41.0	35.7	26.9	37.9
Has not used illicit drugs past year	88.7	92.0	92.9	94.9	92.0
Used illicit drugs at least once past year	11.1	7.8	6.8	4.8	7.8
Has not used illicit drugs past year (excl. marij.)	88.9	92.6	93.6	95.1	92.3
Used illicit drugs (excl. marij.) at least once past year	10.9	7.2	6.1	4.6	7.4

### Notes:

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"na" = sample under 30 respondents.

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	41.9	47.8	53.6	65.1	52.6
Has not used illicit drugs for 1 year in life	44.5	41.9	38.4	28.3	37.6
Used illicit drugs for 1 year in life	13.3	10.0	7.9	6.4	9.6
Has used drugs despite promise not to	1.8	na	na	na	1.0
Has used drugs more often than intended	1.8	na	na	0.8	1.2
Insufficient weight (bmi), age 20-64	4.6	5.7	4.4	5.3	4.9
Acceptable weight, age 20-64	31.4	30.9	31.9	30.5	31.2
Some excess weight, age 20-64	16.4	13.9	13.0	14.0	14.7
Overweight, age 20-64	31.7	29.7	29.6	27.7	29.7
Weight not stated, age 20-64	12.0	14.4	16.6	16.3	14.7
Never had fear of being too fat	77.3	79.2	73.8	73.9	75.6
Never had fear of being too fat past year	9.6	10.1	10.3	11.7	10.5
Had fear of being too fat past year	13.0	10.7	15.8	14.2	13.8
Has not gambled in life	29.5	26.4	29.1	22.4	26.8
Non-gambler now	15.2	12.5	16.5	31.7	20.7
Non-problem gambler	49.1	57.3	50.8	42.8	48.1
Low-risk gambler	3.6	na	1.5	1.8	2.4
Problem gambler	2.2	na	1.2	1.0	1.6
Low-risk or problem gambler	5.8	3.8	2.7	2.8	4.0
Non-gambler past year	64.5	64.3	68.3	76.5	69.3
Never felt gambling guilt past year	32.6	34.3	29.2	21.4	28.3
Sometimes-always felt gambling guilt past year	2.6	na	1.8	1.7	2.0
Never felt gambled too much past year	33.4	34.3	29.9	22.3	29.1
Sometimes-always gambled too much past year	1.8	na	na	0.9	1.3
Rarely felt loved and appreciated past month	3.4	na	2.4	2.5	2.9
Felt loved and appreciated past month	11.6	9.3	10.4	9.0	10.3
Often felt loved and appreciated past month	29.9	27.7	33.1	24.8	28.8
Almost always felt loved and appreciated past month	55.1	60.2	54.0	63.4	58.0
Suicide					
Has never seriously considered suicide	91.9	92.7	92.2	90.7	91.6
Has seriously considered suicide	8.0	6.9	7.8	9.1	8.2
Has never attempted suicide	97.0	97.4	97.5	95.9	96.8
Has attempted suicide	2.8	na	2.4	3.9	3.0

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	5.0	4.0	3.1	3.4	4.0
Felt at peace half the time past month	12.7	14.8	14.5	9.9	12.4
Often felt at peace past month	32.2	32.9	34.6	27.4	31.3
Almost always felt at peace past month	50.0	48.1	47.7	59.0	52.3
Rarely felt emotionally balanced past month	4.6	4.4	4.6	4.8	4.7
Felt balanced half the time past month	15.9	16.4	15.8	12.8	14.9
Often felt balanced past month	32.3	31.0	36.1	29.2	32.0
Almost always felt balanced past month	47.1	48.1	43.5	53.0	48.3
Rarely felt useful past month	2.6	na	2.7	3.4	2.9
Felt useful past month	9.3	9.2	11.0	7.0	8.9
Often felt useful past month	34.9	30.5	35.6	26.3	31.9
Almost always felt useful past month	53.1	57.5	50.6	63.1	56.2
Lowest income adequacy	1.8	na	1.2	3.2	2.2
Lower middle income adequacy	6.5	5.3	5.5	7.7	6.6
Middle income adequacy	17.2	17.7	16.3	21.4	18.4
Upper middle income adequacy	36.1	36.0	37.1	33.3	35.4
Highest income adequacy	35.0	36.1	35.3	29.6	33.4
Household income or size not stated	3.4	na	4.5	4.8	4.0
Household income last year under \$10,000	1.6	na	1.1	2.6	1.8
Household income income \$10,000-14,999	2.8	4.2	2.6	3.4	3.1
Household income income \$15,000-19,999	3.0	na	2.4	2.9	2.7
Household income income \$20,000-29,999	6.6	5.3	6.5	9.0	7.2
Household income income \$30,000-39,999	10.0	8.7	8.0	10.7	9.7
Household income income \$40,000-49,999	8.3	7.6	9.4	9.8	9.0
Household income income \$50,000-59,999	9.9	13.0	10.6	9.6	10.2
Household income income \$60,000-79,999	20.2	20.3	20.5	17.6	19.4
Household income income \$80,000 or more	34.3	34.7	34.3	29.1	32.6
Household income not stated	3.4	na	4.6	5.2	4.2
No welfare income received last year	94.6	94.5	95.1	93.4	94.3
Welfare income received last year	4.6	5.0	4.1	5.9	4.9
Parents aged 15 to 75	98.1	98.5	98.1	96.8	97.7
Not in the labour force	11.9	13.1	17.1	20.1	15.8
In the labour force	86.3	85.4	81.0	76.7	81.9
Employed	83.0	82.8	78.1	73.4	78.7
Unemployed	3.2	2.5	2.9	3.3	3.1
Permanently unable to work (aged 15-75)	1.1	S	na	1.8	1.3
Parents 75 years of age and over	na	na	na	1.4	1.1

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	3.6	4.7	6.2	7.6	5.6
Personal income under \$5,000	3.3	2.3	4.3	5.0	4.0
Personal income \$5,000-9,999	4.8	4.4	4.6	5.9	5.1
Personal income \$10,000-14,999	6.6	7.1	7.4	8.6	7.5
Personal income \$15,000-19,999	5.7	4.0	5.9	6.3	5.8
Personal income income \$20,000-29,999	13.5	14.3	15.3	15.6	14.6
Personal income income \$30,000-39,999	15.4	15.8	14.7	13.9	14.8
Personal income income \$40,000-49,999	13.0	14.2	11.7	10.0	11.8
Personal income income \$50,000-59,999	8.4	9.2	8.3	8.5	8.5
Personal income income \$60,000-79,999	12.8	12.1	10.0	9.3	11.0
Personal income income \$80,000 or more	9.6	9.1	7.2	4.7	7.4
Personal income not stated	3.3	na	4.3	4.8	4.0
Employee	71.4	74.1	69.3	63.5	68.6
Self-employed	16.2	13.6	13.7	14.8	15.0
Occupation: management	10.9	12.3	10.6	8.3	10.1
Professional including accountants	12.7	17.1	18.0	16.8	15.6
Technologist/technician	9.8	7.6	6.3	6.7	7.8
Administrative/financial/clerical	9.1	9.2	11.5	10.1	10.0
Sales or service	15.4	16.5	14.6	14.2	14.9
Trades/transport/equipment operator	15.7	14.1	9.6	8.7	11.9
Farming/forestry/fishing/mining	2.9	na	2.6	2.5	2.6
Processing/manufacturing/utilities	5.9	4.6	4.3	4.8	5.1
Other occupation	5.4	5.0	5.7	6.4	5.8
Usually works under 30 hours/week main job	9.7	7.6	11.2	13.8	11.2
Usually works 30-38 hours/week main job	14.8	16.3	18.4	16.9	16.4
Usually works 39-42 hours/week main job	31.3	31.7	24.9	22.5	27.0
Usually works over 42 hours/week main job	32.0	31.8	28.5	25.1	29.0
Usually does not work weekends	54.4	54.6	52.1	46.2	51.2
Usually works weekends	33.3	33.3	31.0	32.4	32.5
No work stress, main job, past year	7.7	6.4	5.2	7.5	7.0
Not much work stress, past year	15.6	11.2	12.4	14.8	14.2
A little work stress, past year	35.8	38.3	35.3	28.5	33.5
Much work stress, past year	22.8	24.3	24.6	22.6	23.2
Extreme work stress, past year	5.5	6.6	4.8	4.2	5.0
High job skill required: strongly agrees	33.5	32.2	30.4	31.1	31.9
High job skill required: agrees	33.4	36.2	35.9	32.0	33.8
High job skill required: neither agrees/disagrees	7.3	10.1	7.2	5.8	7.0
High job skill required: disagrees	11.6	7.6	7.5	7.6	9.0
High job skill required: strongly disagrees	1.3	na	na	na	1.1

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	21.9	23.0	20.2	19.5	20.8
Job was very hectic: agrees	31.9	33.5	32.2	28.4	31.0
Job was very hectic: neither agrees/disagrees	13.8	15.3	15.0	12.4	13.7
Job was very hectic: disagrees	17.2	12.5	13.3	15.4	15.3
Job was very hectic: strongly disagrees	2.1	na	1.4	1.7	1.9
Job free of conflicting demands: strongly agrees	8.5	6.4	5.1	7.6	7.3
Job free of conflicting demands: agrees	27.8	25.0	27.7	27.3	27.4
Job free of conflicting demands: neither agrees/disag.	12.5	11.9	14.3	9.8	12.0
Job free of conflicting demands: disagrees	30.1	34.8	28.0	25.1	28.4
Job free of conflicting demands: strongly disagrees	7.8	9.2	6.8	7.6	7.6
Job security good: strongly agrees	30.4	31.7	27.8	24.9	28.1
Job security good: agrees	36.6	35.0	34.6	34.4	35.3
Job security good: neither agrees/disagrees	7.2	8.8	7.7	8.2	7.8
Job security good: disagrees	8.7	8.6	9.0	6.5	8.0
Job security good: strongly disagrees	4.1	3.2	2.9	3.3	3.5
Job conflict with co-workers: strongly agrees	5.0	2.9	4.2	5.2	4.7
Job conflict with co-workers: agrees	21.8	22.6	19.6	15.7	19.4
Job conflict with co-workers: neither agrees/disag.	11.6	16.0	10.4	8.7	10.8
Job conflict with co-workers: disagrees	34.1	33.0	34.5	34.5	34.2
Job conflict with co-workers: strongly disagrees	14.5	12.9	13.4	13.4	13.8
Job supervisor was helpful: strongly agrees	13.6	13.2	13.5	14.3	13.8
Job supervisor was helpful: agrees	36.9	37.8	38.6	35.5	36.9
Job supervisor was helpful: neither agrees/disag.	18.4	20.1	16.1	15.9	17.2
Job supervisor was helpful: disagrees	12.0	10.3	8.4	6.8	9.3
Job supervisor was helpful: strongly disagrees	5.6	5.8	4.9	4.3	5.0
Job requires repetative tasks: strongly agrees	18.9	15.1	14.9	18.4	17.5
Job requires repetative tasks: agrees	34.6	36.3	36.8	33.9	35.0
Job requires repetative tasks: neither agrees/disag.	10.7	11.3	11.9	8.9	10.4
Job requires repetative tasks: disagrees	18.3	21.1	16.0	14.0	16.6
Job requires repetative tasks: strongly disagrees	4.6	3.5	2.5	2.4	3.3
Not satisfied at all with job	2.1	na	1.3	1.1	1.6
Not too satisfied at all with job	5.8	4.6	4.1	4.9	5.0
Somewhat satisfied with job	37.8	38.0	36.3	26.8	33.9
Very satisfied with job	41.4	43.3	40.3	44.6	42.4

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Selected indicators (rates or ratios)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Labour force					
Labour force participation rate	87.9	86.7	82.6	79.2	83.8
Employment rate	96.2	97.0	96.4	95.6	96.2
Unemployment rate	3.8	3.0	3.6	4.4	3.8
Permanently unable to work / labour force (%)	1.2	S	na	2.3	1.6
Population over 65 per employed (%)	3.3	na	3.9	7.1	4.8
Population over 75 per employed (%)	na	na	na	2.0	1.3
Population over 80 per employed (%)	na	S	na	0.9	0.7
Employees per self employed	4.4	5.4	5.1	4.3	4.6
Occupation: management per employed (%)	13.1	14.8	13.5	11.3	12.8
Professional including accountants per employed	15.3	20.6	23.0	22.9	19.8
Technologist/technician per employed	11.8	9.2	8.0	9.2	9.9
Administrative/financial/clerical per employed	11.0	11.1	14.7	13.8	12.7
Sales or service per employed	18.6	19.9	18.7	19.4	19.0
Trades/transport/equipment operator / employed	18.9	17.1	12.3	11.8	15.1
Farming/forestry/fishing/mining per employed	3.4	na	3.3	3.4	3.3
Processing/manufacturing/utilities per employed	7.1	5.5	5.5	6.5	6.4
Other occupations per employed	6.5	6.0	7.4	8.7	7.3
Works over 42 hrs/week: per employed (%)	38.6	38.4	36.5	34.2	36.8
Usually works weekends per employed (%)	40.1	40.2	39.7	44.1	41.2
Welfare rate -- welfare recipients, % income recipients	4.7	5.0	4.1	5.9	5.0
Highest household income quintile / Lowest	19.5	15.9	29.1	9.4	15.5
Canadian-born population per immigrant	443	402	376	175	300
Potential worship dropouts per weekly worshipper	2.6	2.8	2.1	1.3	1.5
Potential monthly worshippers per weekly worshipper	14.7	5.4	2.8	0.5	1.4
"Very religious" population / "Not religious at all"	0.0	0.4	0.8	12.9	1.2
Married / Single never married	24.1	28.5	27.0	32.1	27.5
Married / Widowed	47.7	na	44.5	22.6	34.1
Married / Common-law	5.3	5.6	8.7	18.0	7.9
Married / (Separated or divorced)	14.0	10.2	12.0	9.5	11.4
Post-secondary degree/dip / <High school diploma	3.1	4.7	4.4	3.7	3.7
Very satisfied with life in general / Dissatisfied	7.2	11.1	10.0	8.6	8.5
Excellent physical health / Fair or poor health	1.8	2.4	1.4	1.8	1.8
Excellent mental health / Fair or poor health	4.6	5.0	3.5	5.3	4.6
Days very stressful past month / Not at all	3.0	4.0	4.0	3.0	3.3

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = not available or smallest sample in ratio or rate is under 30.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	1,249,302	350,391	1,107,375	1,738,701	4,445,769
Newfoundland	17,644	na	28,760	30,064	82,244
Prince Edward Island	3,689	na	5,721	7,937	19,355
Nova Scotia	33,998	11,614	39,379	52,098	137,089
New Brunswick	21,088	na	37,955	39,899	108,461
Québec	293,501	120,665	274,122	344,115	1,032,403
Ontario	492,687	110,763	433,448	762,558	1,799,456
Manitoba	40,006	na	44,245	70,190	166,014
Saskatchewan	33,664	na	40,447	54,779	135,843
Alberta	119,567	31,503	104,105	175,131	430,306
British Columbia	193,458	40,017	99,193	201,930	534,598
Atlantic provinces	76,420	28,917	111,815	129,998	347,150
Prairie provinces	193,237	50,029	188,797	300,100	732,163
Selected metro areas:					
Montréal	146,038	na	133,427	199,709	523,879
Ottawa-Hull	43,732	na	53,382	63,415	173,830
Oshawa	21,174	na	na	18,164	50,218
Toronto	182,372	44,865	163,140	348,488	738,865
St Catherines	14,489	S	na	23,318	48,891
Kitchener	17,295	na	21,664	25,139	67,244
Winnipeg	29,205	na	24,837	46,572	110,468
Calgary	30,467	na	na	49,747	121,497
Edmonton	47,295	na	45,719	52,784	152,347
Vancouver	106,192	na	52,566	100,882	281,403
All non-metro areas	440,416	132,242	413,073	577,503	1,563,234
Urban core areas	866,655	229,991	763,884	1,215,329	3,075,859
Urban fringe areas	30,577	na	21,899	47,590	114,067
Rural fringe areas	100,995	35,010	82,338	161,856	380,199
Urban areas outside metro areas and large cities	96,261	28,551	107,064	144,512	376,388
Rural areas outside metro areas and large cities	154,816	42,837	132,191	169,415	499,259
Single detached dwelling	707,370	216,771	674,387	966,750	2,565,278
Dwelling a double	72,453	na	55,355	89,960	232,278
Row or terrace	71,230	na	72,621	130,234	285,855
Duplex	41,631	na	16,535	46,548	113,119
Low-rise apartment, under 5 stories	84,721	22,269	73,662	138,260	318,912
High-rise apartment	45,533	na	36,897	91,345	185,549
Total dwelling types above listed	1,022,938	285,499	929,457	1,463,097	3,700,991
Bedrooms: 1	36,914	na	na	45,433	116,925
Bedrooms: 2	269,743	49,283	163,109	281,396	763,531
Bedrooms: 3	617,026	187,417	621,351	820,922	2,246,716
Bedrooms: 4	256,243	82,263	246,435	456,087	1,041,028
Bedrooms: 5 or more	66,373	na	52,257	131,015	268,332

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	321,948	71,475	218,665	427,538	1,039,626
Dwelling owned	927,355	278,916	888,709	1,311,164	3,406,144
Household size: 2	133,516	41,114	108,180	211,127	493,937
Household size: 3	476,319	112,493	426,900	570,091	1,585,803
Household size: 4	475,813	152,685	418,975	565,008	1,612,481
Household size: 5	133,814	39,092	122,279	275,779	570,964
Household size: 6 or more	29,841	na	31,041	116,697	182,585
No child(ren) under 12	481,565	125,885	470,568	905,127	1,983,145
Child(ren) under 6	320,272	76,118	248,493	255,323	900,206
Child(ren) 6 to 11	292,474	105,615	247,186	370,393	1,015,668
Child(ren) under 6 and 6 to 11	154,992	42,773	141,128	207,859	546,752
Parents with child(ren) under 12	767,738	224,506	636,807	833,575	2,462,626
Age 15-19	na	S	S	na	15,358
20-24	62,351	14,860	26,963	20,607	124,781
25-29	120,281	34,245	82,205	94,473	331,204
30-34	197,244	54,873	172,083	190,732	614,932
35-39	277,487	79,858	215,702	309,254	882,301
40-44	249,992	75,561	259,476	351,520	936,549
45-49	171,975	36,284	145,505	288,709	642,473
50-54	87,182	na	100,457	222,476	440,048
55-59	na	na	58,492	101,983	190,994
60-64	na	na	na	56,511	85,764
65-69	na	na	na	27,564	52,607
70-74	na	S	na	33,190	60,701
75-79	na	S	na	25,224	36,620
80 plus	na	S	na	14,680	31,439
Married	841,118	230,714	815,541	1,298,837	3,186,210
Common-law	183,205	51,275	107,546	77,640	419,666
Widowed	32,617	na	28,395	91,020	160,844
Separated	58,050	24,827	35,662	86,542	205,081
Divorced	55,995	na	62,645	115,702	250,791
Single, never married	76,310	18,313	51,877	66,622	213,122
Mothers	1,249,304	350,391	1,107,375	1,738,702	4,445,772
Fathers	S	S	S	S	S
Converses in English only	702,095	141,669	539,216	791,432	2,174,412
Converses in French only	147,276	61,449	130,167	157,447	496,339
Converses in English and French	181,818	74,213	190,159	211,866	658,056
Converses in English, French and other language(s)	27,980	na	43,501	106,460	187,459
Converses in English and other language(s)	157,685	46,999	174,083	414,014	792,781

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	1,015,637	292,617	880,879	1,140,872	3,330,005
Immigrant, arrived before 1960	na	na	na	39,439	78,400
Immigrant, arrived from 1960 to 1979	73,221	na	46,156	221,679	354,256
Immigrant, arrived from 1980 to 2002	148,250	34,727	163,421	336,239	682,637
Immigrants	233,666	57,774	226,496	597,357	1,115,293
Aboriginal ethnicity, perhaps others	69,559	na	37,319	74,209	193,022
"Canadian" ethnicity, perhaps others	404,906	122,767	373,190	360,222	1,261,085
"French" ethnicity, perhaps others	256,887	108,920	254,714	302,508	923,029
"English" ethnicity, perhaps others	318,909	65,976	250,450	356,461	991,796
"Welsh" ethnicity, perhaps others	na	na	na	na	51,455
"Scotch" ethnicity, perhaps others	215,554	51,692	130,435	259,208	656,889
"Irish" ethnicity, perhaps others	184,594	54,124	164,230	249,284	652,232
"Italian" ethnicity, perhaps others	33,472	na	41,559	65,643	158,502
"Ukrainian" ethnicity, perhaps others	50,685	na	43,652	58,813	163,610
"German" ethnicity, perhaps others	101,893	32,312	94,896	179,789	408,890
"Dutch" ethnicity, perhaps others	21,099	na	25,144	63,155	120,467
"Polish" ethnicity, perhaps others	31,047	na	44,150	44,031	129,712
"Norwegian" ethnicity, perhaps others	na	na	na	25,641	62,056
"Chinese" ethnicity, perhaps others	96,556	na	na	54,961	194,382
"South Asian" ethnicity, perhaps others	na	na	na	104,421	146,735
Not a student	1,159,120	315,836	1,049,354	1,638,886	4,163,196
Part-time student	49,975	na	35,726	68,963	180,657
Full-time student	40,209	na	22,188	30,853	101,811
Less than secondary diploma	217,654	37,351	151,002	303,697	709,704
Secondary school diploma	308,333	72,958	239,301	331,962	952,554
Some post-secondary education	89,220	24,024	73,261	123,349	309,854
Post-secondary degree or diploma	617,141	212,032	641,356	969,020	2,439,549
Very strong belonging to locality	140,025	46,716	139,232	444,864	770,837
Somewhat strong belonging to locality	515,144	155,198	536,319	702,588	1,909,249
Somewhat weak belonging to locality	371,482	97,396	287,041	391,059	1,146,978
Very weak belonging to locality	220,203	46,255	141,347	198,815	606,620
Very satisfied with life in general	381,705	122,064	323,622	627,255	1,454,646
Satisfied with life in general	669,855	184,538	610,220	893,294	2,357,907
Neither satisfied nor dissatisfied with life	138,589	33,456	136,629	134,119	442,793
Dissatisfied with life in general	58,766	na	36,903	82,500	188,501
Has fewer than 3 close friends	190,587	51,110	150,998	248,619	641,314
Has 3 to 5 close friends	517,812	137,696	450,152	653,425	1,759,085
Has 6 to 9 close friends	216,594	70,594	197,097	302,720	787,005
Has 10 to 15 close friends	261,761	69,681	235,718	399,023	966,183
Has more than 15 close friends	55,664	na	71,604	120,658	269,236

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	na	na	na	na	59,820
French Catholic	249,333	120,312	261,271	260,221	891,137
Other Catholic	208,961	76,971	298,621	478,192	1,062,745
United Church	167,008	47,918	138,529	139,774	493,229
Anglican	107,981	25,992	88,384	92,997	315,354
Presbyterian	30,050	S	20,042	33,553	84,933
Lutheran	19,743	na	38,297	27,283	95,429
Baptist	18,987	na	25,426	99,401	152,662
Pentecostal	na	S	na	80,159	103,388
Jehovah Witness	S	S	S	na	23,519
Christian, other	45,145	na	73,896	266,221	400,545
Islam	na	S	na	75,215	100,049
Hindu-Buddhist-Sikh	na	na	46,038	73,180	153,100
Jewish	na	S	S	na	na
No religion: prays	54,075	na	33,206	52,220	156,217
No religion	285,417	na	27,672	na	323,173
Religious affiliation not stated	S	S	S	S	na
No religious affiliation	339,492	na	60,878	58,990	479,390
Roman Catholic	458,294	197,283	559,892	738,413	1,953,882
Liberal protestant	324,783	85,305	285,252	293,608	988,948
Conservative Christian	72,547	26,995	114,212	466,357	680,111
Christian	855,624	309,583	959,356	1,498,378	3,622,941
Non-Christian	42,007	na	64,802	158,204	279,233
Worshipped weekly or more often past year	23,823	22,875	174,700	878,804	1,100,202
Worshipped monthly past year	29,103	49,267	203,641	269,415	551,426
Worshipped 3 to 4 times past year	185,732	74,327	310,810	210,223	781,092
Worshipped once past year	114,116	55,911	111,483	97,568	379,078
Did not worship past year (religiously affiliated)	555,523	127,787	245,671	221,020	1,150,001
Never worshipped, or no religious affiliation	1,194,863	278,056	728,841	587,802	2,789,562
Worshipped at least weekly or monthly past year	52,927	72,142	378,340	1,148,219	1,651,628
Worshipped monthly & prays often	na	na	114,938	859,057	985,535
Worshipped monthly & prays sometimes	na	20,331	173,820	224,714	432,843
Worshipped monthly & prays rarely	na	20,539	57,127	na	112,456
Worshipped monthly & does not pray	21,802	na	31,125	39,568	117,002
Potential dropouts from monthly worship	52,927	72,142	377,010	1,145,757	1,647,836
Worshipped < monthly past year, prays often	na	na	87,950	165,289	261,302
Worshipped < monthly past year, prays sometimes	148,359	85,396	283,090	110,238	627,083
Non-worshipper past year, prays often	na	S	54,702	120,767	194,462
Non-worshipper past year, prays sometimes	213,505	90,835	177,381	108,612	590,333
Potential monthly worshipper	384,557	180,594	603,123	504,906	1,673,180

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	227,625	na	34,884	34,236	315,180
Not very religious	503,776	174,418	298,923	142,779	1,119,896
Somewhat religious	169,464	132,837	689,853	954,267	1,946,421
Very religious	na	S	na	534,318	566,969
Role of spiritual values in one's life					
Spiritual values are important in my life	44,174	350,391	1,107,375	1,738,702	3,240,642
Spiritual values are unimportant in my life	1,205,130	S	S	S	1,205,130
Sp. values help understand life's difficulties: no	1,227,397	20,186	na	na	1,263,175
Sp. values help understand life's difficulties:a little	na	280,769	138,042	31,628	467,182
Sp. values help understand life's difficulties:some	na	45,113	861,488	241,243	1,151,311
Sp. values help understand life's difficulties: a lot	S	S	98,001	1,459,100	1,560,106
Sp. values help me find meaning in my life: no	1,214,377	na	S	S	1,221,139
Sp. values help me find meaning in my life: a little	na	217,146	45,621	na	303,529
Sp. values help me find meaning in my life: some	na	122,412	875,753	149,890	1,157,843
Sp. values help me find meaning in my life: a lot	S	na	185,711	1,566,804	1,761,378
Physical Health					
Physical health is "excellent"	238,214	78,794	169,329	326,508	812,845
Physical health is "very good"	452,390	140,229	426,937	655,924	1,675,480
Physical health is "good"	428,507	97,548	386,592	568,387	1,481,034
Physical health is "fair" or "poor"	130,194	33,819	124,516	187,882	476,411
Physically inactive (index)	636,149	153,068	560,541	866,271	2,216,029
Moderately active physically (index)	303,363	113,643	322,319	494,466	1,233,791
Active physically (index)	309,452	83,679	224,515	377,964	995,610
Never has an activity limitation	973,992	273,037	862,259	1,249,672	3,358,960
Sometimes has an activity limitation	161,251	50,007	157,004	308,847	677,109
Often has an activity limitation	114,060	27,347	88,111	178,232	407,750
Never physically active > 15 min. / occasion, past mo.	127,669	na	83,268	187,399	419,033
Physically active >15 minutes, 1 to 5 times a month	154,623	31,818	124,186	189,555	500,182
Physically active >15 minutes, 6 to 15 times a month	249,996	69,751	238,585	322,472	880,804
Physically active >15 minutes, 16 to 29 times a month	258,831	91,322	299,544	445,889	1,095,586
Physically active >15 minutes, 30 or more times a mo.	457,845	136,802	361,791	593,386	1,549,824

### Notes:

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"na" = sample under 30 respondents.

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	379,668	128,293	327,770	489,526	1,325,257
Has a diagnosed chronic health problem	869,636	222,098	779,604	1,249,176	3,120,514
Has food allergies	103,378	25,165	95,590	171,542	395,675
Has non-food allergies	425,574	116,065	346,826	596,651	1,485,116
Asthma	110,743	20,895	88,829	166,889	387,356
Bronchitis	37,895	na	22,920	47,278	116,196
Diabetes	38,271	na	27,137	80,078	151,217
Heart disease	30,593	S	S	46,558	102,619
High blood pressure	108,043	na	109,370	191,196	432,090
Diagnosed migraines	227,220	73,949	184,753	313,073	798,995
Cancer	na	S	na	34,461	58,861
Stomach/intestinal ulcers	38,362	na	48,084	50,144	148,305
Bowel disorder/Crohn's/colitis	35,448	na	27,994	62,914	142,675
Thyroid	71,798	na	91,369	147,442	338,422
Arthritis/rheumatism	173,155	45,986	150,276	343,564	712,981
Back problems excluding arthritis	239,942	77,756	225,351	377,997	921,046
Mental Health					
Mental health is "excellent"	329,110	110,815	221,649	483,350	1,144,924
Mental health is "very good"	478,060	122,091	470,409	717,630	1,788,190
Mental health is "good"	368,284	93,306	333,878	419,465	1,214,933
Mental health is "fair" or "poor"	73,849	24,178	81,438	118,257	297,722
Rarely felt emotionally balanced past month	76,321	17,216	72,702	98,966	265,205
Felt emotionally balanced half the time	217,084	76,889	226,712	270,061	790,746
Felt emotionally balanced frequently	404,582	105,353	380,748	536,312	1,426,995
Felt emotionally balanced almost always past mo.	548,765	149,946	426,537	830,627	1,955,875
Most days not stressful at all past month	93,903	na	62,556	142,258	323,498
Most days not very stressful past month	269,546	73,533	215,390	373,768	932,237
Most days a bit stressful past month	558,363	158,389	495,166	728,841	1,940,759
Most days quite a bit/extremely stressful past mo.	327,492	93,687	334,263	493,835	1,249,277
Most important source of daily stress: time pressure	242,254	71,786	224,297	337,923	876,260
Most important stress: my physical health	53,544	na	52,219	105,838	215,942
Most important stress: finances, not enough money	196,661	51,679	174,937	243,803	667,080
Most important stress: my work situation	212,568	78,687	172,373	265,134	728,762
Most important stress: school	na	S	na	na	29,002
Most important stress: care for my children	149,369	40,845	118,013	139,631	447,858
Most important stress: care for others	100,309	32,085	103,699	154,930	391,023
Most important stress: my relationships with others	56,181	na	44,541	85,064	200,129
Most important stress: health of my family	45,529	na	65,152	121,201	248,890
Most important stress: (no day-to-day stress)	79,859	na	67,062	124,820	290,510

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	104,449	31,111	111,579	145,195	392,334
"Good" ability to handle difficult problems	391,664	103,548	379,376	480,450	1,355,038
"Very good" ability to handle difficult problems	549,113	154,393	470,559	761,746	1,935,811
"Excellent" ability to handle difficult problems	203,532	60,352	143,154	349,073	756,111
"Poor/fair" ability to handle day-to-day problems	42,904	na	59,469	73,518	185,348
"Good" ability to handle day-to-day problems	348,939	79,477	326,333	442,888	1,197,637
"Very good" ability to handle day-to-day problems	614,750	178,316	518,558	806,068	2,117,692
"Excellent" ability to handle day-to-day problems	242,164	82,153	200,309	413,990	938,616
Rarely copes by trying to solve the problem	38,073	na	26,105	35,293	108,810
Sometimes copes by trying to solve the problem	257,203	63,820	198,452	276,941	796,416
Often copes by trying to solve the problem	946,567	276,244	879,765	1,410,021	3,512,597
Rarely copes by talking to others	160,029	39,577	134,222	195,227	529,055
Sometimes copes by talking to others	362,817	99,657	284,498	444,017	1,190,989
Often copes by talking to others	725,236	210,169	685,672	1,083,910	2,704,987
Never copes by smoking (non-smoker)	807,745	253,850	780,500	1,335,249	3,177,344
Never copes by smoking (a smoker)	146,952	29,138	105,760	129,255	411,105
Rarely copes by smoking more than usual	48,446	na	47,229	55,299	159,887
Sometimes copes by smoking more than usual	107,014	26,135	80,319	97,130	310,598
Often copes by smoking more than usual	137,743	31,368	90,585	117,593	377,289
Never copes by drinking alcohol	950,569	269,472	848,473	1,451,548	3,520,062
Rarely copes by drinking alcohol	179,202	47,990	167,672	183,080	577,944
Often/sometimes copes by drinking alcohol	118,311	31,942	88,247	100,804	339,304
Never copes by eating more/less than usual	491,199	135,038	371,169	683,483	1,680,889
Rarely copes by eating more/less than usual	267,237	68,043	263,695	323,585	922,560
Sometimes copes by eating more/less than usual	341,006	97,630	339,805	495,228	1,273,669
Often copes by eating more/less than usual	148,640	48,692	129,331	232,799	559,462
Never copes by jogging/exercise	616,949	138,423	455,316	721,756	1,932,444
Rarely copes by jogging/exercise	174,673	57,018	143,401	238,282	613,374
Sometimes copes by jogging/exercise	308,121	103,246	315,791	466,813	1,193,971
Often copes by jogging/exercise	148,339	50,716	189,884	307,848	696,787
Never copes by praying/spiritual help	829,239	120,982	153,617	121,982	1,225,820
Rarely copes by praying/spiritual help	255,661	121,917	230,558	81,332	689,468
Sometimes copes by praying/spiritual help	133,776	95,376	461,053	384,649	1,074,854
Often copes by praying/spiritual help	27,468	na	257,590	1,146,999	1,443,185
Never copes by blaming oneself	230,087	55,483	179,001	374,863	839,434
Rarely copes by blaming oneself	369,157	100,742	301,126	424,724	1,195,749
Sometimes copes by blaming oneself	503,120	147,870	460,145	672,752	1,783,887
Often copes by blaming oneself	138,540	45,308	163,517	261,503	608,868

**Notes:**

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	117,101	na	78,112	312,478	526,356
A former drinker, not now	129,197	33,658	145,541	297,065	605,461
Occasional drinker	303,974	89,546	287,192	451,624	1,132,336
Regular drinker	698,565	208,522	596,529	677,401	2,181,017
Non-drinker or < 5 drinks per occasion last year	1,107,996	327,309	1,032,242	1,686,460	4,154,007
Heavy drinker, never drunk most of 1 mo.	130,038	19,467	72,624	45,850	267,979
Usually drunk at least 1 mo. last year	na	na	na	na	16,979
Never drunk at work/school/child care in life	1,179,179	339,579	1,078,195	1,715,734	4,312,687
Drunk 1 to 2 times at work, etc in life	27,151	na	na	na	48,965
Drunk 3 to 10 times in life	26,339	na	na	na	49,059
Drunk over 10 times in life	na	S	na	na	26,236
Drunk at least once at work, etc, in life	64,224	na	26,884	22,340	124,260
Non-drinker or < 5 drinks per occasion past year	1,107,996	327,309	1,032,242	1,686,460	4,154,007
Heavy drinker, never drunk at work/school/child care	97,134	16,444	57,733	42,074	213,385
Drunk 1+ times at work/school/child care past year	38,911	na	16,484	na	71,572
Non-drinker or < 5 drinks per occasion past year	1,107,996	327,309	1,032,242	1,686,460	4,154,007
Never drank more than promised past year	117,757	15,034	66,629	38,872	238,292
Drank more, despite promise not to past year	18,289	na	na	na	46,666
Non-drinker or < 5 drinks per occasion past year	1,107,996	327,309	1,032,242	1,686,460	4,154,007
Never drank much more than intended past year	113,896	16,992	59,292	37,780	227,960
Drank much more than intended past year	22,150	na	14,925	na	56,999
Non-drinker or < 5 drinks per occasion past year	1,107,996	327,309	1,032,242	1,686,460	4,154,007
Never drank so much to risk getting hurt past year	126,044	18,928	70,604	47,519	263,095
Drank so as to risk getting hurt past year	na	S	na	na	21,862
Never used marijuana in life	602,636	183,766	625,672	1,145,741	2,557,815
Used marijuana once in life	116,685	49,117	140,152	161,792	467,746
Used marijuana more than once in life	527,370	115,685	341,550	429,769	1,414,374
Has not used illicit drugs in life	600,615	181,491	614,565	1,141,320	2,537,991
Used illicit drugs at least once in life	646,076	167,077	492,810	595,982	1,901,945
Has not used illicit drugs in life (excl. marij.)	708,207	225,548	745,939	1,292,566	2,972,260
Used illicit drugs (excl. marij.) at least once in life	538,484	123,020	361,436	444,737	1,467,677
Has not used illicit drugs past year	1,152,689	328,642	1,051,654	1,665,666	4,198,651
Used illicit drugs at least once past year	94,003	19,926	55,721	71,637	241,287
Has not used illicit drugs past year (excl. marij.)	1,155,793	330,844	1,054,948	1,669,152	4,210,737
Used illicit drugs (excl. marij.) at least once past year	90,898	17,724	52,427	68,151	229,200

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	600,615	181,491	614,852	1,143,187	2,540,145
Has not used illicit drugs for 1 year in life	530,999	143,561	429,133	502,721	1,606,414
Used illicit drugs for 1 year in life	115,077	23,516	63,390	91,395	293,378
Has used drugs despite promise not to	na	S	na	na	16,996
Has used drugs more often than intended	na	S	na	na	19,425
Insufficient weight (bmi), age 20-64	98,891	36,609	71,615	113,057	320,172
Acceptable weight, age 20-64	413,184	96,598	353,872	531,659	1,395,313
Some excess weight, age 20-64	95,801	37,149	85,402	169,551	387,903
Overweight, age 20-64	200,363	56,673	230,066	349,454	836,556
Weight not stated, age 20-64	363,097	106,429	311,539	449,075	1,230,140
Never had fear of being too fat	834,298	236,287	725,914	1,175,813	2,972,312
Never had fear of being too fat past year	166,767	53,647	156,684	249,770	626,868
Had fear of being too fat past year	247,814	60,457	224,777	311,795	844,843
Has not gambled in life	352,975	93,842	313,962	358,266	1,119,045
Non-gambler now	223,167	56,753	198,072	556,735	1,034,727
Non-problem gambler	620,389	191,399	571,151	776,430	2,159,369
Low-risk gambler	33,584	na	na	32,589	82,383
Problem gambler	18,268	na	na	14,548	48,890
Low-risk or problem gambler	51,852	na	23,887	47,137	131,273
Non-gambler past year	868,293	243,982	789,202	1,355,702	3,257,179
Never felt gambling guilt past year	353,139	102,783	301,514	354,435	1,111,871
Sometimes-always felt gambling guilt past year	27,583	na	na	28,431	75,997
Never felt gambled too much past year	361,673	101,383	306,318	371,080	1,140,454
Sometimes-always gambled too much past year	19,048	na	na	na	47,412
Rarely felt loved and appreciated past month	51,810	na	37,341	46,047	145,759
Felt loved and appreciated past month	166,812	41,530	137,690	183,084	529,116
Often felt loved and appreciated past month	357,696	97,049	378,035	446,120	1,278,900
Almost always felt loved and appreciated past month	672,986	200,263	554,308	1,061,347	2,488,904
Suicide					
Has never seriously considered suicide	1,146,888	319,061	1,022,765	1,571,245	4,059,959
Has seriously considered suicide	102,019	30,095	84,610	166,175	382,899
Has never attempted suicide	1,199,916	341,645	1,076,314	1,667,039	4,284,914
Has attempted suicide	46,368	na	31,061	70,159	155,099

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	60,048	17,126	39,008	69,122	185,304
Felt at peace half the time past month	179,582	59,120	209,030	190,159	637,891
Often felt at peace past month	415,120	114,050	387,757	498,311	1,415,238
Almost always felt at peace past month	591,614	159,107	471,580	979,859	2,202,160
Rarely felt emotionally balanced past month	76,321	17,216	72,702	98,966	265,205
Felt balanced half the time past month	217,084	76,889	226,712	270,061	790,746
Often felt balanced past month	404,582	105,353	380,748	536,312	1,426,995
Almost always felt balanced past month	548,765	149,946	426,537	830,627	1,955,875
Rarely felt useful past month	43,440	na	27,136	67,644	148,048
Felt useful past month	122,553	35,620	156,469	132,198	446,840
Often felt useful past month	432,450	115,147	389,437	438,223	1,375,257
Almost always felt useful past month	650,436	188,808	534,332	1,098,918	2,472,494
Lowest income adequacy	26,407	na	19,105	53,836	106,865
Lower middle income adequacy	96,946	30,387	76,959	163,083	367,375
Middle income adequacy	246,125	70,700	190,545	384,585	891,955
Upper middle income adequacy	425,941	108,951	414,148	554,568	1,503,608
Highest income adequacy	391,138	122,462	354,320	486,715	1,354,635
Household income or size not stated	62,747	na	52,297	95,915	221,333
Household income last year under \$10,000	24,344	na	18,399	40,242	90,502
Household income income \$10,000-14,999	53,609	21,365	40,185	76,471	191,630
Household income income \$15,000-19,999	50,901	na	36,732	66,895	164,882
Household income income \$20,000-29,999	86,708	23,012	82,448	171,150	363,318
Household income income \$30,000-39,999	139,381	38,440	84,269	191,151	453,241
Household income income \$40,000-49,999	101,449	31,745	112,314	169,424	414,932
Household income income \$50,000-59,999	120,018	21,992	110,261	157,240	409,511
Household income income \$60,000-79,999	230,263	71,922	231,951	284,358	818,494
Household income income \$80,000 or more	378,438	113,152	336,882	473,595	1,302,067
Household income not stated	64,192	na	53,935	108,175	237,194
No welfare income received last year	1,139,811	313,850	1,038,425	1,604,274	4,096,360
Welfare income received last year	99,072	32,969	59,580	124,624	316,245
Parents aged 15 to 75	1,222,301	350,385	1,089,725	1,677,652	4,335,899
Not in the labour force	266,799	83,748	253,383	470,991	1,070,757
In the labour force	955,502	266,637	836,342	1,206,661	3,265,142
Employed	905,743	258,228	794,347	1,143,205	3,101,523
Unemployed	49,759	na	41,995	63,456	163,619
Permanently unable to work (aged 15-75)	na	S	na	30,928	52,326
Parents 75 years of age and over	na	S	na	31,510	58,935

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	92,844	na	111,215	187,033	422,296
Personal income under \$5,000	76,309	13,698	76,037	124,051	290,095
Personal income \$5,000-9,999	117,851	26,153	75,164	137,874	357,042
Personal income \$10,000-14,999	143,234	44,724	112,615	201,376	501,949
Personal income \$15,000-19,999	112,928	21,867	84,870	143,590	363,255
Personal income income \$20,000-29,999	204,475	55,086	196,307	274,059	729,927
Personal income income \$30,000-39,999	177,331	50,598	145,594	240,281	613,804
Personal income income \$40,000-49,999	118,159	37,461	99,273	126,010	380,903
Personal income income \$50,000-59,999	56,350	na	63,036	91,443	232,778
Personal income income \$60,000-79,999	63,078	na	57,945	100,640	252,607
Personal income income \$80,000 or more	35,164	na	na	na	95,515
Personal income not stated	51,580	na	51,098	91,500	205,598
Employee	864,430	254,400	744,057	1,048,096	2,910,983
Self-employed	120,370	29,590	109,203	198,736	457,899
Occupation: management	88,590	21,138	78,835	101,048	289,611
Professional including accountants	188,640	71,707	214,269	293,215	767,831
Technologist/technician	45,500	na	43,721	82,707	202,049
Administrative/financial/clerical	220,258	54,782	195,762	241,555	712,357
Sales or service	240,183	63,344	185,475	272,267	761,269
Trades/transport/equipment operator	33,590	na	23,033	39,674	105,470
Farming/forestry/fishing/mining	na	na	na	23,658	46,553
Processing/manufacturing/utilities	65,277	na	34,996	73,144	184,583
Other occupation	97,924	na	71,692	126,153	315,816
Usually works under 30 hours/week main job	245,833	54,345	195,044	345,056	840,278
Usually works 30-38 hours/week main job	281,231	94,322	273,799	356,306	1,005,658
Usually works 39-42 hours/week main job	320,675	88,918	218,298	330,474	958,365
Usually works over 42 hours/week main job	143,049	44,153	167,899	220,544	575,645
Usually does not work weekends	638,301	181,051	560,748	759,733	2,139,833
Usually works weekends	353,896	103,866	294,292	493,687	1,245,741
No work stress, main job, past year	99,587	na	46,367	109,907	275,704
Not much work stress, past year	191,908	42,844	129,467	246,157	610,376
A little work stress, past year	397,325	114,927	345,289	446,966	1,304,507
Much work stress, past year	230,541	80,371	272,881	355,406	939,199
Extreme work stress, past year	57,733	na	47,715	68,975	195,116
High job skill required: strongly agrees	270,479	106,487	274,400	467,904	1,119,270
High job skill required: agrees	381,842	107,734	364,048	508,622	1,362,246
High job skill required: neither agrees/disagrees	118,137	35,306	88,698	96,178	338,319
High job skill required: disagrees	177,824	28,025	99,683	140,800	446,332
High job skill required: strongly disagrees	28,053	na	na	na	65,530

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	223,703	82,653	227,918	324,810	859,084
Job was very hectic: agrees	359,481	102,831	321,554	446,809	1,230,675
Job was very hectic: neither agrees/disagrees	146,536	38,574	150,499	184,818	520,427
Job was very hectic: disagrees	202,586	49,257	131,538	241,324	624,705
Job was very hectic: strongly disagrees	36,621	na	na	32,144	87,248
Job free of conflicting demands: strongly agrees	82,718	25,507	56,797	125,349	290,371
Job free of conflicting demands: agrees	307,212	69,446	279,647	396,747	1,053,052
Job free of conflicting demands: neither agrees/disag.	143,654	46,006	144,896	166,302	500,858
Job free of conflicting demands: disagrees	337,572	116,898	296,513	409,905	1,160,888
Job free of conflicting demands: strongly disagrees	103,332	na	62,651	131,403	321,650
Job security good: strongly agrees	328,808	109,455	293,982	396,141	1,128,386
Job security good: agrees	421,242	102,265	343,686	549,920	1,417,113
Job security good: neither agrees/disagrees	82,943	29,364	73,790	121,460	307,557
Job security good: disagrees	99,964	30,382	90,917	100,029	321,292
Job security good: strongly disagrees	43,379	na	39,164	59,065	152,262
Job conflict with co-workers: strongly agrees	58,250	na	40,412	96,943	203,033
Job conflict with co-workers: agrees	241,614	65,883	186,342	245,603	739,442
Job conflict with co-workers: neither agrees/disag.	108,960	58,033	99,731	136,049	402,773
Job conflict with co-workers: disagrees	408,029	101,587	357,378	507,757	1,374,751
Job conflict with co-workers: strongly disagrees	156,302	49,189	157,277	245,349	608,117
Job supervisor was helpful: strongly agrees	163,524	46,819	151,190	240,453	601,986
Job supervisor was helpful: agrees	426,207	113,751	383,836	565,368	1,489,162
Job supervisor was helpful: neither agrees/disag.	193,545	64,012	153,906	239,475	650,938
Job supervisor was helpful: disagrees	139,343	38,788	97,367	100,050	375,548
Job supervisor was helpful: strongly disagrees	48,818	na	52,869	74,896	195,333
Job requires repetative tasks: strongly agrees	233,504	61,218	162,017	319,882	776,621
Job requires repetative tasks: agrees	418,339	117,377	377,196	558,292	1,471,204
Job requires repetative tasks: neither agrees/disag.	93,731	37,442	113,796	128,558	373,527
Job requires repetative tasks: disagrees	175,904	56,683	163,088	191,655	587,330
Job requires repetative tasks: strongly disagrees	54,858	na	na	33,315	123,016
Not satisfied at all with job	28,751	na	na	na	64,917
Not too satisfied at all with job	57,086	na	49,016	74,399	197,427
Somewhat satisfied with job	437,506	123,307	391,894	445,738	1,398,445
Very satisfied with job	453,235	133,477	386,668	697,769	1,671,149

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	28	8	25	39	100
Newfoundland	21	na	35	37	100
Prince Edward Island	19	na	30	41	100
Nova Scotia	25	8	29	38	100
New Brunswick	19	na	35	37	100
Québec	28	12	27	33	100
Ontario	27	6	24	42	100
Manitoba	24	na	27	42	100
Saskatchewan	25	na	30	40	100
Alberta	28	7	24	41	100
British Columbia	36	7	19	38	100
Atlantic provinces	22	8	32	37	100
Prairie provinces	26	7	26	41	100
Selected metro areas:					
Montréal	28	na	25	38	100
Ottawa-Hull	25	na	31	36	100
Oshawa	42	na	na	36	100
Toronto	25	6	22	47	100
St Catherines	30	S	na	48	100
Kitchener	26	na	32	37	100
Winnipeg	26	na	22	42	100
Calgary	25	na	na	41	100
Edmonton	31	na	30	35	100
Vancouver	38	na	19	36	100
All non-metro areas	28	8	26	37	100
Urban core areas	28	7	25	40	100
Urban fringe areas	27	na	19	42	100
Rural fringe areas	27	9	22	43	100
Urban areas outside metro areas and large cities	26	8	28	38	100
Rural areas outside metro areas and large cities	31	9	26	34	100
Single detached dwelling	28	8	26	38	100
Dwelling a double	31	na	24	39	100
Row or terrace	25	na	25	46	100
Duplex	37	na	15	41	100
Low-rise apartment, under 5 stories	27	7	23	43	100
High-rise apartment	25	na	20	49	100
Total dwelling types above listed	28	8	25	40	100
Bedrooms: 1	32	na	na	39	100
Bedrooms: 2	35	6	21	37	100
Bedrooms: 3	27	8	28	37	100
Bedrooms: 4	25	8	24	44	100
Bedrooms: 5 or more	25	na	19	49	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	31	7	21	41	100
Dwelling owned	27	8	26	38	100
Household size: 2	27	8	22	43	100
Household size: 3	30	7	27	36	100
Household size: 4	30	9	26	35	100
Household size: 5	23	7	21	48	100
Household size: 6 or more	16	na	17	64	100
No child(ren) under 12	24	6	24	46	100
Child(ren) under 6	36	8	28	28	100
Child(ren) 6 to 11	29	10	24	36	100
Child(ren) under 6 and 6 to 11	28	8	26	38	100
Parents with child(ren) under 12	31	9	26	34	100
Age 15-19	na	S	S	na	100
20-24	50	12	22	17	100
25-29	36	10	25	29	100
30-34	32	9	28	31	100
35-39	31	9	24	35	100
40-44	27	8	28	38	100
45-49	27	6	23	45	100
50-54	20	na	23	51	100
55-59	na	na	31	53	100
60-64	na	na	na	66	100
65-69	na	na	na	52	100
70-74	na	S	na	55	100
75-79	na	S	na	69	100
80 plus	na	S	na	47	100
Married	26	7	26	41	100
Common-law	44	12	26	19	100
Widowed	20	na	18	57	100
Separated	28	12	17	42	100
Divorced	22	na	25	46	100
Single, never married	36	9	24	31	100
Mothers	28	8	25	39	100
Fathers	S	S	S	S	S
Converses in English only	32	7	25	36	100
Converses in French only	30	12	26	32	100
Converses in English and French	28	11	29	32	100
Converses in English, French and other language(s)	15	na	23	57	100
Converses in English and other language(s)	20	6	22	52	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	30	9	26	34	100
Immigrant, arrived before 1960	na	na	na	50	100
Immigrant, arrived from 1960 to 1979	21	na	13	63	100
Immigrant, arrived from 1980 to 2002	22	5	24	49	100
Immigrants	21	5	20	54	100
Aboriginal ethnicity, perhaps others	36	na	19	38	100
"Canadian" ethnicity, perhaps others	32	10	30	29	100
"French" ethnicity, perhaps others	28	12	28	33	100
"English" ethnicity, perhaps others	32	7	25	36	100
"Welsh" ethnicity, perhaps others	na	na	na	na	100
"Scotch" ethnicity, perhaps others	33	8	20	39	100
"Irish" ethnicity, perhaps others	28	8	25	38	100
"Italian" ethnicity, perhaps others	21	na	26	41	100
"Ukrainian" ethnicity, perhaps others	31	na	27	36	100
"German" ethnicity, perhaps others	25	8	23	44	100
"Dutch" ethnicity, perhaps others	18	na	21	52	100
"Polish" ethnicity, perhaps others	24	na	34	34	100
"Norwegian" ethnicity, perhaps others	na	na	na	41	100
"Chinese" ethnicity, perhaps others	50	na	na	28	100
"South Asian" ethnicity, perhaps others	na	na	na	71	100
Not a student	28	8	25	39	100
Part-time student	28	na	20	38	100
Full-time student	39	na	22	30	100
Less than secondary diploma	31	5	21	43	100
Secondary school diploma	32	8	25	35	100
Some post-secondary education	29	8	24	40	100
Post-secondary degree or diploma	25	9	26	40	100
Very strong belonging to locality	18	6	18	58	100
Somewhat strong belonging to locality	27	8	28	37	100
Somewhat weak belonging to locality	32	8	25	34	100
Very weak belonging to locality	36	8	23	33	100
Very satisfied with life in general	26	8	22	43	100
Satisfied with life in general	28	8	26	38	100
Neither satisfied nor dissatisfied with life	31	8	31	30	100
Dissatisfied with life in general	31	na	20	44	100
Has fewer than 3 close friends	30	8	24	39	100
Has 3 to 5 close friends	29	8	26	37	100
Has 6 to 9 close friends	28	9	25	38	100
Has 10 to 15 close friends	27	7	24	41	100
Has more than 15 close friends	21	na	27	45	100

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	na	na	na	na	100
French Catholic	28	14	29	29	100
Other Catholic	20	7	28	45	100
United Church	34	10	28	28	100
Anglican	34	8	28	29	100
Presbyterian	35	S	24	40	100
Lutheran	21	na	40	29	100
Baptist	12	na	17	65	100
Pentecostal	na	S	na	78	100
Jehovah Witness	S	S	S	na	100
Christian, other	11	na	18	66	100
Islam	na	S	na	75	100
Hindu-Buddhist-Sikh	na	na	30	48	100
Jewish	na	S	S	na	na
No religion: prays	35	na	21	33	100
No religion	88	na	9	na	100
Religious affiliation not stated	S	S	S	S	na
No religious affiliation	71	na	13	12	100
Roman Catholic	23	10	29	38	100
Liberal protestant	33	9	29	30	100
Conservative Christian	11	4	17	69	100
Christian	24	9	26	41	100
Non-Christian	15	na	23	57	100
Worshipped weekly or more often past year	2	2	16	80	100
Worshipped monthly past year	5	9	37	49	100
Worshipped 3 to 4 times past year	24	10	40	27	100
Worshipped once past year	30	15	29	26	100
Did not worship past year (religiously affiliated)	48	11	21	19	100
Never worshipped, or no religious affiliation	43	10	26	21	100
Worshipped at least weekly or monthly past year	3	4	23	70	100
Worshipped monthly & prays often	na	na	12	87	100
Worshipped monthly & prays sometimes	na	5	40	52	100
Worshipped monthly & prays rarely	na	18	51	na	100
Worshipped monthly & does not pray	19	na	27	34	100
Potential dropouts from monthly worship	3	4	23	70	100
Worshipped < monthly past year, prays often	na	na	34	63	100
Worshipped < monthly past year, prays sometimes	24	14	45	18	100
Non-worshipper past year, prays often	na	S	28	62	100
Non-worshipper past year, prays sometimes	36	15	30	18	100
Potential monthly worshipper	23	11	36	30	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	72	na	11	11	100
Not very religious	45	16	27	13	100
Somewhat religious	9	7	35	49	100
Very religious	na	S	na	94	100
Role of spiritual values in one's life					
Spiritual values are important in my life	1	11	34	54	100
Spiritual values are unimportant in my life	100	S	S	S	100
Sp. values help understand life's difficulties: no	97	2	na	na	100
Sp. values help understand life's difficulties:a little	na	60	30	7	100
Sp. values help understand life's difficulties:some	na	4	75	21	100
Sp. values help understand life's difficulties: a lot	S	S	6	94	100
Sp. values help me find meaning in my life: no	99	na	S	S	100
Sp. values help me find meaning in my life: a little	na	72	15	na	100
Sp. values help me find meaning in my life: some	na	11	76	13	100
Sp. values help me find meaning in my life: a lot	S	na	11	89	100
Physical Health					
Physical health is "excellent"	29	10	21	40	100
Physical health is "very good"	27	8	25	39	100
Physical health is "good"	29	7	26	38	100
Physical health is "fair" or "poor"	27	7	26	39	100
Physically inactive (index)	29	7	25	39	100
Moderately active physically (index)	25	9	26	40	100
Active physically (index)	31	8	23	38	100
Never has an activity limitation	29	8	26	37	100
Sometimes has an activity limitation	24	7	23	46	100
Often has an activity limitation	28	7	22	44	100
Never physically active > 15 min. / occasion, past mo.	30	na	20	45	100
Physically active >15 minutes, 1 to 5 times a month	31	6	25	38	100
Physically active >15 minutes, 6 to 15 times a month	28	8	27	37	100
Physically active >15 minutes, 16 to 29 times a month	24	8	27	41	100
Physically active >15 minutes, 30 or more times a mo.	30	9	23	38	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	29	10	25	37	100
Has a diagnosed chronic health problem	28	7	25	40	100
Has food allergies	26	6	24	43	100
Has non-food allergies	29	8	23	40	100
Asthma	29	5	23	43	100
Bronchitis	33	na	20	41	100
Diabetes	25	na	18	53	100
Heart disease	30	S	24	45	100
High blood pressure	25	na	25	44	100
Diagnosed migraines	28	9	23	39	100
Cancer	na	S	na	59	100
Stomach/intestinal ulcers	26	na	32	34	100
Bowel disorder/Crohn's/colitis	25	na	20	44	100
Thyroid	21	na	27	44	100
Arthritis/rheumatism	24	6	21	48	100
Back problems excluding arthritis	26	8	24	41	100
Mental Health					
Mental health is "excellent"	29	10	19	42	100
Mental health is "very good"	27	7	26	40	100
Mental health is "good"	30	8	27	35	100
Mental health is "fair" or "poor"	25	8	27	40	100
Rarely felt emotionally balanced past month	29	6	27	37	100
Felt emotionally balanced half the time	27	10	29	34	100
Felt emotionally balanced frequently	28	7	27	38	100
Felt emotionally balanced almost always past mo.	28	8	22	42	100
Most days not stressful at all past month	29	na	19	44	100
Most days not very stressful past month	29	8	23	40	100
Most days a bit stressful past month	29	8	26	38	100
Most days quite a bit/extremely stressful past mo.	26	7	27	40	100
Most important source of daily stress: time pressure	28	8	26	39	100
Most important stress: my physical health	25	na	24	49	100
Most important stress: finances, not enough money	29	8	26	37	100
Most important stress: my work situation	29	11	24	36	100
Most important stress: school	na	S	na	na	100
Most important stress: care for my children	33	9	26	31	100
Most important stress: care for others	26	8	27	40	100
Most important stress: my relationships with others	28	na	22	43	100
Most important stress: health of my family	18	na	26	49	100
Most important stress: (no day-to-day stress)	27	na	23	43	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	27	8	28	37	100
"Good" ability to handle difficult problems	29	8	28	35	100
"Very good" ability to handle difficult problems	28	8	24	39	100
"Excellent" ability to handle difficult problems	27	8	19	46	100
"Poor/fair" ability to handle day-to-day problems	23	na	32	40	100
"Good" ability to handle day-to-day problems	29	7	27	37	100
"Very good" ability to handle day-to-day problems	29	8	24	38	100
"Excellent" ability to handle day-to-day problems	26	9	21	44	100
Rarely copes by trying to solve the problem	35	na	24	32	100
Sometimes copes by trying to solve the problem	32	8	25	35	100
Often copes by trying to solve the problem	27	8	25	40	100
Rarely copes by talking to others	30	7	25	37	100
Sometimes copes by talking to others	30	8	24	37	100
Often copes by talking to others	27	8	25	40	100
Never copes by smoking (non-smoker)	25	8	25	42	100
Never copes by smoking (a smoker)	36	7	26	31	100
Rarely copes by smoking more than usual	30	na	30	35	100
Sometimes copes by smoking more than usual	34	8	26	31	100
Often copes by smoking more than usual	37	8	24	31	100
Never copes by drinking alcohol	27	8	24	41	100
Rarely copes by drinking alcohol	31	8	29	32	100
Often/sometimes copes by drinking alcohol	35	9	26	30	100
Never copes by eating more/less than usual	29	8	22	41	100
Rarely copes by eating more/less than usual	29	7	29	35	100
Sometimes copes by eating more/less than usual	27	8	27	39	100
Often copes by eating more/less than usual	27	9	23	42	100
Never copes by jogging/exercise	32	7	24	37	100
Rarely copes by jogging/exercise	28	9	23	39	100
Sometimes copes by jogging/exercise	26	9	26	39	100
Often copes by jogging/exercise	21	7	27	44	100
Never copes by praying/spiritual help	68	10	13	10	100
Rarely copes by praying/spiritual help	37	18	33	12	100
Sometimes copes by praying/spiritual help	12	9	43	36	100
Often copes by praying/spiritual help	2	na	18	79	100
Never copes by blaming oneself	27	7	21	45	100
Rarely copes by blaming oneself	31	8	25	36	100
Sometimes copes by blaming oneself	28	8	26	38	100
Often copes by blaming oneself	23	7	27	43	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	22	na	15	59	100
A former drinker, not now	21	6	24	49	100
Occasional drinker	27	8	25	40	100
Regular drinker	32	10	27	31	100
Non-drinker or < 5 drinks per occasion last year	27	8	25	41	100
Heavy drinker, never drunk most of 1 mo.	49	7	27	17	100
Usually drunk at least 1 mo. last year	na	na	na	na	100
Never drunk at work/school/child care in life	27	8	25	40	100
Drunk 1 to 2 times at work, etc in life	55	na	na	na	100
Drunk 3 to 10 times in life	54	na	na	na	100
Drunk over 10 times in life	na	S	na	na	100
Drunk at least once at work, etc, in life	52	na	22	18	100
Non-drinker or < 5 drinks per occasion past year	27	8	25	41	100
Heavy drinker, never drunk at work/school/child care	46	8	27	20	100
Drunk 1+ times at work/school/child care past year	54	na	23	na	100
Non-drinker or < 5 drinks per occasion past year	27	8	25	41	100
Never drank more than promised past year	49	6	28	16	100
Drank more, despite promise not to past year	39	na	na	na	100
Non-drinker or < 5 drinks per occasion past year	27	8	25	41	100
Never drank much more than intended past year	50	7	26	17	100
Drank much more than intended past year	39	na	26	na	100
Non-drinker or < 5 drinks per occasion past year	27	8	25	41	100
Never drank so much to risk getting hurt past year	48	7	27	18	100
Drank so as to risk getting hurt past year	na	S	na	na	100
Never used marijuana in life	24	7	24	45	100
Used marijuana once in life	25	11	30	35	100
Used marijuana more than once in life	37	8	24	30	100
Has not used illicit drugs in life	24	7	24	45	100
Used illicit drugs at least once in life	34	9	26	31	100
Has not used illicit drugs in life (excl. marij.)	24	8	25	43	100
Used illicit drugs (excl. marij.) at least once in life	37	8	25	30	100
Has not used illicit drugs past year	27	8	25	40	100
Used illicit drugs at least once past year	39	8	23	30	100
Has not used illicit drugs past year (excl. marij.)	27	8	25	40	100
Used illicit drugs (excl. marij.) at least once past year	40	8	23	30	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	24	7	24	45	100
Has not used illicit drugs for 1 year in life	33	9	27	31	100
Used illicit drugs for 1 year in life	39	8	22	31	100
Has used drugs despite promise not to	na	S	na	na	100
Has used drugs more often than intended	na	S	na	na	100
Insufficient weight (bmi), age 20-64	31	11	22	35	100
Acceptable weight, age 20-64	30	7	25	38	100
Some excess weight, age 20-64	25	10	22	44	100
Overweight, age 20-64	24	7	28	42	100
Weight not stated, age 20-64	30	9	25	37	100
Never had fear of being too fat	28	8	24	40	100
Never had fear of being too fat past year	27	9	25	40	100
Had fear of being too fat past year	29	7	27	37	100
Has not gambled in life	32	8	28	32	100
Non-gambler now	22	5	19	54	100
Non-problem gambler	29	9	26	36	100
Low-risk gambler	41	na	na	40	100
Problem gambler	37	na	na	30	100
Low-risk or problem gambler	39	na	18	36	100
Non-gambler past year	27	7	24	42	100
Never felt gambling guilt past year	32	9	27	32	100
Sometimes-always felt gambling guilt past year	36	na	na	37	100
Never felt gambled too much past year	32	9	27	33	100
Sometimes-always gambled too much past year	40	na	na	na	100
Rarely felt loved and appreciated past month	36	na	26	32	100
Felt loved and appreciated past month	32	8	26	35	100
Often felt loved and appreciated past month	28	8	30	35	100
Almost always felt loved and appreciated past month	27	8	22	43	100
Suicide					
Has never seriously considered suicide	28	8	25	39	100
Has seriously considered suicide	27	8	22	43	100
Has never attempted suicide	28	8	25	39	100
Has attempted suicide	30	na	20	45	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	32	9	21	37	100
Felt at peace half the time past month	28	9	33	30	100
Often felt at peace past month	29	8	27	35	100
Almost always felt at peace past month	27	7	21	44	100
Rarely felt emotionally balanced past month	29	6	27	37	100
Felt balanced half the time past month	27	10	29	34	100
Often felt balanced past month	28	7	27	38	100
Almost always felt balanced past month	28	8	22	42	100
Rarely felt useful past month	29	na	18	46	100
Felt useful past month	27	8	35	30	100
Often felt useful past month	31	8	28	32	100
Almost always felt useful past month	26	8	22	44	100
Lowest income adequacy	25	na	18	50	100
Lower middle income adequacy	26	8	21	44	100
Middle income adequacy	28	8	21	43	100
Upper middle income adequacy	28	7	28	37	100
Highest income adequacy	29	9	26	36	100
Household income or size not stated	28	na	24	43	100
Household income last year under \$10,000	27	na	20	44	100
Household income \$10,000-14,999	28	11	21	40	100
Household income \$15,000-19,999	31	na	22	41	100
Household income \$20,000-29,999	24	6	23	47	100
Household income \$30,000-39,999	31	8	19	42	100
Household income \$40,000-49,999	24	8	27	41	100
Household income \$50,000-59,999	29	5	27	38	100
Household income \$60,000-79,999	28	9	28	35	100
Household income \$80,000 or more	29	9	26	36	100
Household income not stated	27	na	23	46	100
No welfare income received last year	28	8	25	39	100
Welfare income received last year	31	10	19	39	100
Parents aged 15 to 75	28	8	25	39	100
Not in the labour force	25	8	24	44	100
In the labour force	29	8	26	37	100
Employed	29	8	26	37	100
Unemployed	30	na	26	39	100
Permanently unable to work (aged 15-75)	na	S	na	59	100
Parents 75 years of age and over	na	S	na	53	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	22	na	26	44	100
Personal income under \$5,000	26	5	26	43	100
Personal income \$5,000-9,999	33	7	21	39	100
Personal income \$10,000-14,999	29	9	22	40	100
Personal income \$15,000-19,999	31	6	23	40	100
Personal income income \$20,000-29,999	28	8	27	38	100
Personal income income \$30,000-39,999	29	8	24	39	100
Personal income income \$40,000-49,999	31	10	26	33	100
Personal income income \$50,000-59,999	24	na	27	39	100
Personal income income \$60,000-79,999	25	na	23	40	100
Personal income income \$80,000 or more	37	na	na	na	100
Personal income not stated	25	na	25	45	100
Employee	30	9	26	36	100
Self-employed	26	6	24	43	100
Occupation: management	31	7	27	35	100
Professional including accountants	25	9	28	38	100
Technologist/technician	23	na	22	41	100
Administrative/financial/clerical	31	8	27	34	100
Sales or service	32	8	24	36	100
Trades/transport/equipment operator	32	na	22	38	100
Farming/forestry/fishing/mining	na	na	na	51	100
Processing/manufacturing/utilities	35	na	19	40	100
Other occupation	31	na	23	40	100
Usually works under 30 hours/week main job	29	6	23	41	100
Usually works 30-38 hours/week main job	28	9	27	35	100
Usually works 39-42 hours/week main job	33	9	23	34	100
Usually works over 42 hours/week main job	25	8	29	38	100
Usually does not work weekends	30	8	26	36	100
Usually works weekends	28	8	24	40	100
No work stress, main job, past year	36	na	17	40	100
Not much work stress, past year	31	7	21	40	100
A little work stress, past year	30	9	26	34	100
Much work stress, past year	25	9	29	38	100
Extreme work stress, past year	30	na	24	35	100
High job skill required: strongly agrees	24	10	25	42	100
High job skill required: agrees	28	8	27	37	100
High job skill required: neither agrees/disagrees	35	10	26	28	100
High job skill required: disagrees	40	6	22	32	100
High job skill required: strongly disagrees	43	na	na	na	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	26	10	27	38	100
Job was very hectic: agrees	29	8	26	36	100
Job was very hectic: neither agrees/disagrees	28	7	29	36	100
Job was very hectic: disagrees	32	8	21	39	100
Job was very hectic: strongly disagrees	42	na	na	37	100
Job free of conflicting demands: strongly agrees	28	9	20	43	100
Job free of conflicting demands: agrees	29	7	27	38	100
Job free of conflicting demands: neither agrees/disag.	29	9	29	33	100
Job free of conflicting demands: disagrees	29	10	26	35	100
Job free of conflicting demands: strongly disagrees	32	na	19	41	100
Job security good: strongly agrees	29	10	26	35	100
Job security good: agrees	30	7	24	39	100
Job security good: neither agrees/disagrees	27	10	24	39	100
Job security good: disagrees	31	9	28	31	100
Job security good: strongly disagrees	28	na	26	39	100
Job conflict with co-workers: strongly agrees	29	na	20	48	100
Job conflict with co-workers: agrees	33	9	25	33	100
Job conflict with co-workers: neither agrees/disag.	27	14	25	34	100
Job conflict with co-workers: disagrees	30	7	26	37	100
Job conflict with co-workers: strongly disagrees	26	8	26	40	100
Job supervisor was helpful: strongly agrees	27	8	25	40	100
Job supervisor was helpful: agrees	29	8	26	38	100
Job supervisor was helpful: neither agrees/disag.	30	10	24	37	100
Job supervisor was helpful: disagrees	37	10	26	27	100
Job supervisor was helpful: strongly disagrees	25	na	27	38	100
Job requires repetative tasks: strongly agrees	30	8	21	41	100
Job requires repetative tasks: agrees	28	8	26	38	100
Job requires repetative tasks: neither agrees/disag.	25	10	30	34	100
Job requires repetative tasks: disagrees	30	10	28	33	100
Job requires repetative tasks: strongly disagrees	45	na	na	27	100
Not satisfied at all with job	44	na	na	na	100
Not too satisfied at all with job	29	na	25	38	100
Somewhat satisfied with job	31	9	28	32	100
Very satisfied with job	27	8	23	42	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	100.0	100.0	100.0	100.0	100.0
Newfoundland	1.4	na	2.6	1.7	1.8
Prince Edward Island	0.3	na	0.5	0.5	0.4
Nova Scotia	2.7	3.3	3.6	3.0	3.1
New Brunswick	1.7	na	3.4	2.3	2.4
Québec	23.5	34.4	24.8	19.8	23.2
Ontario	39.4	31.6	39.1	43.9	40.5
Manitoba	3.2	na	4.0	4.0	3.7
Saskatchewan	2.7	na	3.7	3.2	3.1
Alberta	9.6	9.0	9.4	10.1	9.7
British Columbia	15.5	11.4	9.0	11.6	12.0
Atlantic provinces	6.1	8.3	10.1	7.5	7.8
Prairie provinces	15.5	14.3	17.0	17.3	16.5
Selected metro areas:					
Montréal	11.7	na	12.0	11.5	11.8
Ottawa-Hull	3.5	na	4.8	3.6	3.9
Oshawa	1.7	na	na	1.0	1.1
Toronto	14.6	12.8	14.7	20.0	16.6
St Catherines	1.2	S	na	1.3	1.1
Kitchener	1.4	na	2.0	1.4	1.5
Winnipeg	2.3	na	2.2	2.7	2.5
Calgary	2.4	na	na	2.9	2.7
Edmonton	3.8	na	4.1	3.0	3.4
Vancouver	8.5	na	4.7	5.8	6.3
All non-metro areas	35.3	37.7	37.3	33.2	35.2
Urban core areas	69.4	65.6	69.0	69.9	69.2
Urban fringe areas	2.4	na	2.0	2.7	2.6
Rural fringe areas	8.1	10.0	7.4	9.3	8.6
Urban areas outside metro areas and large cities	7.7	8.1	9.7	8.3	8.5
Rural areas outside metro areas and large cities	12.4	12.2	11.9	9.7	11.2
Single detached dwelling	56.6	61.9	60.9	55.6	57.7
Dwelling a double	5.8	na	5.0	5.2	5.2
Row or terrace	5.7	na	6.6	7.5	6.4
Duplex	3.3	na	1.5	2.7	2.5
Low-rise apartment, under 5 stories	6.8	6.4	6.7	8.0	7.2
High-rise apartment	3.6	na	3.3	5.3	4.2
Total dwelling types above listed	81.9	81.5	83.9	84.1	83.2
Bedrooms: 1	3.0	na	na	2.6	2.6
Bedrooms: 2	21.6	14.1	14.7	16.2	17.2
Bedrooms: 3	49.4	53.5	56.1	47.2	50.5
Bedrooms: 4	20.5	23.5	22.3	26.2	23.4
Bedrooms: 5 or more	5.3	na	4.7	7.5	6.0

### Notes:

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"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	25.8	20.4	19.7	24.6	23.4
Dwelling owned	74.2	79.6	80.3	75.4	76.6
Household size: 2	10.7	11.7	9.8	12.1	11.1
Household size: 3	38.1	32.1	38.6	32.8	35.7
Household size: 4	38.1	43.6	37.8	32.5	36.3
Household size: 5	10.7	11.2	11.0	15.9	12.8
Household size: 6 or more	2.4	na	2.8	6.7	4.1
No child(ren) under 12	38.5	35.9	42.5	52.1	44.6
Child(ren) under 6	25.6	21.7	22.4	14.7	20.2
Child(ren) 6 to 11	23.4	30.1	22.3	21.3	22.8
Child(ren) under 6 and 6 to 11	12.4	12.2	12.7	12.0	12.3
Parents with child(ren) under 12	61.5	64.1	57.5	47.9	55.4
Age 15-19	na	S	S	na	0.3
20-24	5.0	4.2	2.4	1.2	2.8
25-29	9.6	9.8	7.4	5.4	7.4
30-34	15.8	15.7	15.5	11.0	13.8
35-39	22.2	22.8	19.5	17.8	19.8
40-44	20.0	21.6	23.4	20.2	21.1
45-49	13.8	10.4	13.1	16.6	14.5
50-54	7.0	na	9.1	12.8	9.9
55-59	na	na	5.3	5.9	4.3
60-64	na	na	na	3.3	1.9
65-69	na	na	na	1.6	1.2
70-74	na	S	na	1.9	1.4
75-79	na	S	na	1.5	0.8
80 plus	na	S	na	0.8	0.7
Married	67.3	65.8	73.6	74.7	71.7
Common-law	14.7	14.6	9.7	4.5	9.4
Widowed	2.6	na	2.6	5.2	3.6
Separated	4.6	7.1	3.2	5.0	4.6
Divorced	4.5	na	5.7	6.7	5.6
Single, never married	6.1	5.2	4.7	3.8	4.8
Mothers	100.0	100.0	100.0	100.0	100.0
Fathers	S	S	S	S	S
Converses in English only	56.2	40.4	48.7	45.5	48.9
Converses in French only	11.8	17.5	11.8	9.1	11.2
Converses in English and French	14.6	21.2	17.2	12.2	14.8
Converses in English, French and other language(s)	2.2	na	3.9	6.1	4.2
Converses in English and other language(s)	12.6	13.4	15.7	23.8	17.8

### Notes:

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"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	81.3	83.5	79.5	65.6	74.9
Immigrant, arrived before 1960	na	na	na	2.3	1.8
Immigrant, arrived from 1960 to 1979	5.9	na	4.2	12.7	8.0
Immigrant, arrived from 1980 to 2002	11.9	9.9	14.8	19.3	15.4
Immigrants	18.7	16.5	20.5	34.4	25.1
Aboriginal ethnicity, perhaps others	5.6	na	3.4	4.3	4.3
"Canadian" ethnicity, perhaps others	32.4	35.0	33.7	20.7	28.4
"French" ethnicity, perhaps others	20.6	31.1	23.0	17.4	20.8
"English" ethnicity, perhaps others	25.5	18.8	22.6	20.5	22.3
"Welsh" ethnicity, perhaps others	na	na	na	na	1.2
"Scotch" ethnicity, perhaps others	17.3	14.8	11.8	14.9	14.8
"Irish" ethnicity, perhaps others	14.8	15.4	14.8	14.3	14.7
"Italian" ethnicity, perhaps others	2.7	na	3.8	3.8	3.6
"Ukrainian" ethnicity, perhaps others	4.1	na	3.9	3.4	3.7
"German" ethnicity, perhaps others	8.2	9.2	8.6	10.3	9.2
"Dutch" ethnicity, perhaps others	1.7	na	2.3	3.6	2.7
"Polish" ethnicity, perhaps others	2.5	na	4.0	2.5	2.9
"Norwegian" ethnicity, perhaps others	na	na	na	1.5	1.4
"Chinese" ethnicity, perhaps others	7.7	na	na	3.2	4.4
"South Asian" ethnicity, perhaps others	na	na	na	6.0	3.3
Not a student	92.8	90.1	94.8	94.3	93.6
Part-time student	4.0	na	3.2	4.0	4.1
Full-time student	3.2	na	2.0	1.8	2.3
Less than secondary diploma	17.4	10.7	13.6	17.5	16.0
Secondary school diploma	24.7	20.8	21.6	19.1	21.4
Some post-secondary education	7.1	6.9	6.6	7.1	7.0
Post-secondary degree or diploma	49.4	60.5	57.9	55.7	54.9
Very strong belonging to locality	11.2	13.3	12.6	25.6	17.3
Somewhat strong belonging to locality	41.2	44.3	48.4	40.4	42.9
Somewhat weak belonging to locality	29.7	27.8	25.9	22.5	25.8
Very weak belonging to locality	17.6	13.2	12.8	11.4	13.6
Very satisfied with life in general	30.6	34.8	29.2	36.1	32.7
Satisfied with life in general	53.6	52.7	55.1	51.4	53.0
Neither satisfied nor dissatisfied with life	11.1	9.5	12.3	7.7	10.0
Dissatisfied with life in general	4.7	na	3.3	4.7	4.2
Has fewer than 3 close friends	15.3	14.6	13.6	14.3	14.4
Has 3 to 5 close friends	41.4	39.3	40.7	37.6	39.6
Has 6 to 9 close friends	17.3	20.1	17.8	17.4	17.7
Has 10 to 15 close friends	21.0	19.9	21.3	22.9	21.7
Has more than 15 close friends	4.5	na	6.5	6.9	6.1

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	na	na	na	na	1.3
French Catholic	20.0	34.3	23.6	15.0	20.0
Other Catholic	16.7	22.0	27.0	27.5	23.9
United Church	13.4	13.7	12.5	8.0	11.1
Anglican	8.6	7.4	8.0	5.3	7.1
Presbyterian	2.4	S	1.8	1.9	1.9
Lutheran	1.6	na	3.5	1.6	2.1
Baptist	1.5	na	2.3	5.7	3.4
Pentecostal	na	S	na	4.6	2.3
Jehovah Witness	S	S	S	na	0.5
Christian, other	3.6	na	6.7	15.3	9.0
Islam	na	S	na	4.3	2.3
Hindu-Buddhist-Sikh	na	na	4.2	4.2	3.4
Jewish	na	S	S	na	na
No religion: prays	4.3	na	3.0	3.0	3.5
No religion	22.8	na	2.5	na	7.3
Religious affiliation not stated	S	S	S	S	na
No religious affiliation	27.2	na	5.5	3.4	10.8
Roman Catholic	36.7	56.3	50.6	42.5	43.9
Liberal protestant	26.0	24.3	25.8	16.9	22.2
Conservative Christian	5.8	7.7	10.3	26.8	15.3
Christian	68.5	88.4	86.6	86.2	81.5
Non-Christian	3.4	na	5.9	9.1	6.3
Worshipped weekly or more often past year	1.9	6.5	15.8	50.5	24.7
Worshipped monthly past year	2.3	14.1	18.4	15.5	12.4
Worshipped 3 to 4 times past year	14.9	21.2	28.1	12.1	17.6
Worshipped once past year	9.1	16.0	10.1	5.6	8.5
Did not worship past year (religiously affiliated)	44.5	36.5	22.2	12.7	25.9
Never worshipped, or no religious affiliation	95.6	79.4	65.8	33.8	62.7
Worshipped at least weekly or monthly past year	4.2	20.6	34.2	66.0	37.2
Worshipped monthly & prays often	na	na	10.4	49.4	22.2
Worshipped monthly & prays sometimes	na	5.8	15.7	12.9	9.7
Worshipped monthly & prays rarely	na	5.9	5.2	na	2.5
Worshipped monthly & does not pray	1.7	na	2.8	2.3	2.6
Potential dropouts from monthly worship	4.2	20.6	34.0	65.9	37.1
Worshipped < monthly past year, prays often	na	na	7.9	9.5	5.9
Worshipped < monthly past year, prays sometimes	11.9	24.4	25.6	6.3	14.1
Non-worshipper past year, prays often	na	S	4.9	6.9	4.4
Non-worshipper past year, prays sometimes	17.1	25.9	16.0	6.2	13.3
Potential monthly worshipper	30.8	51.5	54.5	29.0	37.6

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	18.2	na	3.2	2.0	7.1
Not very religious	40.3	49.8	27.0	8.2	25.2
Somewhat religious	13.6	37.9	62.3	54.9	43.8
Very religious	na	S	na	30.7	12.8
Role of spiritual values in one's life					
Spiritual values are important in my life	3.5	100.0	100.0	100.0	72.9
Spiritual values are unimportant in my life	96.5	S	S	S	27.1
Sp. values help understand life's difficulties: no	98.2	5.8	na	na	28.4
Sp. values help understand life's difficulties:a little	na	80.1	12.5	1.8	10.5
Sp. values help understand life's difficulties:some	na	12.9	77.8	13.9	25.9
Sp. values help understand life's difficulties: a lot	S	S	8.8	83.9	35.1
Sp. values help me find meaning in my life: no	97.2	na	S	S	27.5
Sp. values help me find meaning in my life: a little	na	62.0	4.1	na	6.8
Sp. values help me find meaning in my life: some	na	34.9	79.1	8.6	26.0
Sp. values help me find meaning in my life: a lot	S	na	16.8	90.1	39.6
Physical Health					
Physical health is "excellent"	19.1	22.5	15.3	18.8	18.3
Physical health is "very good"	36.2	40.0	38.6	37.7	37.7
Physical health is "good"	34.3	27.8	34.9	32.7	33.3
Physical health is "fair" or "poor"	10.4	9.7	11.2	10.8	10.7
Physically inactive (index)	50.9	43.7	50.6	49.8	49.8
Moderately active physically (index)	24.3	32.4	29.1	28.4	27.8
Active physically (index)	24.8	23.9	20.3	21.7	22.4
Never has an activity limitation	78.0	77.9	77.9	71.9	75.6
Sometimes has an activity limitation	12.9	14.3	14.2	17.8	15.2
Often has an activity limitation	9.1	7.8	8.0	10.3	9.2
Never physically active > 15 min. / occasion, past mo.	10.2	na	7.5	10.8	9.4
Physically active >15 minutes, 1 to 5 times a month	12.4	9.1	11.2	10.9	11.3
Physically active >15 minutes, 6 to 15 times a month	20.0	19.9	21.5	18.5	19.8
Physically active >15 minutes, 16 to 29 times a month	20.7	26.1	27.0	25.6	24.6
Physically active >15 minutes, 30 or more times a mo.	36.6	39.0	32.7	34.1	34.9

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	30.4	36.6	29.6	28.2	29.8
Has a diagnosed chronic health problem	69.6	63.4	70.4	71.8	70.2
Has food allergies	8.3	7.2	8.6	9.9	8.9
Has non-food allergies	34.1	33.1	31.3	34.3	33.4
Asthma	8.9	6.0	8.0	9.6	8.7
Bronchitis	3.0	na	2.1	2.7	2.6
Diabetes	3.1	na	2.5	4.6	3.4
Heart disease	2.4	S	2.2	2.7	2.3
High blood pressure	8.6	na	9.9	11.0	9.7
Diagnosed migraines	18.2	21.1	16.7	18.0	18.0
Cancer	na	S	na	2.0	1.3
Stomach/intestinal ulcers	3.1	na	4.3	2.9	3.3
Bowel disorder/Crohn's/colitis	2.8	na	2.5	3.6	3.2
Thyroid	5.7	na	8.3	8.5	7.6
Arthritis/rheumatism	13.9	13.1	13.6	19.8	16.0
Back problems excluding arthritis	19.2	22.2	20.4	21.7	20.7
Mental Health					
Mental health is "excellent"	26.3	31.6	20.0	27.8	25.8
Mental health is "very good"	38.3	34.8	42.5	41.3	40.2
Mental health is "good"	29.5	26.6	30.2	24.1	27.3
Mental health is "fair" or "poor"	5.9	6.9	7.4	6.8	6.7
Rarely felt emotionally balanced past month	6.1	4.9	6.6	5.7	6.0
Felt emotionally balanced half the time	17.4	21.9	20.5	15.5	17.8
Felt emotionally balanced frequently	32.4	30.1	34.4	30.8	32.1
Felt emotionally balanced almost always past mo.	43.9	42.8	38.5	47.8	44.0
Most days not stressful at all past month	7.5	na	5.6	8.2	7.3
Most days not very stressful past month	21.6	21.0	19.5	21.5	21.0
Most days a bit stressful past month	44.7	45.2	44.7	41.9	43.7
Most days quite a bit/extremely stressful past mo.	26.2	26.7	30.2	28.4	28.1
Most important source of daily stress: time pressure	19.4	20.5	20.3	19.4	19.7
Most important stress: my physical health	4.3	na	4.7	6.1	4.9
Most important stress: finances, not enough money	15.7	14.7	15.8	14.0	15.0
Most important stress: my work situation	17.0	22.5	15.6	15.2	16.4
Most important stress: school	na	S	na	na	0.7
Most important stress: care for my children	12.0	11.7	10.7	8.0	10.1
Most important stress: care for others	8.0	9.2	9.4	8.9	8.8
Most important stress: my relationships with others	4.5	na	4.0	4.9	4.5
Most important stress: health of my family	3.6	na	5.9	7.0	5.6
Most important stress: (no day-to-day stress)	6.4	na	6.1	7.2	6.5

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	8.4	8.9	10.1	8.4	8.8
"Good" ability to handle difficult problems	31.4	29.6	34.3	27.6	30.5
"Very good" ability to handle difficult problems	44.0	44.1	42.5	43.8	43.5
"Excellent" ability to handle difficult problems	16.3	17.2	12.9	20.1	17.0
"Poor/fair" ability to handle day-to-day problems	3.4	na	5.4	4.2	4.2
"Good" ability to handle day-to-day problems	27.9	22.7	29.5	25.5	26.9
"Very good" ability to handle day-to-day problems	49.2	50.9	46.8	46.4	47.6
"Excellent" ability to handle day-to-day problems	19.4	23.4	18.1	23.8	21.1
Rarely copes by trying to solve the problem	3.0	na	2.4	2.0	2.4
Sometimes copes by trying to solve the problem	20.6	18.2	17.9	15.9	17.9
Often copes by trying to solve the problem	75.8	78.8	79.4	81.1	79.0
Rarely copes by talking to others	12.8	11.3	12.1	11.2	11.9
Sometimes copes by talking to others	29.0	28.4	25.7	25.5	26.8
Often copes by talking to others	58.1	60.0	61.9	62.3	60.8
Never copes by smoking (non-smoker)	64.7	72.4	70.5	76.8	71.5
Never copes by smoking (a smoker)	11.8	8.3	9.6	7.4	9.2
Rarely copes by smoking more than usual	3.9	na	4.3	3.2	3.6
Sometimes copes by smoking more than usual	8.6	7.5	7.3	5.6	7.0
Often copes by smoking more than usual	11.0	9.0	8.2	6.8	8.5
Never copes by drinking alcohol	76.1	76.9	76.6	83.5	79.2
Rarely copes by drinking alcohol	14.3	13.7	15.1	10.5	13.0
Often/sometimes copes by drinking alcohol	9.5	9.1	8.0	5.8	7.6
Never copes by eating more/less than usual	39.3	38.5	33.5	39.3	37.8
Rarely copes by eating more/less than usual	21.4	19.4	23.8	18.6	20.8
Sometimes copes by eating more/less than usual	27.3	27.9	30.7	28.5	28.6
Often copes by eating more/less than usual	11.9	13.9	11.7	13.4	12.6
Never copes by jogging/exercise	49.4	39.5	41.1	41.5	43.5
Rarely copes by jogging/exercise	14.0	16.3	12.9	13.7	13.8
Sometimes copes by jogging/exercise	24.7	29.5	28.5	26.8	26.9
Often copes by jogging/exercise	11.9	14.5	17.1	17.7	15.7
Never copes by praying/spiritual help	66.4	34.5	13.9	7.0	27.6
Rarely copes by praying/spiritual help	20.5	34.8	20.8	4.7	15.5
Sometimes copes by praying/spiritual help	10.7	27.2	41.6	22.1	24.2
Often copes by praying/spiritual help	2.2	na	23.3	66.0	32.5
Never copes by blaming oneself	18.4	15.8	16.2	21.6	18.9
Rarely copes by blaming oneself	29.5	28.8	27.2	24.4	26.9
Sometimes copes by blaming oneself	40.3	42.2	41.6	38.7	40.1
Often copes by blaming oneself	11.1	12.9	14.8	15.0	13.7

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	9.4	na	7.1	18.0	11.8
A former drinker, not now	10.3	9.6	13.1	17.1	13.6
Occasional drinker	24.3	25.6	25.9	26.0	25.5
Regular drinker	55.9	59.5	53.9	39.0	49.1
Non-drinker or < 5 drinks per occasion last year	88.7	93.4	93.2	97.0	93.4
Heavy drinker, never drunk most of 1 mo.	10.4	5.6	6.6	2.6	6.0
Usually drunk at least 1 mo. last year	na	na	na	na	0.4
Never drunk at work/school/child care in life	94.4	96.9	97.4	98.7	97.0
Drunk 1 to 2 times at work, etc in life	2.2	na	na	na	1.1
Drunk 3 to 10 times in life	2.1	na	na	na	1.1
Drunk over 10 times in life	na	S	na	na	0.6
Drunk at least once at work, etc, in life	5.1	na	2.4	1.3	2.8
Non-drinker or < 5 drinks per occasion past year	88.7	93.4	93.2	97.0	93.4
Heavy drinker, never drunk at work/school/child care	7.8	4.7	5.2	2.4	4.8
Drunk 1+ times at work/school/child care past year	3.1	na	1.5	na	1.6
Non-drinker or < 5 drinks per occasion past year	88.7	93.4	93.2	97.0	93.4
Never drank more than promised past year	9.4	4.3	6.0	2.2	5.4
Drank more, despite promise not to past year	1.5	na	na	na	1.0
Non-drinker or < 5 drinks per occasion past year	88.7	93.4	93.2	97.0	93.4
Never drank much more than intended past year	9.1	4.8	5.4	2.2	5.1
Drank much more than intended past year	1.8	na	1.3	na	1.3
Non-drinker or < 5 drinks per occasion past year	88.7	93.4	93.2	97.0	93.4
Never drank so much to risk getting hurt past year	10.1	5.4	6.4	2.7	5.9
Drank so as to risk getting hurt past year	na	S	na	na	0.5
Never used marijuana in life	48.2	52.4	56.5	65.9	57.5
Used marijuana once in life	9.3	14.0	12.7	9.3	10.5
Used marijuana more than once in life	42.2	33.0	30.8	24.7	31.8
Has not used illicit drugs in life	48.1	51.8	55.5	65.6	57.1
Used illicit drugs at least once in life	51.7	47.7	44.5	34.3	42.8
Has not used illicit drugs in life (excl. marij.)	56.7	64.4	67.4	74.3	66.9
Used illicit drugs (excl. marij.) at least once in life	43.1	35.1	32.6	25.6	33.0
Has not used illicit drugs past year	92.3	93.8	95.0	95.8	94.4
Used illicit drugs at least once past year	7.5	5.7	5.0	4.1	5.4
Has not used illicit drugs past year (excl. marij.)	92.5	94.4	95.3	96.0	94.7
Used illicit drugs (excl. marij.) at least once past year	7.3	5.1	4.7	3.9	5.2

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	48.1	51.8	55.5	65.7	57.1
Has not used illicit drugs for 1 year in life	42.5	41.0	38.8	28.9	36.1
Used illicit drugs for 1 year in life	9.2	6.7	5.7	5.3	6.6
Has used drugs despite promise not to	na	S	na	na	0.4
Has used drugs more often than intended	na	S	na	na	0.4
Insufficient weight (bmi), age 20-64	7.9	10.4	6.5	6.5	7.2
Acceptable weight, age 20-64	33.1	27.6	32.0	30.6	31.4
Some excess weight, age 20-64	7.7	10.6	7.7	9.8	8.7
Overweight, age 20-64	16.0	16.2	20.8	20.1	18.8
Weight not stated, age 20-64	29.1	30.4	28.1	25.8	27.7
Never had fear of being too fat	66.8	67.4	65.6	67.6	66.9
Never had fear of being too fat past year	13.3	15.3	14.1	14.4	14.1
Had fear of being too fat past year	19.8	17.3	20.3	17.9	19.0
Has not gambled in life	28.3	26.8	28.4	20.6	25.2
Non-gambler now	17.9	16.2	17.9	32.0	23.3
Non-problem gambler	49.7	54.6	51.6	44.7	48.6
Low-risk gambler	2.7	na	na	1.9	1.9
Problem gambler	1.5	na	na	0.8	1.1
Low-risk or problem gambler	4.2	na	2.2	2.7	3.0
Non-gambler past year	69.5	69.6	71.3	78.0	73.3
Never felt gambling guilt past year	28.3	29.3	27.2	20.4	25.0
Sometimes-always felt gambling guilt past year	2.2	na	na	1.6	1.7
Never felt gambled too much past year	29.0	28.9	27.7	21.3	25.7
Sometimes-always gambled too much past year	1.5	na	na	na	1.1
Rarely felt loved and appreciated past month	4.1	na	3.4	2.6	3.3
Felt loved and appreciated past month	13.4	11.9	12.4	10.5	11.9
Often felt loved and appreciated past month	28.6	27.7	34.1	25.7	28.8
Almost always felt loved and appreciated past month	53.9	57.2	50.1	61.0	56.0
Suicide					
Has never seriously considered suicide	91.8	91.1	92.4	90.4	91.3
Has seriously considered suicide	8.2	8.6	7.6	9.6	8.6
Has never attempted suicide	96.0	97.5	97.2	95.9	96.4
Has attempted suicide	3.7	na	2.8	4.0	3.5

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	4.8	4.9	3.5	4.0	4.2
Felt at peace half the time past month	14.4	16.9	18.9	10.9	14.3
Often felt at peace past month	33.2	32.5	35.0	28.7	31.8
Almost always felt at peace past month	47.4	45.4	42.6	56.4	49.5
Rarely felt emotionally balanced past month	6.1	4.9	6.6	5.7	6.0
Felt balanced half the time past month	17.4	21.9	20.5	15.5	17.8
Often felt balanced past month	32.4	30.1	34.4	30.8	32.1
Almost always felt balanced past month	43.9	42.8	38.5	47.8	44.0
Rarely felt useful past month	3.5	na	2.5	3.9	3.3
Felt useful past month	9.8	10.2	14.1	7.6	10.1
Often felt useful past month	34.6	32.9	35.2	25.2	30.9
Almost always felt useful past month	52.1	53.9	48.3	63.2	55.6
Lowest income adequacy	2.1	na	1.7	3.1	2.4
Lower middle income adequacy	7.8	8.7	6.9	9.4	8.3
Middle income adequacy	19.7	20.2	17.2	22.1	20.1
Upper middle income adequacy	34.1	31.1	37.4	31.9	33.8
Highest income adequacy	31.3	35.0	32.0	28.0	30.5
Household income or size not stated	5.0	na	4.7	5.5	5.0
Household income last year under \$10,000	1.9	na	1.7	2.3	2.0
Household income income \$10,000-14,999	4.3	6.1	3.6	4.4	4.3
Household income income \$15,000-19,999	4.1	na	3.3	3.8	3.7
Household income income \$20,000-29,999	6.9	6.6	7.4	9.8	8.2
Household income income \$30,000-39,999	11.2	11.0	7.6	11.0	10.2
Household income income \$40,000-49,999	8.1	9.1	10.1	9.7	9.3
Household income income \$50,000-59,999	9.6	6.3	10.0	9.0	9.2
Household income income \$60,000-79,999	18.4	20.5	20.9	16.4	18.4
Household income income \$80,000 or more	30.3	32.3	30.4	27.2	29.3
Household income not stated	5.1	na	4.9	6.2	5.3
No welfare income received last year	91.2	89.6	93.8	92.3	92.1
Welfare income received last year	7.9	9.4	5.4	7.2	7.1
Parents aged 15 to 75	97.8	100.0	98.4	96.5	97.5
Not in the labour force	21.4	23.9	22.9	27.1	24.1
In the labour force	76.5	76.1	75.5	69.4	73.4
Employed	72.5	73.7	71.7	65.8	69.8
Unemployed	4.0	na	3.8	3.6	3.7
Permanently unable to work (aged 15-75)	na	S	na	1.8	1.2
Parents 75 years of age and over	na	S	na	1.8	1.3

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	7.4	na	10.0	10.8	9.5
Personal income under \$5,000	6.1	3.9	6.9	7.1	6.5
Personal income \$5,000-9,999	9.4	7.5	6.8	7.9	8.0
Personal income \$10,000-14,999	11.5	12.8	10.2	11.6	11.3
Personal income \$15,000-19,999	9.0	6.2	7.7	8.3	8.2
Personal income income \$20,000-29,999	16.4	15.7	17.7	15.8	16.4
Personal income income \$30,000-39,999	14.2	14.4	13.1	13.8	13.8
Personal income income \$40,000-49,999	9.5	10.7	9.0	7.2	8.6
Personal income income \$50,000-59,999	4.5	na	5.7	5.3	5.2
Personal income income \$60,000-79,999	5.0	na	5.2	5.8	5.7
Personal income income \$80,000 or more	2.8	na	na	na	2.1
Personal income not stated	4.1	na	4.6	5.3	4.6
Employee	69.2	72.6	67.2	60.3	65.5
Self-employed	9.6	8.4	9.9	11.4	10.3
Occupation: management	7.1	6.0	7.1	5.8	6.5
Professional including accountants	15.1	20.5	19.3	16.9	17.3
Technologist/technician	3.6	na	3.9	4.8	4.5
Administrative/financial/clerical	17.6	15.6	17.7	13.9	16.0
Sales or service	19.2	18.1	16.7	15.7	17.1
Trades/transport/equipment operator	2.7	na	2.1	2.3	2.4
Farming/forestry/fishing/mining	na	na	na	1.4	1.0
Processing/manufacturing/utilities	5.2	na	3.2	4.2	4.2
Other occupation	7.8	na	6.5	7.3	7.1
Usually works under 30 hours/week main job	19.7	15.5	17.6	19.8	18.9
Usually works 30-38 hours/week main job	22.5	26.9	24.7	20.5	22.6
Usually works 39-42 hours/week main job	25.7	25.4	19.7	19.0	21.6
Usually works over 42 hours/week main job	11.5	12.6	15.2	12.7	12.9
Usually does not work weekends	51.1	51.7	50.6	43.7	48.1
Usually works weekends	28.3	29.6	26.6	28.4	28.0
No work stress, main job, past year	8.0	na	4.2	6.3	6.2
Not much work stress, past year	15.4	12.2	11.7	14.2	13.7
A little work stress, past year	31.8	32.8	31.2	25.7	29.3
Much work stress, past year	18.5	22.9	24.6	20.4	21.1
Extreme work stress, past year	4.6	na	4.3	4.0	4.4
High job skill required: strongly agrees	21.7	30.4	24.8	26.9	25.2
High job skill required: agrees	30.6	30.7	32.9	29.3	30.6
High job skill required: neither agrees/disagrees	9.5	10.1	8.0	5.5	7.6
High job skill required: disagrees	14.2	8.0	9.0	8.1	10.0
High job skill required: strongly disagrees	2.2	na	na	na	1.5

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	17.9	23.6	20.6	18.7	19.3
Job was very hectic: agrees	28.8	29.3	29.0	25.7	27.7
Job was very hectic: neither agrees/disagrees	11.7	11.0	13.6	10.6	11.7
Job was very hectic: disagrees	16.2	14.1	11.9	13.9	14.1
Job was very hectic: strongly disagrees	2.9	na	na	1.8	2.0
Job free of conflicting demands: strongly agrees	6.6	7.3	5.1	7.2	6.5
Job free of conflicting demands: agrees	24.6	19.8	25.3	22.8	23.7
Job free of conflicting demands: neither agrees/disag.	11.5	13.1	13.1	9.6	11.3
Job free of conflicting demands: disagrees	27.0	33.4	26.8	23.6	26.1
Job free of conflicting demands: strongly disagrees	8.3	na	5.7	7.6	7.2
Job security good: strongly agrees	26.3	31.2	26.5	22.8	25.4
Job security good: agrees	33.7	29.2	31.0	31.6	31.9
Job security good: neither agrees/disagrees	6.6	8.4	6.7	7.0	6.9
Job security good: disagrees	8.0	8.7	8.2	5.8	7.2
Job security good: strongly disagrees	3.5	na	3.5	3.4	3.4
Job conflict with co-workers: strongly agrees	4.7	na	3.6	5.6	4.6
Job conflict with co-workers: agrees	19.3	18.8	16.8	14.1	16.6
Job conflict with co-workers: neither agrees/disag.	8.7	16.6	9.0	7.8	9.1
Job conflict with co-workers: disagrees	32.7	29.0	32.3	29.2	30.9
Job conflict with co-workers: strongly disagrees	12.5	14.0	14.2	14.1	13.7
Job supervisor was helpful: strongly agrees	13.1	13.4	13.7	13.8	13.5
Job supervisor was helpful: agrees	34.1	32.5	34.7	32.5	33.5
Job supervisor was helpful: neither agrees/disag.	15.5	18.3	13.9	13.8	14.6
Job supervisor was helpful: disagrees	11.2	11.1	8.8	5.8	8.4
Job supervisor was helpful: strongly disagrees	3.9	na	4.8	4.3	4.4
Job requires repetative tasks: strongly agrees	18.7	17.5	14.6	18.4	17.5
Job requires repetative tasks: agrees	33.5	33.5	34.1	32.1	33.1
Job requires repetative tasks: neither agrees/disag.	7.5	10.7	10.3	7.4	8.4
Job requires repetative tasks: disagrees	14.1	16.2	14.7	11.0	13.2
Job requires repetative tasks: strongly disagrees	4.4	na	na	1.9	2.8
Not satisfied at all with job	2.3	na	na	na	1.5
Not too satisfied at all with job	4.6	na	4.4	4.3	4.4
Somewhat satisfied with job	35.0	35.2	35.4	25.6	31.5
Very satisfied with job	36.3	38.1	34.9	40.1	37.6

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Selected indicators (rates or ratios)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Labour force					
Labour force participation rate	78.2	76.1	76.7	71.9	75.3
Employment rate	94.8	96.8	95.0	94.7	95.0
Unemployment rate	5.2	na	5.0	5.3	5.0
Permanently unable to work / labour force (%)	na	S	na	2.6	1.6
Population over 65 per employed (%)	4.8	na	3.4	8.8	5.8
Population over 75 per employed (%)	na	S	na	2.8	1.9
Population over 80 per employed (%)	na	S	na	1.3	1.0
Employees per self employed	7.2	8.6	6.8	5.3	6.4
Occupation: management per employed (%)	9.8	8.2	9.9	8.8	9.3
Professional including accountants per employed	20.8	27.8	27.0	25.6	24.8
Technologist/technician per employed	5.0	na	5.5	7.2	6.5
Administrative/financial/clerical per employed	24.3	21.2	24.6	21.1	23.0
Sales or service per employed	26.5	24.5	23.3	23.8	24.5
Trades/transport/equipment operator / employed	3.7	na	2.9	3.5	3.4
Farming/forestry/fishing/mining per employed	na	na	na	2.1	1.5
Processing/manufacturing/utilities per employed	7.2	na	4.4	6.4	6.0
Other occupations per employed	10.8	na	9.0	11.0	10.2
Works over 42 hrs/week: per employed (%)	15.8	17.1	21.1	19.3	18.6
Usually works weekends per employed (%)	39.1	40.2	37.0	43.2	40.2
Welfare rate -- welfare recipients, % income recipients	8.0	9.5	5.4	7.2	7.2
Highest household income quintile / Lowest	14.8	16.3	18.5	9.0	12.7
Canadian-born population per immigrant	435	506	389	191	299
Potential worship dropouts per weekly worshipper	2.2	3.2	2.2	1.3	1.5
Potential monthly worshippers per weekly worshipper	16.1	7.9	3.5	0.6	1.5
"Very religious" population / "Not religious at all"	0.0	na	0.6	15.6	1.8
Married / Single never married	11.0	12.6	15.7	19.5	15.0
Married / Widowed	25.8	na	28.7	14.3	19.8
Married / Common-law	4.6	4.5	7.6	16.7	7.6
Married / (Separated or divorced)	7.4	5.6	8.3	6.4	7.0
Post-secondary degree/dip / <High school diploma	2.8	5.7	4.2	3.2	3.4
Very satisfied with life in general / Dissatisfied	6.5	na	8.8	7.6	7.7
Excellent physical health / Fair or poor health	1.8	2.3	1.4	1.7	1.7
Excellent mental health / Fair or poor health	4.5	4.6	2.7	4.1	3.8
Days very stressful past month / Not at all	3.5	na	5.3	3.5	3.9

**Notes:**

See Appendix 1 for variable definitions and notes on the survey.

"na" = not available or smallest sample in ratio or rate is under 30.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	1,777,650	392,080	770,966	1,018,102	3,958,798
Newfoundland	32,806	na	17,516	21,310	79,486
Prince Edward Island	4,766	na	8,072	na	18,615
Nova Scotia	48,187	na	27,950	22,431	103,649
New Brunswick	33,539	na	28,922	21,400	97,316
Québec	484,545	125,305	161,468	192,740	964,058
Ontario	638,811	151,745	337,155	446,105	1,573,816
Manitoba	54,190	na	na	37,506	120,230
Saskatchewan	48,606	na	29,717	30,196	118,975
Alberta	171,277	36,823	68,054	125,239	401,393
British Columbia	260,923	na	74,954	117,180	481,260
Atlantic provinces	119,298	28,171	82,460	69,137	299,066
Prairie provinces	274,073	58,654	114,928	192,940	640,595
Selected metro areas:					
Montréal	261,826	na	na	na	448,085
Ottawa-Hull	59,453	na	na	42,016	159,627
Oshawa	17,024	S	na	na	35,723
Toronto	236,383	na	128,090	224,199	634,653
St Catherines	23,462	na	na	na	45,361
Kitchener	26,191	na	na	na	62,323
Winnipeg	25,886	na	na	25,077	64,402
Calgary	54,595	S	na	na	116,087
Edmonton	52,992	na	na	na	136,268
Vancouver	126,044	na	na	61,559	237,121
All non-metro areas	677,260	159,865	322,460	341,729	1,501,314
Urban core areas	1,186,737	247,584	487,406	709,956	2,631,683
Urban fringe areas	49,884	na	19,624	na	103,163
Rural fringe areas	146,845	49,938	69,951	75,215	341,949
Urban areas outside metro areas and large cities	165,940	44,916	80,380	95,704	386,940
Rural areas outside metro areas and large cities	228,244	39,683	113,605	113,530	495,062
Single detached dwelling	1,066,169	258,582	500,612	583,063	2,408,426
Dwelling a double	80,451	na	na	63,678	184,732
Row or terrace	60,168	na	na	62,386	156,532
Duplex	49,857	S	na	na	90,208
Low-rise apartment, under 5 stories	91,474	na	28,515	47,618	187,564
High-rise apartment	52,173	na	na	65,451	147,527
Total dwelling types above listed	1,400,292	321,315	610,478	842,904	3,174,989
Bedrooms: 1	na	na	na	na	55,706
Bedrooms: 2	256,526	37,540	84,310	144,122	522,498
Bedrooms: 3	987,901	210,194	411,478	501,554	2,111,127
Bedrooms: 4	441,841	115,086	217,556	248,433	1,022,916
Bedrooms: 5 or more	75,085	na	48,777	93,710	240,842

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	337,770	39,645	104,944	218,544	700,903
Dwelling owned	1,439,879	352,433	666,021	799,559	3,257,892
Household size: 2	53,718	na	23,797	21,668	113,313
Household size: 3	579,466	148,696	289,733	344,775	1,362,670
Household size: 4	864,013	161,189	304,419	389,490	1,719,111
Household size: 5	246,255	55,809	127,677	178,685	608,426
Household size: 6 or more	34,198	na	na	83,484	155,275
No child(ren) under 12	700,648	191,173	357,022	439,805	1,688,648
Child(ren) under 6	404,080	70,607	144,728	178,895	798,310
Child(ren) 6 to 11	458,682	86,226	198,009	251,748	994,665
Child(ren) under 6 and 6 to 11	214,239	44,072	71,207	147,655	477,173
Parents with child(ren) under 12	1,077,001	200,905	413,944	578,298	2,270,148
Age 15-19	S	S	S	S	S
20-24	22,999	na	na	na	41,235
25-29	115,765	na	21,359	23,995	177,264
30-34	240,345	32,824	86,738	94,416	454,323
35-39	338,632	69,739	128,722	198,922	736,015
40-44	454,414	93,923	164,512	188,739	901,588
45-49	250,283	74,836	153,290	184,010	662,419
50-54	183,501	45,029	92,775	136,245	457,550
55-59	99,523	na	62,930	69,580	249,142
60-64	na	na	na	73,760	144,850
65-69	na	S	na	na	69,077
70-74	na	S	na	na	na
75-79	S	S	S	na	na
80 plus	S	S	na	na	na
Married	1,445,358	325,722	672,532	930,121	3,373,733
Common-law	249,151	48,331	64,442	46,058	407,982
Widowed	na	S	na	na	31,576
Separated	21,819	na	na	na	44,572
Divorced	27,373	na	na	na	75,179
Single, never married	18,597	S	na	na	25,756
Mothers	S	S	S	S	S
Fathers	1,777,650	392,079	770,965	1,018,103	3,958,797
Converses in English only	980,167	163,050	370,513	395,663	1,909,393
Converses in French only	192,938	70,630	90,974	72,337	426,879
Converses in English and French	293,927	67,320	138,668	133,924	633,839
Converses in English, French and other language(s)	54,270	na	na	70,417	172,016
Converses in English and other language(s)	196,414	55,921	140,974	327,162	720,471

### Notes:

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"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	1,453,558	301,965	602,570	614,250	2,972,343
Immigrant, arrived before 1960	na	na	na	na	68,075
Immigrant, arrived from 1960 to 1979	113,406	na	59,685	136,826	334,574
Immigrant, arrived from 1980 to 2002	188,338	54,618	93,590	247,259	583,805
Immigrants	324,091	90,113	168,396	403,854	986,454
Aboriginal ethnicity, perhaps others	47,311	na	21,823	29,975	112,843
"Canadian" ethnicity, perhaps others	564,224	129,411	216,880	184,165	1,094,680
"French" ethnicity, perhaps others	385,870	101,121	181,463	189,851	858,305
"English" ethnicity, perhaps others	410,893	76,143	141,931	153,017	781,984
"Welsh" ethnicity, perhaps others	32,462	na	na	na	59,313
"Scotch" ethnicity, perhaps others	273,749	59,106	117,684	122,513	573,052
"Irish" ethnicity, perhaps others	228,800	52,262	101,271	91,546	473,879
"Italian" ethnicity, perhaps others	56,958	na	56,341	na	162,577
"Ukrainian" ethnicity, perhaps others	60,878	na	na	38,123	121,814
"German" ethnicity, perhaps others	142,001	45,930	71,683	83,637	343,251
"Dutch" ethnicity, perhaps others	52,906	na	na	46,758	132,469
"Polish" ethnicity, perhaps others	35,682	na	na	na	96,001
"Norwegian" ethnicity, perhaps others	na	na	na	na	46,547
"Chinese" ethnicity, perhaps others	73,468	S	na	43,168	135,044
"South Asian" ethnicity, perhaps others	na	S	na	75,444	143,998
Not a student	1,725,741	380,779	757,095	966,598	3,830,213
Part-time student	34,159	na	na	31,009	81,534
Full-time student	na	S	na	na	47,049
Less than secondary diploma	286,860	59,269	108,427	126,042	580,598
Secondary school diploma	429,352	63,791	116,667	160,870	770,680
Some post-secondary education	101,085	na	47,036	81,749	253,306
Post-secondary degree or diploma	951,463	244,707	497,306	638,505	2,331,981
Very strong belonging to locality	292,861	54,324	153,333	267,423	767,941
Somewhat strong belonging to locality	686,857	190,499	332,347	424,609	1,634,312
Somewhat weak belonging to locality	538,452	82,644	209,100	239,363	1,069,559
Very weak belonging to locality	251,749	64,612	67,512	84,970	468,843
Very satisfied with life in general	545,785	144,395	247,836	412,275	1,350,291
Satisfied with life in general	999,014	188,154	452,668	479,525	2,119,361
Neither satisfied nor dissatisfied with life	163,472	45,869	50,106	87,243	346,690
Dissatisfied with life in general	69,379	na	na	37,773	141,167
Has fewer than 3 close friends	332,168	73,597	104,589	172,487	682,841
Has 3 to 5 close friends	602,460	152,014	240,821	298,325	1,293,620
Has 6 to 9 close friends	275,114	74,019	135,291	165,645	650,069
Has 10 to 15 close friends	392,397	70,879	201,534	286,074	950,884
Has more than 15 close friends	163,146	na	76,862	89,938	350,139

### Notes:

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"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	na	na	na	na	38,554
French Catholic	397,195	119,549	189,349	159,202	865,295
Other Catholic	289,644	88,334	214,520	230,811	823,309
United Church	176,277	38,810	67,232	37,083	319,402
Anglican	140,066	na	53,682	42,856	257,353
Presbyterian	46,186	na	19,817	na	89,394
Lutheran	38,836	na	na	na	94,162
Baptist	19,782	na	25,607	56,046	114,151
Pentecostal	na	na	na	49,729	79,346
Jehovah Witness	S	S	S	na	na
Christian, other	62,517	na	53,490	187,171	317,339
Islam	na	S	na	75,210	113,270
Hindu-Buddhist-Sikh	na	na	na	68,073	145,095
Jewish	na	S	S	S	na
No religion: prays	55,738	na	na	na	124,417
No religion	446,515	na	na	na	508,456
Religious affiliation not stated	na	S	S	S	na
No religious affiliation	502,253	na	46,360	48,466	632,873
Roman Catholic	686,839	207,883	403,869	390,013	1,688,604
Liberal protestant	401,365	87,212	164,023	107,711	760,311
Conservative Christian	100,674	31,169	87,596	309,863	529,302
Christian	1,188,878	326,264	655,488	807,587	2,978,217
Non-Christian	66,457	na	53,783	148,637	293,992
Worshipped weekly or more often past year	na	38,838	156,419	572,107	795,342
Worshipped monthly past year	53,769	60,486	147,046	141,098	402,399
Worshipped 3 to 4 times past year	222,300	121,291	202,558	101,641	647,790
Worshipped once past year	200,103	59,171	79,640	44,673	383,587
Did not worship past year (religiously affiliated)	763,104	76,499	132,430	105,998	1,078,031
Never worshipped, or no religious affiliation	1,687,759	292,755	460,987	300,779	2,742,280
Worshipped at least weekly or monthly past year	81,746	99,324	303,465	713,205	1,197,740
Worshipped monthly & prays often	na	na	40,473	415,192	474,365
Worshipped monthly & prays sometimes	na	na	131,279	171,791	347,220
Worshipped monthly & prays rarely	na	30,003	65,192	na	153,933
Worshipped monthly & does not pray	43,111	33,432	66,521	75,143	218,207
Potential dropouts from monthly worship	81,747	99,324	303,465	709,189	1,193,725
Worshipped < monthly past year, prays often	S	S	na	42,357	67,050
Worshipped < monthly past year, prays sometimes	133,399	98,611	189,569	74,531	496,110
Non-worshipper past year, prays often	na	S	na	47,687	86,183
Non-worshipper past year, prays sometimes	214,043	47,609	92,371	55,388	409,411
Potential monthly worshipper	378,946	151,109	308,736	219,963	1,058,754

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	331,054	na	na	na	398,353
Not very religious	684,442	178,262	203,850	81,627	1,148,181
Somewhat religious	239,953	154,478	465,208	574,016	1,433,655
Very religious	na	S	na	279,889	322,293
Role of spiritual values in one's life					
Spiritual values are important in my life	72,648	392,079	770,965	1,018,103	2,253,795
Spiritual values are unimportant in my life	1,705,002	S	S	S	1,705,002
Sp. values help understand life's difficulties: no	1,753,654	na	na	S	1,787,136
Sp. values help understand life's difficulties:a little	na	291,129	79,043	na	399,545
Sp. values help understand life's difficulties:some	na	62,704	603,062	113,742	788,628
Sp. values help understand life's difficulties: a lot	S	na	82,928	883,347	982,454
Sp. values help me find meaning in my life: no	1,719,251	S	S	S	1,725,824
Sp. values help me find meaning in my life: a little	27,843	215,275	35,493	na	287,545
Sp. values help me find meaning in my life: some	na	151,549	593,443	77,490	834,944
Sp. values help me find meaning in my life: a lot	na	na	139,559	930,785	1,110,484
Physical Health					
Physical health is "excellent"	342,039	79,971	132,863	209,545	764,418
Physical health is "very good"	633,648	153,545	284,910	410,821	1,482,924
Physical health is "good"	604,240	125,103	268,246	293,596	1,291,185
Physical health is "fair" or "poor"	197,723	33,459	84,946	104,141	420,269
Physically inactive (index)	886,038	192,302	391,304	525,497	1,995,141
Moderately active physically (index)	462,048	112,676	201,369	270,834	1,046,927
Active physically (index)	429,563	87,100	178,292	221,772	916,727
Never has an activity limitation	1,372,893	279,424	579,253	778,530	3,010,100
Sometimes has an activity limitation	246,335	60,287	125,970	138,682	571,274
Often has an activity limitation	158,421	52,368	65,742	100,890	377,421
Never physically active > 15 min. / occasion, past mo.	151,375	na	66,096	128,510	377,322
Physically active >15 minutes, 1 to 5 times a month	251,294	50,308	113,762	131,245	546,609
Physically active >15 minutes, 6 to 15 times a month	404,425	94,448	175,527	258,163	932,563
Physically active >15 minutes, 16 to 29 times a month	450,177	102,545	170,682	210,436	933,840
Physically active >15 minutes, 30 or more times a mo.	520,379	113,436	244,898	289,748	1,168,461

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	649,481	141,199	303,529	353,089	1,447,298
Has a diagnosed chronic health problem	1,128,169	250,880	467,436	665,014	2,511,499
Has food allergies	87,408	na	40,376	55,913	207,215
Has non-food allergies	462,918	110,508	168,329	259,218	1,000,973
Asthma	107,479	na	40,026	53,033	233,361
Bronchitis	37,403	S	na	na	73,639
Diabetes	76,104	na	30,138	47,070	159,254
Heart disease	33,201	na	28,467	42,338	114,776
High blood pressure	190,473	na	103,825	144,736	460,083
Diagnosed migraines	107,337	na	41,973	81,962	250,297
Cancer	na	S	na	na	25,886
Stomach/intestinal ulcers	88,606	na	35,976	49,249	189,060
Bowel disorder/Crohn's/colitis	29,615	na	na	na	67,662
Thyroid	na	na	na	na	71,756
Arthritis/rheumatism	171,248	40,182	93,087	113,844	418,361
Back problems excluding arthritis	420,803	93,502	169,779	219,535	903,619
Mental Health					
Mental health is "excellent"	489,211	109,996	199,401	367,374	1,165,982
Mental health is "very good"	709,220	164,445	357,597	352,042	1,583,304
Mental health is "good"	472,640	97,740	175,007	256,386	1,001,773
Mental health is "fair" or "poor"	105,843	na	38,637	41,788	206,165
Rarely felt emotionally balanced past month	63,863	na	na	33,558	126,087
Felt emotionally balanced half the time	262,820	44,871	70,910	81,779	460,380
Felt emotionally balanced frequently	574,156	125,064	296,639	269,547	1,265,406
Felt emotionally balanced almost always past mo.	876,810	206,813	390,080	629,862	2,103,565
Most days not stressful at all past month	180,223	na	74,597	116,263	400,563
Most days not very stressful past month	341,215	57,397	134,471	209,168	742,251
Most days a bit stressful past month	760,129	182,455	352,760	401,518	1,696,862
Most days quite a bit/extremely stressful past mo.	496,082	122,746	209,138	291,153	1,119,119
Most important source of daily stress: time pressure	303,250	81,058	149,373	149,456	683,137
Most important stress: my physical health	52,369	na	41,981	39,250	145,212
Most important stress: finances, not enough money	317,671	53,077	89,498	135,621	595,867
Most important stress: my work situation	616,905	140,702	260,657	309,016	1,327,280
Most important stress: school	na	S	S	S	na
Most important stress: care for my children	75,073	na	28,192	25,284	132,538
Most important stress: care for others	76,653	na	27,634	77,861	202,085
Most important stress: my relationships with others	62,906	na	na	na	121,397
Most important stress: health of my family	28,702	na	40,954	48,119	128,597
Most important stress: (no day-to-day stress)	153,243	na	57,796	110,274	348,390

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	133,599	na	58,348	63,985	283,400
"Good" ability to handle difficult problems	526,197	93,056	198,455	249,590	1,067,298
"Very good" ability to handle difficult problems	740,932	205,000	365,681	445,987	1,757,600
"Excellent" ability to handle difficult problems	376,774	66,554	148,482	254,667	846,477
"Poor/fair" ability to handle day-to-day problems	85,686	na	24,844	41,282	184,737
"Good" ability to handle day-to-day problems	439,374	77,037	197,307	211,307	925,025
"Very good" ability to handle day-to-day problems	805,401	198,516	385,489	491,840	1,881,246
"Excellent" ability to handle day-to-day problems	447,041	83,601	163,325	269,800	963,767
Rarely copes by trying to solve the problem	56,623	na	na	43,095	132,552
Sometimes copes by trying to solve the problem	323,453	79,708	137,695	112,798	653,654
Often copes by trying to solve the problem	1,395,129	293,244	616,016	850,542	3,154,931
Rarely copes by talking to others	464,886	94,206	161,152	204,157	924,401
Sometimes copes by talking to others	604,712	147,549	277,886	331,704	1,361,851
Often copes by talking to others	705,336	150,323	329,748	473,330	1,658,737
Never copes by smoking (non-smoker)	1,106,276	273,232	515,110	762,544	2,657,162
Never copes by smoking (a smoker)	257,019	57,958	99,185	92,860	507,022
Rarely copes by smoking more than usual	83,153	na	28,788	25,877	147,067
Sometimes copes by smoking more than usual	174,633	27,777	55,462	62,066	319,938
Often copes by smoking more than usual	155,359	na	71,619	64,517	315,357
Never copes by drinking alcohol	1,125,365	249,767	521,758	822,935	2,719,825
Rarely copes by drinking alcohol	353,951	81,238	137,934	110,049	683,172
Often/sometimes copes by drinking alcohol	296,160	61,074	110,471	76,207	543,912
Never copes by eating more/less than usual	1,066,886	219,703	427,608	568,641	2,282,838
Rarely copes by eating more/less than usual	357,698	81,882	176,792	226,117	842,489
Sometimes copes by eating more/less than usual	262,365	78,313	130,087	165,029	635,794
Often copes by eating more/less than usual	89,491	na	34,297	48,641	184,610
Never copes by jogging/exercise	905,497	201,201	326,887	472,979	1,906,564
Rarely copes by jogging/exercise	296,928	60,534	138,555	152,319	648,336
Sometimes copes by jogging/exercise	391,954	83,116	202,804	238,686	916,560
Often copes by jogging/exercise	181,292	47,227	100,539	145,206	474,264
Never copes by praying/spiritual help	1,355,767	175,077	218,336	151,767	1,900,947
Rarely copes by praying/spiritual help	276,405	132,910	197,936	88,930	696,181
Sometimes copes by praying/spiritual help	103,296	68,597	284,578	261,712	718,183
Often copes by praying/spiritual help	na	na	67,935	505,912	630,314
Never copes by blaming oneself	425,149	82,058	164,067	283,867	955,141
Rarely copes by blaming oneself	508,099	115,255	261,959	284,972	1,170,285
Sometimes copes by blaming oneself	688,163	144,033	284,517	324,263	1,440,976
Often copes by blaming oneself	153,104	50,733	55,774	114,526	374,137

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	na	S	na	128,947	208,252
A former drinker, not now	141,654	na	51,468	167,411	386,833
Occasional drinker	200,602	60,184	85,804	155,836	502,426
Regular drinker	1,385,491	301,858	606,491	561,225	2,855,065
Non-drinker or < 5 drinks per occasion last year	1,219,127	291,474	595,120	899,890	3,005,611
Heavy drinker, never drunk most of 1 mo.	525,226	95,868	167,567	102,204	890,865
Usually drunk at least 1 mo. last year	na	S	na	na	37,570
Never drunk at work/school/child care in life	1,507,000	351,324	684,118	956,252	3,498,694
Drunk 1 to 2 times at work, etc in life	99,488	na	37,803	na	166,789
Drunk 3 to 10 times in life	95,324	na	22,145	na	156,316
Drunk over 10 times in life	65,339	na	na	na	111,326
Drunk at least once at work, etc, in life	260,151	37,126	82,273	54,881	434,431
Non-drinker or < 5 drinks per occasion past year	1,219,127	291,474	595,120	899,890	3,005,611
Heavy drinker, never drunk at work/school/child care	413,194	76,394	138,388	84,162	712,138
Drunk 1+ times at work/school/child care past year	138,604	na	33,509	na	219,776
Non-drinker or < 5 drinks per occasion past year	1,219,127	291,474	595,120	899,890	3,005,611
Never drank more than promised past year	436,695	77,680	140,654	86,609	741,638
Drank more, despite promise not to past year	111,937	na	31,243	22,997	185,474
Non-drinker or < 5 drinks per occasion past year	1,219,127	291,474	595,120	899,890	3,005,611
Never drank much more than intended past year	418,898	80,516	135,658	90,369	725,441
Drank much more than intended past year	129,734	na	36,239	na	203,308
Non-drinker or < 5 drinks per occasion past year	1,219,127	291,474	595,120	899,890	3,005,611
Never drank so much to risk getting hurt past year	459,181	81,211	150,944	77,648	768,984
Drank so as to risk getting hurt past year	90,149	na	na	na	160,463
Never used marijuana in life	682,708	174,862	393,583	655,873	1,907,026
Used marijuana once in life	194,038	41,625	75,931	74,676	386,270
Used marijuana more than once in life	898,119	175,592	299,144	283,934	1,656,789
Has not used illicit drugs in life	668,151	173,574	391,280	649,563	1,882,568
Used illicit drugs at least once in life	1,106,714	218,505	377,378	364,921	2,067,518
Has not used illicit drugs in life (excl. marij.)	846,579	211,035	460,193	716,549	2,234,356
Used illicit drugs (excl. marij.) at least once in life	928,286	181,044	308,465	297,934	1,715,729
Has not used illicit drugs past year	1,532,161	354,241	693,543	950,500	3,530,445
Used illicit drugs at least once past year	242,704	37,837	72,367	61,869	414,777
Has not used illicit drugs past year (excl. marij.)	1,536,469	356,664	702,928	952,787	3,548,848
Used illicit drugs (excl. marij.) at least once past year	238,397	35,415	62,981	59,583	396,376

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	668,414	173,574	391,550	650,429	1,883,967
Has not used illicit drugs for 1 year in life	817,194	167,882	291,220	278,713	1,555,009
Used illicit drugs for 1 year in life	288,245	50,623	85,888	85,342	510,098
Has used drugs despite promise not to	45,197	na	na	na	66,048
Has used drugs more often than intended	47,857	na	na	na	78,163
Insufficient weight (bmi), age 20-64	39,753	na	na	na	87,733
Acceptable weight, age 20-64	537,868	132,621	245,849	309,941	1,226,279
Some excess weight, age 20-64	401,304	66,380	159,210	216,575	843,469
Overweight, age 20-64	759,055	163,705	325,312	413,468	1,661,540
Weight not stated, age 20-64	S	S	S	S	S
Never had fear of being too fat	1,506,815	351,997	660,139	861,720	3,380,671
Never had fear of being too fat past year	123,750	na	37,348	72,588	254,760
Had fear of being too fat past year	146,818	na	72,445	80,439	318,710
Has not gambled in life	539,394	102,439	232,570	259,296	1,133,699
Non-gambler now	237,985	36,138	112,439	318,184	704,746
Non-problem gambler	867,002	233,751	383,211	403,440	1,887,404
Low-risk gambler	75,535	na	na	na	117,357
Problem gambler	49,258	na	na	na	83,508
Low-risk or problem gambler	124,793	na	26,633	29,689	200,865
Non-gambler past year	1,085,065	233,165	493,069	754,601	2,565,900
Never felt gambling guilt past year	633,335	151,745	246,255	236,279	1,267,614
Sometimes-always felt gambling guilt past year	50,773	na	na	na	95,614
Never felt gambled too much past year	649,568	153,325	254,763	243,422	1,301,078
Sometimes-always gambled too much past year	34,540	na	na	na	59,737
Rarely felt loved and appreciated past month	52,444	na	na	na	94,955
Felt loved and appreciated past month	183,976	27,427	58,098	66,265	335,766
Often felt loved and appreciated past month	547,148	108,254	243,809	238,489	1,137,700
Almost always felt loved and appreciated past month	993,569	246,359	460,773	685,805	2,386,506
Suicide					
Has never seriously considered suicide	1,635,135	369,006	708,371	929,906	3,642,418
Has seriously considered suicide	139,382	na	61,081	84,293	305,753
Has never attempted suicide	1,737,102	381,850	754,528	975,465	3,848,945
Has attempted suicide	37,415	na	na	38,734	98,613

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	90,333	na	na	na	148,420
Felt at peace half the time past month	204,686	51,002	63,003	83,729	402,420
Often felt at peace past month	560,796	130,149	262,968	258,345	1,212,258
Almost always felt at peace past month	921,835	198,348	425,138	646,771	2,192,092
Rarely felt emotionally balanced past month	63,863	na	na	33,558	126,087
Felt balanced half the time past month	262,820	44,871	70,910	81,779	460,380
Often felt balanced past month	574,156	125,064	296,639	269,547	1,265,406
Almost always felt balanced past month	876,810	206,813	390,080	629,862	2,103,565
Rarely felt useful past month	36,390	na	na	na	97,474
Felt useful past month	159,090	na	49,468	59,454	300,873
Often felt useful past month	624,890	111,036	279,229	286,502	1,301,657
Almost always felt useful past month	957,280	238,370	415,338	641,808	2,252,796
Lowest income adequacy	na	na	na	33,471	74,424
Lower middle income adequacy	99,359	na	27,228	50,182	185,519
Middle income adequacy	275,884	60,784	115,711	205,818	658,197
Upper middle income adequacy	667,154	158,282	283,341	362,321	1,471,098
Highest income adequacy	667,555	145,202	309,194	330,193	1,452,144
Household income or size not stated	39,732	na	31,799	na	117,414
Household income last year under \$10,000	na	na	na	na	59,774
Household income \$10,000-14,999	32,376	na	na	na	70,080
Household income \$15,000-19,999	38,458	na	na	na	63,875
Household income \$20,000-29,999	111,985	na	39,721	76,214	244,048
Household income \$30,000-39,999	163,021	na	65,562	104,823	359,566
Household income \$40,000-49,999	148,554	24,969	64,825	101,321	339,669
Household income \$50,000-59,999	179,568	74,809	88,884	106,711	449,972
Household income \$60,000-79,999	381,133	78,757	152,403	201,636	813,929
Household income \$80,000 or more	659,694	144,295	306,798	328,915	1,439,702
Household income not stated	39,732	na	32,566	na	118,181
No welfare income received last year	1,722,909	387,434	747,069	970,325	3,827,737
Welfare income received last year	40,685	na	na	36,850	99,070
Parents aged 15 to 75	1,748,741	382,379	755,152	992,535	3,874,643
Not in the labour force	93,466	15,058	69,450	84,495	258,305
In the labour force	1,655,275	367,321	685,702	908,040	3,616,338
Employed	1,606,975	356,877	672,571	879,332	3,515,755
Unemployed	48,300	na	na	na	100,583
Permanently unable to work (aged 15-75)	23,129	S	na	na	54,391
Parents 75 years of age and over	na	S	na	na	30,216

### Notes:

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"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	na	S	na	na	47,958
Personal income under \$5,000	na	S	na	na	45,317
Personal income \$5,000-9,999	na	na	na	24,510	69,388
Personal income \$10,000-14,999	57,229	na	26,398	35,671	127,004
Personal income \$15,000-19,999	60,700	na	26,708	29,611	124,673
Personal income income \$20,000-29,999	203,509	50,853	90,531	155,976	500,869
Personal income income \$30,000-39,999	287,942	66,634	130,457	141,849	626,882
Personal income income \$40,000-49,999	275,110	68,178	120,900	150,250	614,438
Personal income income \$50,000-59,999	197,316	46,029	92,729	142,667	478,741
Personal income income \$60,000-79,999	324,932	58,752	129,891	155,405	668,980
Personal income income \$80,000 or more	256,052	62,184	101,291	107,870	527,397
Personal income not stated	47,940	na	29,566	na	127,151
Employee	1,296,109	295,876	558,390	702,430	2,852,805
Self-employed	370,425	71,489	148,488	209,256	799,658
Occupation: management	240,213	70,078	119,712	128,466	558,469
Professional including accountants	195,851	55,222	123,637	169,860	544,570
Technologist/technician	249,913	26,450	74,257	102,844	453,464
Administrative/financial/clerical	56,385	na	na	na	127,323
Sales or service	226,110	59,100	88,656	119,837	493,703
Trades/transport/equipment operator	441,019	95,712	157,472	199,683	893,886
Farming/forestry/fishing/mining	74,173	na	41,290	45,512	168,579
Processing/manufacturing/utilities	113,199	na	46,153	58,012	240,006
Other occupation	66,131	na	36,204	49,716	169,023
Usually works under 30 hours/week main job	46,484	S	na	36,075	99,797
Usually works 30-38 hours/week main job	167,185	26,761	71,439	110,927	376,312
Usually works 39-42 hours/week main job	627,179	146,357	249,087	288,943	1,311,566
Usually works over 42 hours/week main job	826,977	191,987	367,663	471,608	1,858,235
Usually does not work weekends	1,009,703	224,240	418,634	512,863	2,165,440
Usually works weekends	653,290	143,126	288,244	398,922	1,483,582
No work stress, main job, past year	134,238	na	50,606	95,661	308,547
Not much work stress, past year	279,253	39,968	103,422	161,013	583,656
A little work stress, past year	686,504	169,716	317,297	339,712	1,513,229
Much work stress, past year	458,865	100,388	188,948	266,264	1,014,465
Extreme work stress, past year	107,356	na	43,258	46,448	225,349
High job skill required: strongly agrees	743,724	132,476	297,247	390,423	1,563,870
High job skill required: agrees	628,613	161,173	310,697	374,898	1,475,381
High job skill required: neither agrees/disagrees	102,662	na	46,439	63,599	252,663
High job skill required: disagrees	174,735	na	41,650	69,246	314,257
High job skill required: strongly disagrees	na	S	S	na	na

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	437,801	88,102	151,798	213,026	890,727
Job was very hectic: agrees	607,444	145,734	283,161	337,421	1,373,760
Job was very hectic: neither agrees/disagrees	270,573	74,765	130,540	157,075	632,953
Job was very hectic: disagrees	316,815	43,545	119,187	184,274	663,821
Job was very hectic: strongly disagrees	27,133	na	na	na	69,899
Job free of conflicting demands: strongly agrees	174,371	na	39,373	84,020	319,606
Job free of conflicting demands: agrees	534,002	116,383	239,857	356,379	1,246,621
Job free of conflicting demands: neither agrees/disag.	234,933	42,621	123,499	103,474	504,527
Job free of conflicting demands: disagrees	574,097	141,745	229,368	283,247	1,228,457
Job free of conflicting demands: strongly disagrees	133,091	43,809	65,614	77,971	320,485
Job security good: strongly agrees	590,166	126,270	228,523	290,494	1,235,453
Job security good: agrees	687,821	157,938	307,130	399,230	1,552,119
Job security good: neither agrees/disagrees	136,290	36,149	71,701	104,279	348,419
Job security good: disagrees	163,301	33,176	77,590	78,622	352,689
Job security good: strongly disagrees	80,914	na	na	na	142,535
Job conflict with co-workers: strongly agrees	93,597	na	39,073	46,944	193,657
Job conflict with co-workers: agrees	418,693	101,640	181,618	187,265	889,216
Job conflict with co-workers: neither agrees/disag.	242,461	60,862	94,956	104,026	502,305
Job conflict with co-workers: disagrees	622,992	143,352	290,395	442,157	1,498,896
Job conflict with co-workers: strongly disagrees	282,023	46,504	94,463	125,428	548,418
Job supervisor was helpful: strongly agrees	249,643	50,848	101,988	153,674	556,153
Job supervisor was helpful: agrees	691,662	167,020	340,438	414,671	1,613,791
Job supervisor was helpful: neither agrees/disag.	364,382	85,240	149,183	199,800	798,605
Job supervisor was helpful: disagrees	223,544	37,399	61,232	87,893	410,068
Job supervisor was helpful: strongly disagrees	121,148	na	38,563	42,759	226,785
Job requires repetative tasks: strongly agrees	337,437	51,256	117,992	186,230	692,915
Job requires repetative tasks: agrees	629,961	151,961	314,960	376,866	1,473,748
Job requires repetative tasks: neither agrees/disag.	230,171	46,315	109,067	115,677	501,230
Job requires repetative tasks: disagrees	376,598	100,026	137,047	194,315	807,986
Job requires repetative tasks: strongly disagrees	85,599	na	na	32,732	157,139
Not satisfied at all with job	34,782	S	na	na	66,204
Not too satisfied at all with job	117,760	na	28,699	61,699	225,296
Somewhat satisfied with job	705,889	158,733	290,732	293,192	1,448,546
Very satisfied with job	800,946	187,724	370,883	533,032	1,892,585

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Canada	45	10	19	26	100
Newfoundland	41	na	22	27	100
Prince Edward Island	26	na	43	na	100
Nova Scotia	46	na	27	22	100
New Brunswick	34	na	30	22	100
Québec	50	13	17	20	100
Ontario	41	10	21	28	100
Manitoba	45	na	na	31	100
Saskatchewan	41	na	25	25	100
Alberta	43	9	17	31	100
British Columbia	54	na	16	24	100
Atlantic provinces	40	9	28	23	100
Prairie provinces	43	9	18	30	100
Selected metro areas:					
Montréal	58	na	na	na	100
Ottawa-Hull	37	na	na	26	100
Oshawa	48	S	na	na	100
Toronto	37	na	20	35	100
St Catherines	52	na	na	na	100
Kitchener	42	na	na	na	100
Winnipeg	40	na	na	39	100
Calgary	47	S	na	na	100
Edmonton	39	na	na	na	100
Vancouver	53	na	na	26	100
All non-metro areas	45	11	21	23	100
Urban core areas	45	9	19	27	100
Urban fringe areas	48	na	19	na	100
Rural fringe areas	43	15	20	22	100
Urban areas outside metro areas and large cities	43	12	21	25	100
Rural areas outside metro areas and large cities	46	8	23	23	100
Single detached dwelling	44	11	21	24	100
Dwelling a double	44	na	na	34	100
Row or terrace	38	na	na	40	100
Duplex	55	S	na	na	100
Low-rise apartment, under 5 stories	49	na	15	25	100
High-rise apartment	35	na	na	44	100
Total dwelling types above listed	44	10	19	27	100
Bedrooms: 1	na	na	na	na	100
Bedrooms: 2	49	7	16	28	100
Bedrooms: 3	47	10	19	24	100
Bedrooms: 4	43	11	21	24	100
Bedrooms: 5 or more	31	na	20	39	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Dwelling unowned	48	6	15	31	100
Dwelling owned	44	11	20	25	100
Household size: 2	47	na	21	19	100
Household size: 3	43	11	21	25	100
Household size: 4	50	9	18	23	100
Household size: 5	40	9	21	29	100
Household size: 6 or more	22	na	na	54	100
No child(ren) under 12	41	11	21	26	100
Child(ren) under 6	51	9	18	22	100
Child(ren) 6 to 11	46	9	20	25	100
Child(ren) under 6 and 6 to 11	45	9	15	31	100
Parents with child(ren) under 12	47	9	18	25	100
Age 15-19	S	S	S	S	S
20-24	56	na	na	na	100
25-29	65	na	12	14	100
30-34	53	7	19	21	100
35-39	46	9	17	27	100
40-44	50	10	18	21	100
45-49	38	11	23	28	100
50-54	40	10	20	30	100
55-59	40	na	25	28	100
60-64	na	na	na	51	100
65-69	na	S	na	na	100
70-74	na	S	na	na	na
75-79	S	S	S	na	na
80 plus	S	S	na	na	na
Married	43	10	20	28	100
Common-law	61	12	16	11	100
Widowed	na	S	na	na	100
Separated	49	na	na	na	100
Divorced	36	na	na	na	100
Single, never married	72	S	na	na	100
Mothers	S	S	S	S	S
Fathers	45	10	19	26	100
Converses in English only	51	9	19	21	100
Converses in French only	45	17	21	17	100
Converses in English and French	46	11	22	21	100
Converses in English, French and other language(s)	32	na	na	41	100
Converses in English and other language(s)	27	8	20	45	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Canadian-born	49	10	20	21	100
Immigrant, arrived before 1960	na	na	na	na	100
Immigrant, arrived from 1960 to 1979	34	na	18	41	100
Immigrant, arrived from 1980 to 2002	32	9	16	42	100
Immigrants	33	9	17	41	100
Aboriginal ethnicity, perhaps others	42	na	19	27	100
"Canadian" ethnicity, perhaps others	52	12	20	17	100
"French" ethnicity, perhaps others	45	12	21	22	100
"English" ethnicity, perhaps others	53	10	18	20	100
"Welsh" ethnicity, perhaps others	55	na	na	na	100
"Scotch" ethnicity, perhaps others	48	10	21	21	100
"Irish" ethnicity, perhaps others	48	11	21	19	100
"Italian" ethnicity, perhaps others	35	na	35	na	100
"Ukrainian" ethnicity, perhaps others	50	na	na	31	100
"German" ethnicity, perhaps others	41	13	21	24	100
"Dutch" ethnicity, perhaps others	40	na	na	35	100
"Polish" ethnicity, perhaps others	37	na	na	na	100
"Norwegian" ethnicity, perhaps others	na	na	na	na	100
"Chinese" ethnicity, perhaps others	54	S	na	32	100
"South Asian" ethnicity, perhaps others	na	S	na	52	100
Not a student	45	10	20	25	100
Part-time student	42	na	na	38	100
Full-time student	na	S	na	na	100
Less than secondary diploma	49	10	19	22	100
Secondary school diploma	56	8	15	21	100
Some post-secondary education	40	na	19	32	100
Post-secondary degree or diploma	41	10	21	27	100
Very strong belonging to locality	38	7	20	35	100
Somewhat strong belonging to locality	42	12	20	26	100
Somewhat weak belonging to locality	50	8	20	22	100
Very weak belonging to locality	54	14	14	18	100
Very satisfied with life in general	40	11	18	31	100
Satisfied with life in general	47	9	21	23	100
Neither satisfied nor dissatisfied with life	47	13	14	25	100
Dissatisfied with life in general	49	na	na	27	100
Has fewer than 3 close friends	49	11	15	25	100
Has 3 to 5 close friends	47	12	19	23	100
Has 6 to 9 close friends	42	11	21	25	100
Has 10 to 15 close friends	41	7	21	30	100
Has more than 15 close friends	47	na	22	26	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Eastern Orthodox or Ukrainian Catholic	na	na	na	na	100
French Catholic	46	14	22	18	100
Other Catholic	35	11	26	28	100
United Church	55	12	21	12	100
Anglican	54	na	21	17	100
Presbyterian	52	na	22	na	100
Lutheran	41	na	na	na	100
Baptist	17	na	22	49	100
Pentecostal	na	na	na	63	100
Jehovah Witness	S	S	S	na	na
Christian, other	20	na	17	59	100
Islam	na	S	na	66	100
Hindu-Buddhist-Sikh	na	na	na	47	100
Jewish	na	S	S	S	na
No religion: prays	45	na	na	na	100
No religion	88	na	na	na	100
Religious affiliation not stated	na	S	S	S	na
No religious affiliation	79	na	7	8	100
Roman Catholic	41	12	24	23	100
Liberal protestant	53	11	22	14	100
Conservative Christian	19	6	17	59	100
Christian	40	11	22	27	100
Non-Christian	23	na	18	51	100
Worshipped weekly or more often past year	na	5	20	72	100
Worshipped monthly past year	13	15	37	35	100
Worshipped 3 to 4 times past year	34	19	31	16	100
Worshipped once past year	52	15	21	12	100
Did not worship past year (religiously affiliated)	71	7	12	10	100
Never worshipped, or no religious affiliation	62	11	17	11	100
Worshipped at least weekly or monthly past year	7	8	25	60	100
Worshipped monthly & prays often	na	na	9	88	100
Worshipped monthly & prays sometimes	na	na	38	49	100
Worshipped monthly & prays rarely	na	19	42	na	100
Worshipped monthly & does not pray	20	15	30	34	100
Potential dropouts from monthly worship	7	8	25	59	100
Worshipped < monthly past year, prays often	S	S	na	63	100
Worshipped < monthly past year, prays sometimes	27	20	38	15	100
Non-worshipper past year, prays often	na	S	na	55	100
Non-worshipper past year, prays sometimes	52	12	23	14	100
Potential monthly worshipper	36	14	29	21	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Not "religious" at all	83	na	na	na	100
Not very religious	60	16	18	7	100
Somewhat religious	17	11	32	40	100
Very religious	na	S	na	87	100
Role of spiritual values in one's life					
Spiritual values are important in my life	3	17	34	45	100
Spiritual values are unimportant in my life	100	S	S	S	100
Sp. values help understand life's difficulties: no	98	na	na	S	100
Sp. values help understand life's difficulties:a little	na	73	20	na	100
Sp. values help understand life's difficulties:some	na	8	76	14	100
Sp. values help understand life's difficulties: a lot	S	na	8	90	100
Sp. values help me find meaning in my life: no	100	S	S	S	100
Sp. values help me find meaning in my life: a little	10	75	12	na	100
Sp. values help me find meaning in my life: some	na	18	71	9	100
Sp. values help me find meaning in my life: a lot	na	na	13	84	100
Physical Health					
Physical health is "excellent"	45	10	17	27	100
Physical health is "very good"	43	10	19	28	100
Physical health is "good"	47	10	21	23	100
Physical health is "fair" or "poor"	47	8	20	25	100
Physically inactive (index)	44	10	20	26	100
Moderately active physically (index)	44	11	19	26	100
Active physically (index)	47	10	19	24	100
Never has an activity limitation	46	9	19	26	100
Sometimes has an activity limitation	43	11	22	24	100
Often has an activity limitation	42	14	17	27	100
Never physically active > 15 min. / occasion, past mo.	40	na	18	34	100
Physically active >15 minutes, 1 to 5 times a month	46	9	21	24	100
Physically active >15 minutes, 6 to 15 times a month	43	10	19	28	100
Physically active >15 minutes, 16 to 29 times a month	48	11	18	23	100
Physically active >15 minutes, 30 or more times a mo.	45	10	21	25	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Has no chronic health problem	45	10	21	24	100
Has a diagnosed chronic health problem	45	10	19	26	100
Has food allergies	42	na	19	27	100
Has non-food allergies	46	11	17	26	100
Asthma	46	na	17	23	100
Bronchitis	51	S	na	na	100
Diabetes	48	na	19	30	100
Heart disease	29	na	25	37	100
High blood pressure	41	na	23	31	100
Diagnosed migraines	43	na	17	33	100
Cancer	na	S	na	na	100
Stomach/intestinal ulcers	47	na	19	26	100
Bowel disorder/Crohn's/colitis	44	na	na	na	100
Thyroid	na	na	na	na	100
Arthritis/rheumatism	41	10	22	27	100
Back problems excluding arthritis	47	10	19	24	100
Mental Health					
Mental health is "excellent"	42	9	17	32	100
Mental health is "very good"	45	10	23	22	100
Mental health is "good"	47	10	17	26	100
Mental health is "fair" or "poor"	51	na	19	20	100
Rarely felt emotionally balanced past month	51	na	na	27	100
Felt emotionally balanced half the time	57	10	15	18	100
Felt emotionally balanced frequently	45	10	23	21	100
Felt emotionally balanced almost always past mo.	42	10	19	30	100
Most days not stressful at all past month	45	na	19	29	100
Most days not very stressful past month	46	8	18	28	100
Most days a bit stressful past month	45	11	21	24	100
Most days quite a bit/extremely stressful past mo.	44	11	19	26	100
Most important source of daily stress: time pressure	44	12	22	22	100
Most important stress: my physical health	36	na	29	27	100
Most important stress: finances, not enough money	53	9	15	23	100
Most important stress: my work situation	46	11	20	23	100
Most important stress: school	na	S	S	S	na
Most important stress: care for my children	57	na	21	19	100
Most important stress: care for others	38	na	14	39	100
Most important stress: my relationships with others	52	na	na	na	100
Most important stress: health of my family	22	na	32	37	100
Most important stress: (no day-to-day stress)	44	na	17	32	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
"Poor/fair" ability to handle difficult problems	47	na	21	23	100
"Good" ability to handle difficult problems	49	9	19	23	100
"Very good" ability to handle difficult problems	42	12	21	25	100
"Excellent" ability to handle difficult problems	45	8	18	30	100
"Poor/fair" ability to handle day-to-day problems	46	na	13	22	100
"Good" ability to handle day-to-day problems	47	8	21	23	100
"Very good" ability to handle day-to-day problems	43	11	20	26	100
"Excellent" ability to handle day-to-day problems	46	9	17	28	100
Rarely copes by trying to solve the problem	43	na	na	33	100
Sometimes copes by trying to solve the problem	49	12	21	17	100
Often copes by trying to solve the problem	44	9	20	27	100
Rarely copes by talking to others	50	10	17	22	100
Sometimes copes by talking to others	44	11	20	24	100
Often copes by talking to others	43	9	20	29	100
Never copes by smoking (non-smoker)	42	10	19	29	100
Never copes by smoking (a smoker)	51	11	20	18	100
Rarely copes by smoking more than usual	57	na	20	18	100
Sometimes copes by smoking more than usual	55	9	17	19	100
Often copes by smoking more than usual	49	na	23	20	100
Never copes by drinking alcohol	41	9	19	30	100
Rarely copes by drinking alcohol	52	12	20	16	100
Often/sometimes copes by drinking alcohol	54	11	20	14	100
Never copes by eating more/less than usual	47	10	19	25	100
Rarely copes by eating more/less than usual	42	10	21	27	100
Sometimes copes by eating more/less than usual	41	12	20	26	100
Often copes by eating more/less than usual	48	na	19	26	100
Never copes by jogging/exercise	47	11	17	25	100
Rarely copes by jogging/exercise	46	9	21	23	100
Sometimes copes by jogging/exercise	43	9	22	26	100
Often copes by jogging/exercise	38	10	21	31	100
Never copes by praying/spiritual help	71	9	11	8	100
Rarely copes by praying/spiritual help	40	19	28	13	100
Sometimes copes by praying/spiritual help	14	10	40	36	100
Often copes by praying/spiritual help	na	na	11	80	100
Never copes by blaming oneself	45	9	17	30	100
Rarely copes by blaming oneself	43	10	22	24	100
Sometimes copes by blaming oneself	48	10	20	23	100
Often copes by blaming oneself	41	14	15	31	100

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	na	S	na	62	100
A former drinker, not now	37	na	13	43	100
Occasional drinker	40	12	17	31	100
Regular drinker	49	11	21	20	100
Non-drinker or < 5 drinks per occasion last year	41	10	20	30	100
Heavy drinker, never drunk most of 1 mo.	59	11	19	11	100
Usually drunk at least 1 mo. last year	na	S	na	na	100
Never drunk at work/school/child care in life	43	10	20	27	100
Drunk 1 to 2 times at work, etc in life	60	na	23	na	100
Drunk 3 to 10 times in life	61	na	14	na	100
Drunk over 10 times in life	59	na	na	na	100
Drunk at least once at work, etc, in life	60	9	19	13	100
Non-drinker or < 5 drinks per occasion past year	41	10	20	30	100
Heavy drinker, never drunk at work/school/child care	58	11	19	12	100
Drunk 1+ times at work/school/child care past year	63	na	15	na	100
Non-drinker or < 5 drinks per occasion past year	41	10	20	30	100
Never drank more than promised past year	59	10	19	12	100
Drank more, despite promise not to past year	60	na	17	12	100
Non-drinker or < 5 drinks per occasion past year	41	10	20	30	100
Never drank much more than intended past year	58	11	19	12	100
Drank much more than intended past year	64	na	18	na	100
Non-drinker or < 5 drinks per occasion past year	41	10	20	30	100
Never drank so much to risk getting hurt past year	60	11	20	10	100
Drank so as to risk getting hurt past year	56	na	na	na	100
Never used marijuana in life	36	9	21	34	100
Used marijuana once in life	50	11	20	19	100
Used marijuana more than once in life	54	11	18	17	100
Has not used illicit drugs in life	35	9	21	35	100
Used illicit drugs at least once in life	54	11	18	18	100
Has not used illicit drugs in life (excl. marij.)	38	9	21	32	100
Used illicit drugs (excl. marij.) at least once in life	54	11	18	17	100
Has not used illicit drugs past year	43	10	20	27	100
Used illicit drugs at least once past year	59	9	17	15	100
Has not used illicit drugs past year (excl. marij.)	43	10	20	27	100
Used illicit drugs (excl. marij.) at least once past year	60	9	16	15	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	35	9	21	35	100
Has not used illicit drugs for 1 year in life	53	11	19	18	100
Used illicit drugs for 1 year in life	57	10	17	17	100
Has used drugs despite promise not to	68	na	na	na	100
Has used drugs more often than intended	61	na	na	na	100
Insufficient weight (bmi), age 20-64	45	na	na	na	100
Acceptable weight, age 20-64	44	11	20	25	100
Some excess weight, age 20-64	48	8	19	26	100
Overweight, age 20-64	46	10	20	25	100
Weight not stated, age 20-64	S	S	S	S	S
Never had fear of being too fat	45	10	20	25	100
Never had fear of being too fat past year	49	na	15	28	100
Had fear of being too fat past year	46	na	23	25	100
Has not gambled in life	48	9	21	23	100
Non-gambler now	34	5	16	45	100
Non-problem gambler	46	12	20	21	100
Low-risk gambler	64	na	na	na	100
Problem gambler	59	na	na	na	100
Low-risk or problem gambler	62	na	13	15	100
Non-gambler past year	42	9	19	29	100
Never felt gambling guilt past year	50	12	19	19	100
Sometimes-always felt gambling guilt past year	53	na	na	na	100
Never felt gambled too much past year	50	12	20	19	100
Sometimes-always gambled too much past year	58	na	na	na	100
Rarely felt loved and appreciated past month	55	na	na	na	100
Felt loved and appreciated past month	55	8	17	20	100
Ofen felt loved and appreciated past month	48	10	21	21	100
Almost always felt loved and appreciated past month	42	10	19	29	100
Suicide					
Has never seriously considered suicide	45	10	19	26	100
Has seriously considered suicide	46	na	20	28	100
Has never attempted suicide	45	10	20	25	100
Has attempted suicide	38	na	na	39	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				Total
	Not at all	A little	Some	A lot	
Rarely felt at peace with myself past month	61	na	na	na	100
Felt at peace half the time past month	51	13	16	21	100
Often felt at peace past month	46	11	22	21	100
Almost always felt at peace past month	42	9	19	30	100
Rarely felt emotionally balanced past month	51	na	na	27	100
Felt balanced half the time past month	57	10	15	18	100
Often felt balanced past month	45	10	23	21	100
Almost always felt balanced past month	42	10	19	30	100
Rarely felt useful past month	37	na	na	na	100
Felt useful past month	53	na	16	20	100
Often felt useful past month	48	9	21	22	100
Almost always felt useful past month	42	11	18	28	100
Lowest income adequacy	na	na	na	45	100
Lower middle income adequacy	54	na	15	27	100
Middle income adequacy	42	9	18	31	100
Upper middle income adequacy	45	11	19	25	100
Highest income adequacy	46	10	21	23	100
Household income or size not stated	34	na	27	na	100
Household income last year under \$10,000	na	na	na	na	100
Household income income \$10,000-14,999	46	na	na	na	100
Household income income \$15,000-19,999	60	na	na	na	100
Household income income \$20,000-29,999	46	na	16	31	100
Household income income \$30,000-39,999	45	na	18	29	100
Household income income \$40,000-49,999	44	7	19	30	100
Household income income \$50,000-59,999	40	17	20	24	100
Household income income \$60,000-79,999	47	10	19	25	100
Household income income \$80,000 or more	46	10	21	23	100
Household income not stated	34	na	28	na	100
No welfare income received last year	45	10	20	25	100
Welfare income received last year	41	na	na	37	100
Parents aged 15 to 75	45	10	19	26	100
Not in the labour force	36	6	27	33	100
In the labour force	46	10	19	25	100
Employed	46	10	19	25	100
Unemployed	48	na	na	na	100
Permanently unable to work (aged 15-75)	43	S	na	na	100
Parents 75 years of age and over	na	S	na	na	100

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	na	S	na	na	100
Personal income under \$5,000	na	S	na	na	100
Personal income \$5,000-9,999	na	na	na	35	100
Personal income \$10,000-14,999	45	na	21	28	100
Personal income \$15,000-19,999	49	na	21	24	100
Personal income income \$20,000-29,999	41	10	18	31	100
Personal income income \$30,000-39,999	46	11	21	23	100
Personal income income \$40,000-49,999	45	11	20	24	100
Personal income income \$50,000-59,999	41	10	19	30	100
Personal income income \$60,000-79,999	49	9	19	23	100
Personal income income \$80,000 or more	49	12	19	20	100
Personal income not stated	38	na	23	na	100
Employee	45	10	20	25	100
Self-employed	46	9	19	26	100
Occupation: management	43	13	21	23	100
Professional including accountants	36	10	23	31	100
Technologist/technician	55	6	16	23	100
Administrative/financial/clerical	44	na	na	na	100
Sales or service	46	12	18	24	100
Trades/transport/equipment operator	49	11	18	22	100
Farming/forestry/fishing/mining	44	na	24	27	100
Processing/manufacturing/utilities	47	na	19	24	100
Other occupation	39	na	21	29	100
Usually works under 30 hours/week main job	47	S	na	36	100
Usually works 30-38 hours/week main job	44	7	19	29	100
Usually works 39-42 hours/week main job	48	11	19	22	100
Usually works over 42 hours/week main job	45	10	20	25	100
Usually does not work weekends	47	10	19	24	100
Usually works weekends	44	10	19	27	100
No work stress, main job, past year	44	na	16	31	100
Not much work stress, past year	48	7	18	28	100
A little work stress, past year	45	11	21	22	100
Much work stress, past year	45	10	19	26	100
Extreme work stress, past year	48	na	19	21	100
High job skill required: strongly agrees	48	8	19	25	100
High job skill required: agrees	43	11	21	25	100
High job skill required: neither agrees/disagrees	41	na	18	25	100
High job skill required: disagrees	56	na	13	22	100
High job skill required: strongly disagrees	na	S	S	na	na

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage of total	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	49	10	17	24	100
Job was very hectic: agrees	44	11	21	25	100
Job was very hectic: neither agrees/disagrees	43	12	21	25	100
Job was very hectic: disagrees	48	7	18	28	100
Job was very hectic: strongly disagrees	39	na	na	na	100
Job free of conflicting demands: strongly agrees	55	na	12	26	100
Job free of conflicting demands: agrees	43	9	19	29	100
Job free of conflicting demands: neither agrees/disag.	47	8	24	21	100
Job free of conflicting demands: disagrees	47	12	19	23	100
Job free of conflicting demands: strongly disagrees	42	14	20	24	100
Job security good: strongly agrees	48	10	18	24	100
Job security good: agrees	44	10	20	26	100
Job security good: neither agrees/disagrees	39	10	21	30	100
Job security good: disagrees	46	9	22	22	100
Job security good: strongly disagrees	57	na	na	na	100
Job conflict with co-workers: strongly agrees	48	na	20	24	100
Job conflict with co-workers: agrees	47	11	20	21	100
Job conflict with co-workers: neither agrees/disag.	48	12	19	21	100
Job conflict with co-workers: disagrees	42	10	19	29	100
Job conflict with co-workers: strongly disagrees	51	8	17	23	100
Job supervisor was helpful: strongly agrees	45	9	18	28	100
Job supervisor was helpful: agrees	43	10	21	26	100
Job supervisor was helpful: neither agrees/disag.	46	11	19	25	100
Job supervisor was helpful: disagrees	55	9	15	21	100
Job supervisor was helpful: strongly disagrees	53	na	17	19	100
Job requires repetative tasks: strongly agrees	49	7	17	27	100
Job requires repetative tasks: agrees	43	10	21	26	100
Job requires repetative tasks: neither agrees/disag.	46	9	22	23	100
Job requires repetative tasks: disagrees	47	12	17	24	100
Job requires repetative tasks: strongly disagrees	54	na	na	21	100
Not satisfied at all with job	53	S	na	na	100
Not too satisfied at all with job	52	na	13	27	100
Somewhat satisfied with job	49	11	20	20	100
Very satisfied with job	42	10	20	28	100

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canada	100.0	100.0	100.0	100.0	100.0
Newfoundland	1.8	na	2.3	2.1	2.0
Prince Edward Island	0.3	na	1.0	na	0.5
Nova Scotia	2.7	na	3.6	2.2	2.6
New Brunswick	1.9	na	3.8	2.1	2.5
Québec	27.3	32.0	20.9	18.9	24.4
Ontario	35.9	38.7	43.7	43.8	39.8
Manitoba	3.0	na	na	3.7	3.0
Saskatchewan	2.7	na	3.9	3.0	3.0
Alberta	9.6	9.4	8.8	12.3	10.1
British Columbia	14.7	na	9.7	11.5	12.2
Atlantic provinces	6.7	7.2	10.7	6.8	7.6
Prairie provinces	15.4	15.0	14.9	19.0	16.2
Selected metro areas:					
Montréal	14.7	na	na	na	11.3
Ottawa-Hull	3.3	na	na	4.1	4.0
Oshawa	1.0	S	na	na	0.9
Toronto	13.3	na	16.6	22.0	16.0
St Catherines	1.3	na	na	na	1.1
Kitchener	1.5	na	na	na	1.6
Winnipeg	1.5	na	na	2.5	1.6
Calgary	3.1	S	na	na	2.9
Edmonton	3.0	na	na	na	3.4
Vancouver	7.1	na	na	6.0	6.0
All non-metro areas	38.1	40.8	41.8	33.6	37.9
Urban core areas	66.8	63.1	63.2	69.7	66.5
Urban fringe areas	2.8	na	2.5	na	2.6
Rural fringe areas	8.3	12.7	9.1	7.4	8.6
Urban areas outside metro areas and large cities	9.3	11.5	10.4	9.4	9.8
Rural areas outside metro areas and large cities	12.8	10.1	14.7	11.2	12.5
Single detached dwelling	60.0	66.0	64.9	57.3	60.8
Dwelling a double	4.5	na	na	6.3	4.7
Row or terrace	3.4	na	na	6.1	4.0
Duplex	2.8	S	na	na	2.3
Low-rise apartment, under 5 stories	5.1	na	3.7	4.7	4.7
High-rise apartment	2.9	na	na	6.4	3.7
Total dwelling types above listed	78.8	82.0	79.2	82.8	80.2
Bedrooms: 1	na	na	na	na	1.4
Bedrooms: 2	14.4	9.6	10.9	14.2	13.2
Bedrooms: 3	55.6	53.6	53.4	49.3	53.3
Bedrooms: 4	24.9	29.4	28.2	24.4	25.8
Bedrooms: 5 or more	4.2	na	6.3	9.2	6.1

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Dwelling unowned	19.0	10.1	13.6	21.5	17.7
Dwelling owned	81.0	89.9	86.4	78.5	82.3
Household size: 2	3.0	na	3.1	2.1	2.9
Household size: 3	32.6	37.9	37.6	33.9	34.4
Household size: 4	48.6	41.1	39.5	38.3	43.4
Household size: 5	13.9	14.2	16.6	17.6	15.4
Household size: 6 or more	1.9	na	na	8.2	3.9
No child(ren) under 12	39.4	48.8	46.3	43.2	42.7
Child(ren) under 6	22.7	18.0	18.8	17.6	20.2
Child(ren) 6 to 11	25.8	22.0	25.7	24.7	25.1
Child(ren) under 6 and 6 to 11	12.1	11.2	9.2	14.5	12.1
Parents with child(ren) under 12	60.6	51.2	53.7	56.8	57.3
Age 15-19	S	S	S	S	S
20-24	1.3	na	na	na	1.0
25-29	6.5	na	2.8	2.4	4.5
30-34	13.5	8.4	11.3	9.3	11.5
35-39	19.0	17.8	16.7	19.5	18.6
40-44	25.6	24.0	21.3	18.5	22.8
45-49	14.1	19.1	19.9	18.1	16.7
50-54	10.3	11.5	12.0	13.4	11.6
55-59	5.6	na	8.2	6.8	6.3
60-64	na	na	na	7.2	3.7
65-69	na	S	na	na	1.7
70-74	na	S	na	na	na
75-79	S	S	S	na	na
80 plus	S	S	na	na	na
Married	81.3	83.1	87.2	91.4	85.2
Common-law	14.0	12.3	8.4	4.5	10.3
Widowed	na	S	na	na	0.8
Separated	1.2	na	na	na	1.1
Divorced	1.5	na	na	na	1.9
Single, never married	1.0	S	na	na	0.7
Mothers	S	S	S	S	S
Fathers	100.0	100.0	100.0	100.0	100.0
Converses in English only	55.1	41.6	48.1	38.9	48.2
Converses in French only	10.9	18.0	11.8	7.1	10.8
Converses in English and French	16.5	17.2	18.0	13.2	16.0
Converses in English, French and other language(s)	3.1	na	na	6.9	4.3
Converses in English and other language(s)	11.0	14.3	18.3	32.1	18.2

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Canadian-born	81.8	77.0	78.2	60.3	75.1
Immigrant, arrived before 1960	na	na	na	na	1.7
Immigrant, arrived from 1960 to 1979	6.4	na	7.7	13.4	8.5
Immigrant, arrived from 1980 to 2002	10.6	13.9	12.1	24.3	14.7
Immigrants	18.2	23.0	21.8	39.7	24.9
Aboriginal ethnicity, perhaps others	2.7	na	2.8	2.9	2.9
"Canadian" ethnicity, perhaps others	31.7	33.0	28.1	18.1	27.7
"French" ethnicity, perhaps others	21.7	25.8	23.5	18.6	21.7
"English" ethnicity, perhaps others	23.1	19.4	18.4	15.0	19.8
"Welsh" ethnicity, perhaps others	1.8	na	na	na	1.5
"Scotch" ethnicity, perhaps others	15.4	15.1	15.3	12.0	14.5
"Irish" ethnicity, perhaps others	12.9	13.3	13.1	9.0	12.0
"Italian" ethnicity, perhaps others	3.2	na	7.3	na	4.1
"Ukrainian" ethnicity, perhaps others	3.4	na	na	3.7	3.1
"German" ethnicity, perhaps others	8.0	11.7	9.3	8.2	8.7
"Dutch" ethnicity, perhaps others	3.0	na	na	4.6	3.3
"Polish" ethnicity, perhaps others	2.0	na	na	na	2.4
"Norwegian" ethnicity, perhaps others	na	na	na	na	1.2
"Chinese" ethnicity, perhaps others	4.1	S	na	4.2	3.4
"South Asian" ethnicity, perhaps others	na	S	na	7.4	3.6
Not a student	97.1	97.1	98.2	94.9	96.8
Part-time student	1.9	na	na	3.0	2.1
Full-time student	na	S	na	na	1.2
Less than secondary diploma	16.1	15.1	14.1	12.4	14.7
Secondary school diploma	24.2	16.3	15.1	15.8	19.5
Some post-secondary education	5.7	na	6.1	8.0	6.4
Post-secondary degree or diploma	53.5	62.4	64.5	62.7	58.9
Very strong belonging to locality	16.5	13.9	19.9	26.3	19.4
Somewhat strong belonging to locality	38.6	48.6	43.1	41.7	41.3
Somewhat weak belonging to locality	30.3	21.1	27.1	23.5	27.0
Very weak belonging to locality	14.2	16.5	8.8	8.3	11.8
Very satisfied with life in general	30.7	36.8	32.1	40.5	34.1
Satisfied with life in general	56.2	48.0	58.7	47.1	53.5
Neither satisfied nor dissatisfied with life	9.2	11.7	6.5	8.6	8.8
Dissatisfied with life in general	3.9	na	na	3.7	3.6
Has fewer than 3 close friends	18.7	18.8	13.6	16.9	17.2
Has 3 to 5 close friends	33.9	38.8	31.2	29.3	32.7
Has 6 to 9 close friends	15.5	18.9	17.5	16.3	16.4
Has 10 to 15 close friends	22.1	18.1	26.1	28.1	24.0
Has more than 15 close friends	9.2	na	10.0	8.8	8.8

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Eastern Orthodox or Ukrainian Catholic	na	na	na	na	1.0
French Catholic	22.3	30.5	24.6	15.6	21.9
Other Catholic	16.3	22.5	27.8	22.7	20.8
United Church	9.9	9.9	8.7	3.6	8.1
Anglican	7.9	na	7.0	4.2	6.5
Presbyterian	2.6	na	2.6	na	2.3
Lutheran	2.2	na	na	na	2.4
Baptist	1.1	na	3.3	5.5	2.9
Pentecostal	na	na	na	4.9	2.0
Jehovah Witness	S	S	S	na	na
Christian, other	3.5	na	6.9	18.4	8.0
Islam	na	S	na	7.4	2.9
Hindu-Buddhist-Sikh	na	na	na	6.7	3.7
Jewish	na	S	S	S	na
No religion: prays	3.1	na	na	na	3.1
No religion	25.1	na	na	na	12.8
Religious affiliation not stated	na	S	S	S	na
No religious affiliation	28.3	na	6.0	4.8	16.0
Roman Catholic	38.6	53.0	52.4	38.3	42.7
Liberal protestant	22.6	22.2	21.3	10.6	19.2
Conservative Christian	5.7	7.9	11.4	30.4	13.4
Christian	66.9	83.2	85.0	79.3	75.2
Non-Christian	3.7	na	7.0	14.6	7.4
Worshipped weekly or more often past year	na	9.9	20.3	56.2	20.1
Worshipped monthly past year	3.0	15.4	19.1	13.9	10.2
Worshipped 3 to 4 times past year	12.5	30.9	26.3	10.0	16.4
Worshipped once past year	11.3	15.1	10.3	4.4	9.7
Did not worship past year (religiously affiliated)	42.9	19.5	17.2	10.4	27.2
Never worshipped, or no religious affiliation	94.9	74.7	59.8	29.5	69.3
Worshipped at least weekly or monthly past year	4.6	25.3	39.4	70.1	30.3
Worshipped monthly & prays often	na	na	5.2	40.8	12.0
Worshipped monthly & prays sometimes	na	na	17.0	16.9	8.8
Worshipped monthly & prays rarely	na	7.7	8.5	na	3.9
Worshipped monthly & does not pray	2.4	8.5	8.6	7.4	5.5
Potential dropouts from monthly worship	4.6	25.3	39.4	69.7	30.2
Worshipped < monthly past year, prays often	S	S	na	4.2	1.7
Worshipped < monthly past year, prays sometimes	7.5	25.2	24.6	7.3	12.5
Non-worshipper past year, prays often	na	S	na	4.7	2.2
Non-worshipper past year, prays sometimes	12.0	12.1	12.0	5.4	10.3
Potential monthly worshipper	21.3	38.5	40.0	21.6	26.7

### Notes:

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Not "religious" at all	18.6	na	na	na	10.1
Not very religious	38.5	45.5	26.4	8.0	29.0
Somewhat religious	13.5	39.4	60.3	56.4	36.2
Very religious	na	S	na	27.5	8.1
Role of spiritual values in one's life					
Spiritual values are important in my life	4.1	100.0	100.0	100.0	56.9
Spiritual values are unimportant in my life	95.9	S	S	S	43.1
Sp. values help understand life's difficulties: no	98.7	na	na	S	45.1
Sp. values help understand life's difficulties:a little	na	74.3	10.3	na	10.1
Sp. values help understand life's difficulties:some	na	16.0	78.2	11.2	19.9
Sp. values help understand life's difficulties: a lot	S	na	10.8	86.8	24.8
Sp. values help me find meaning in my life: no	96.7	S	S	S	43.6
Sp. values help me find meaning in my life: a little	1.6	54.9	4.6	na	7.3
Sp. values help me find meaning in my life: some	na	38.7	77.0	7.6	21.1
Sp. values help me find meaning in my life: a lot	na	na	18.1	91.4	28.1
Physical Health					
Physical health is "excellent"	19.2	20.4	17.2	20.6	19.3
Physical health is "very good"	35.6	39.2	37.0	40.4	37.5
Physical health is "good"	34.0	31.9	34.8	28.8	32.6
Physical health is "fair" or "poor"	11.1	8.5	11.0	10.2	10.6
Physically inactive (index)	49.8	49.0	50.8	51.6	50.4
Moderately active physically (index)	26.0	28.7	26.1	26.6	26.4
Active physically (index)	24.2	22.2	23.1	21.8	23.2
Never has an activity limitation	77.2	71.3	75.1	76.5	76.0
Sometimes has an activity limitation	13.9	15.4	16.3	13.6	14.4
Often has an activity limitation	8.9	13.4	8.5	9.9	9.5
Never physically active > 15 min. / occasion, past mo.	8.5	na	8.6	12.6	9.5
Physically active >15 minutes, 1 to 5 times a month	14.1	12.8	14.8	12.9	13.8
Physically active >15 minutes, 6 to 15 times a month	22.8	24.1	22.8	25.4	23.6
Physically active >15 minutes, 16 to 29 times a month	25.3	26.2	22.1	20.7	23.6
Physically active >15 minutes, 30 or more times a mo.	29.3	28.9	31.8	28.5	29.5

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has no chronic health problem	36.5	36.0	39.4	34.7	36.6
Has a diagnosed chronic health problem	63.5	64.0	60.6	65.3	63.4
Has food allergies	4.9	na	5.2	5.5	5.2
Has non-food allergies	26.0	28.2	21.8	25.5	25.3
Asthma	6.0	na	5.2	5.2	5.9
Bronchitis	2.1	S	na	na	1.9
Diabetes	4.3	na	3.9	4.6	4.0
Heart disease	1.9	na	3.7	4.2	2.9
High blood pressure	10.7	na	13.5	14.2	11.6
Diagnosed migraines	6.0	na	5.4	8.1	6.3
Cancer	na	S	na	na	0.7
Stomach/intestinal ulcers	5.0	na	4.7	4.8	4.8
Bowel disorder/Crohn's/colitis	1.7	na	na	na	1.7
Thyroid	na	na	na	na	1.8
Arthritis/rheumatism	9.6	10.2	12.1	11.2	10.6
Back problems excluding arthritis	23.7	23.8	22.0	21.6	22.8
Mental Health					
Mental health is "excellent"	27.5	28.1	25.9	36.1	29.5
Mental health is "very good"	39.9	41.9	46.4	34.6	40.0
Mental health is "good"	26.6	24.9	22.7	25.2	25.3
Mental health is "fair" or "poor"	6.0	na	5.0	4.1	5.2
Rarely felt emotionally balanced past month	3.6	na	na	3.3	3.2
Felt emotionally balanced half the time	14.8	11.4	9.2	8.0	11.6
Felt emotionally balanced frequently	32.3	31.9	38.5	26.5	32.0
Felt emotionally balanced almost always past mo.	49.3	52.7	50.6	61.9	53.1
Most days not stressful at all past month	10.1	na	9.7	11.4	10.1
Most days not very stressful past month	19.2	14.6	17.4	20.5	18.7
Most days a bit stressful past month	42.8	46.5	45.8	39.4	42.9
Most days quite a bit/extremely stressful past mo.	27.9	31.3	27.1	28.6	28.3
Most important source of daily stress: time pressure	17.1	20.7	19.4	14.7	17.3
Most important stress: my physical health	2.9	na	5.4	3.9	3.7
Most important stress: finances, not enough money	17.9	13.5	11.6	13.3	15.1
Most important stress: my work situation	34.7	35.9	33.8	30.4	33.5
Most important stress: school	na	S	S	S	na
Most important stress: care for my children	4.2	na	3.7	2.5	3.3
Most important stress: care for others	4.3	na	3.6	7.6	5.1
Most important stress: my relationships with others	3.5	na	na	na	3.1
Most important stress: health of my family	1.6	na	5.3	4.7	3.2
Most important stress: (no day-to-day stress)	8.6	na	7.5	10.8	8.8

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
"Poor/fair" ability to handle difficult problems	7.5	na	7.6	6.3	7.2
"Good" ability to handle difficult problems	29.6	23.7	25.7	24.5	27.0
"Very good" ability to handle difficult problems	41.7	52.3	47.4	43.8	44.4
"Excellent" ability to handle difficult problems	21.2	17.0	19.3	25.0	21.4
"Poor/fair" ability to handle day-to-day problems	4.8	na	3.2	4.1	4.7
"Good" ability to handle day-to-day problems	24.7	19.6	25.6	20.8	23.4
"Very good" ability to handle day-to-day problems	45.3	50.6	50.0	48.3	47.5
"Excellent" ability to handle day-to-day problems	25.1	21.3	21.2	26.5	24.3
Rarely copes by trying to solve the problem	3.2	na	na	4.2	3.3
Sometimes copes by trying to solve the problem	18.2	20.3	17.9	11.1	16.5
Often copes by trying to solve the problem	78.5	74.8	79.9	83.5	79.7
Rarely copes by talking to others	26.2	24.0	20.9	20.1	23.4
Sometimes copes by talking to others	34.0	37.6	36.0	32.6	34.4
Often copes by talking to others	39.7	38.3	42.8	46.5	41.9
Never copes by smoking (non-smoker)	62.2	69.7	66.8	74.9	67.1
Never copes by smoking (a smoker)	14.5	14.8	12.9	9.1	12.8
Rarely copes by smoking more than usual	4.7	na	3.7	2.5	3.7
Sometimes copes by smoking more than usual	9.8	7.1	7.2	6.1	8.1
Often copes by smoking more than usual	8.7	na	9.3	6.3	8.0
Never copes by drinking alcohol	63.3	63.7	67.7	80.8	68.7
Rarely copes by drinking alcohol	19.9	20.7	17.9	10.8	17.3
Often/sometimes copes by drinking alcohol	16.7	15.6	14.3	7.5	13.7
Never copes by eating more/less than usual	60.0	56.0	55.5	55.9	57.7
Rarely copes by eating more/less than usual	20.1	20.9	22.9	22.2	21.3
Sometimes copes by eating more/less than usual	14.8	20.0	16.9	16.2	16.1
Often copes by eating more/less than usual	5.0	na	4.4	4.8	4.7
Never copes by jogging/exercise	50.9	51.3	42.4	46.5	48.2
Rarely copes by jogging/exercise	16.7	15.4	18.0	15.0	16.4
Sometimes copes by jogging/exercise	22.0	21.2	26.3	23.4	23.2
Often copes by jogging/exercise	10.2	12.0	13.0	14.3	12.0
Never copes by praying/spiritual help	76.3	44.7	28.3	14.9	48.0
Rarely copes by praying/spiritual help	15.5	33.9	25.7	8.7	17.6
Sometimes copes by praying/spiritual help	5.8	17.5	36.9	25.7	18.1
Often copes by praying/spiritual help	na	na	8.8	49.7	15.9
Never copes by blaming oneself	23.9	20.9	21.3	27.9	24.1
Rarely copes by blaming oneself	28.6	29.4	34.0	28.0	29.6
Sometimes copes by blaming oneself	38.7	36.7	36.9	31.8	36.4
Often copes by blaming oneself	8.6	12.9	7.2	11.2	9.5

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has never drunk alcohol	na	S	na	12.7	5.3
A former drinker, not now	8.0	na	6.7	16.4	9.8
Occasional drinker	11.3	15.3	11.1	15.3	12.7
Regular drinker	77.9	77.0	78.7	55.1	72.1
Non-drinker or < 5 drinks per occasion last year	68.6	74.3	77.2	88.4	75.9
Heavy drinker, never drunk most of 1 mo.	29.5	24.5	21.7	10.0	22.5
Usually drunk at least 1 mo. last year	na	S	na	na	0.9
Never drunk at work/school/child care in life	84.8	89.6	88.7	93.9	88.4
Drunk 1 to 2 times at work, etc in life	5.6	na	4.9	na	4.2
Drunk 3 to 10 times in life	5.4	na	2.9	na	3.9
Drunk over 10 times in life	3.7	na	na	na	2.8
Drunk at least once at work, etc, in life	14.6	9.5	10.7	5.4	11.0
Non-drinker or < 5 drinks per occasion past year	68.6	74.3	77.2	88.4	75.9
Heavy drinker, never drunk at work/school/child care	23.2	19.5	17.9	8.3	18.0
Drunk 1+ times at work/school/child care past year	7.8	na	4.3	na	5.6
Non-drinker or < 5 drinks per occasion past year	68.6	74.3	77.2	88.4	75.9
Never drank more than promised past year	24.6	19.8	18.2	8.5	18.7
Drank more, despite promise not to past year	6.3	na	4.1	2.3	4.7
Non-drinker or < 5 drinks per occasion past year	68.6	74.3	77.2	88.4	75.9
Never drank much more than intended past year	23.6	20.5	17.6	8.9	18.3
Drank much more than intended past year	7.3	na	4.7	na	5.1
Non-drinker or < 5 drinks per occasion past year	68.6	74.3	77.2	88.4	75.9
Never drank so much to risk getting hurt past year	25.8	20.7	19.6	7.6	19.4
Drank so as to risk getting hurt past year	5.1	na	na	na	4.1
Never used marijuana in life	38.4	44.6	51.1	64.4	48.2
Used marijuana once in life	10.9	10.6	9.8	7.3	9.8
Used marijuana more than once in life	50.5	44.8	38.8	27.9	41.9
Has not used illicit drugs in life	37.6	44.3	50.8	63.8	47.6
Used illicit drugs at least once in life	62.3	55.7	48.9	35.8	52.2
Has not used illicit drugs in life (excl. marij.)	47.6	53.8	59.7	70.4	56.4
Used illicit drugs (excl. marij.) at least once in life	52.2	46.2	40.0	29.3	43.3
Has not used illicit drugs past year	86.2	90.3	90.0	93.4	89.2
Used illicit drugs at least once past year	13.7	9.7	9.4	6.1	10.5
Has not used illicit drugs past year (excl. marij.)	86.4	91.0	91.2	93.6	89.6
Used illicit drugs (excl. marij.) at least once past year	13.4	9.0	8.2	5.9	10.0

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Has not used illicit drugs in life	37.6	44.3	50.8	63.9	47.6
Has not used illicit drugs for 1 year in life	46.0	42.8	37.8	27.4	39.3
Used illicit drugs for 1 year in life	16.2	12.9	11.1	8.4	12.9
Has used drugs despite promise not to	2.5	na	na	na	1.7
Has used drugs more often than intended	2.7	na	na	na	2.0
Insufficient weight (bmi), age 20-64	2.2	na	na	na	2.2
Acceptable weight, age 20-64	30.3	33.8	31.9	30.4	31.0
Some excess weight, age 20-64	22.6	16.9	20.7	21.3	21.3
Overweight, age 20-64	42.7	41.8	42.2	40.6	42.0
Weight not stated, age 20-64	S	S	S	S	S
Never had fear of being too fat	84.8	89.8	85.6	84.6	85.4
Never had fear of being too fat past year	7.0	na	4.8	7.1	6.4
Had fear of being too fat past year	8.3	na	9.4	7.9	8.1
Has not gambled in life	30.3	26.1	30.2	25.5	28.6
Non-gambler now	13.4	9.2	14.6	31.3	17.8
Non-problem gambler	48.8	59.6	49.7	39.6	47.7
Low-risk gambler	4.2	na	na	na	3.0
Problem gambler	2.8	na	na	na	2.1
Low-risk or problem gambler	7.0	na	3.5	2.9	5.1
Non-gambler past year	61.0	59.5	64.0	74.1	64.8
Never felt gambling guilt past year	35.6	38.7	31.9	23.2	32.0
Sometimes-always felt gambling guilt past year	2.9	na	na	na	2.4
Never felt gambled too much past year	36.5	39.1	33.0	23.9	32.9
Sometimes-always gambled too much past year	1.9	na	na	na	1.5
Rarely felt loved and appreciated past month	3.0	na	na	na	2.4
Felt loved and appreciated past month	10.3	7.0	7.5	6.5	8.5
Often felt loved and appreciated past month	30.8	27.6	31.6	23.4	28.7
Almost always felt loved and appreciated past month	55.9	62.8	59.8	67.4	60.3
Suicide					
Has never seriously considered suicide	92.0	94.1	91.9	91.3	92.0
Has seriously considered suicide	7.8	na	7.9	8.3	7.7
Has never attempted suicide	97.7	97.4	97.9	95.8	97.2
Has attempted suicide	2.1	na	na	3.8	2.5

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Rarely felt at peace with myself past month	5.1	na	na	na	3.7
Felt at peace half the time past month	11.5	13.0	8.2	8.2	10.2
Often felt at peace past month	31.5	33.2	34.1	25.4	30.6
Almost always felt at peace past month	51.9	50.6	55.1	63.5	55.4
Rarely felt emotionally balanced past month	3.6	na	na	3.3	3.2
Felt balanced half the time past month	14.8	11.4	9.2	8.0	11.6
Often felt balanced past month	32.3	31.9	38.5	26.5	32.0
Almost always felt balanced past month	49.3	52.7	50.6	61.9	53.1
Rarely felt useful past month	2.0	na	na	na	2.5
Felt useful past month	8.9	na	6.4	5.8	7.6
Often felt useful past month	35.2	28.3	36.2	28.1	32.9
Almost always felt useful past month	53.9	60.8	53.9	63.0	56.9
Lowest income adequacy	na	na	na	3.3	1.9
Lower middle income adequacy	5.6	na	3.5	4.9	4.7
Middle income adequacy	15.5	15.5	15.0	20.2	16.6
Upper middle income adequacy	37.5	40.4	36.8	35.6	37.2
Highest income adequacy	37.6	37.0	40.1	32.4	36.7
Household income or size not stated	2.2	na	4.1	na	3.0
Household income last year under \$10,000	na	na	na	na	1.5
Household income income \$10,000-14,999	1.8	na	na	na	1.8
Household income income \$15,000-19,999	2.2	na	na	na	1.6
Household income income \$20,000-29,999	6.3	na	5.2	7.5	6.2
Household income income \$30,000-39,999	9.2	na	8.5	10.3	9.1
Household income income \$40,000-49,999	8.4	6.4	8.4	10.0	8.6
Household income income \$50,000-59,999	10.1	19.1	11.5	10.5	11.4
Household income income \$60,000-79,999	21.4	20.1	19.8	19.8	20.6
Household income income \$80,000 or more	37.1	36.8	39.8	32.3	36.4
Household income not stated	2.2	na	4.2	na	3.0
No welfare income received last year	96.9	98.8	96.9	95.3	96.7
Welfare income received last year	2.3	na	na	3.6	2.5
Parents aged 15 to 75	98.4	97.5	97.9	97.5	97.9
Not in the labour force	5.3	3.8	9.0	8.3	6.5
In the labour force	93.1	93.7	88.9	89.2	91.3
Employed	90.4	91.0	87.2	86.4	88.8
Unemployed	2.7	na	na	na	2.5
Permanently unable to work (aged 15-75)	1.3	S	na	na	1.4
Parents 75 years of age and over	na	S	na	na	0.8

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## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
No personal income past year	na	S	na	na	1.2
Personal income under \$5,000	na	S	na	na	1.1
Personal income \$5,000-9,999	na	na	na	2.4	1.8
Personal income \$10,000-14,999	3.2	na	3.4	3.5	3.2
Personal income \$15,000-19,999	3.4	na	3.5	2.9	3.1
Personal income income \$20,000-29,999	11.4	13.0	11.7	15.3	12.7
Personal income income \$30,000-39,999	16.2	17.0	16.9	13.9	15.8
Personal income income \$40,000-49,999	15.5	17.4	15.7	14.8	15.5
Personal income income \$50,000-59,999	11.1	11.7	12.0	14.0	12.1
Personal income income \$60,000-79,999	18.3	15.0	16.8	15.3	16.9
Personal income income \$80,000 or more	14.4	15.9	13.1	10.6	13.3
Personal income not stated	2.7	na	3.8	na	3.2
Employee	72.9	75.5	72.4	69.0	72.1
Self-employed	20.8	18.2	19.3	20.6	20.2
Occupation: management	13.5	17.9	15.5	12.6	14.1
Professional including accountants	11.0	14.1	16.0	16.7	13.8
Technologist/technician	14.1	6.7	9.6	10.1	11.5
Administrative/financial/clerical	3.2	na	na	na	3.2
Sales or service	12.7	15.1	11.5	11.8	12.5
Trades/transport/equipment operator	24.8	24.4	20.4	19.6	22.6
Farming/forestry/fishing/mining	4.2	na	5.4	4.5	4.3
Processing/manufacturing/utilities	6.4	na	6.0	5.7	6.1
Other occupation	3.7	na	4.7	4.9	4.3
Usually works under 30 hours/week main job	2.6	S	na	3.5	2.5
Usually works 30-38 hours/week main job	9.4	6.8	9.3	10.9	9.5
Usually works 39-42 hours/week main job	35.3	37.3	32.3	28.4	33.1
Usually works over 42 hours/week main job	46.5	49.0	47.7	46.3	46.9
Usually does not work weekends	56.8	57.2	54.3	50.4	54.7
Usually works weekends	36.8	36.5	37.4	39.2	37.5
No work stress, main job, past year	7.6	na	6.6	9.4	7.8
Not much work stress, past year	15.7	10.2	13.4	15.8	14.7
A little work stress, past year	38.6	43.3	41.2	33.4	38.2
Much work stress, past year	25.8	25.6	24.5	26.2	25.6
Extreme work stress, past year	6.0	na	5.6	4.6	5.7
High job skill required: strongly agrees	41.8	33.8	38.6	38.3	39.5
High job skill required: agrees	35.4	41.1	40.3	36.8	37.3
High job skill required: neither agrees/disagrees	5.8	na	6.0	6.2	6.4
High job skill required: disagrees	9.8	na	5.4	6.8	7.9
High job skill required: strongly disagrees	na	S	S	na	na

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Percentage distribution (column %)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Job was very hectic: strongly agrees	24.6	22.5	19.7	20.9	22.5
Job was very hectic: agrees	34.2	37.2	36.7	33.1	34.7
Job was very hectic: neither agrees/disagrees	15.2	19.1	16.9	15.4	16.0
Job was very hectic: disagrees	17.8	11.1	15.5	18.1	16.8
Job was very hectic: strongly disagrees	1.5	na	na	na	1.8
Job free of conflicting demands: strongly agrees	9.8	na	5.1	8.3	8.1
Job free of conflicting demands: agrees	30.0	29.7	31.1	35.0	31.5
Job free of conflicting demands: neither agrees/disag.	13.2	10.9	16.0	10.2	12.7
Job free of conflicting demands: disagrees	32.3	36.2	29.8	27.8	31.0
Job free of conflicting demands: strongly disagrees	7.5	11.2	8.5	7.7	8.1
Job security good: strongly agrees	33.2	32.2	29.6	28.5	31.2
Job security good: agrees	38.7	40.3	39.8	39.2	39.2
Job security good: neither agrees/disagrees	7.7	9.2	9.3	10.2	8.8
Job security good: disagrees	9.2	8.5	10.1	7.7	8.9
Job security good: strongly disagrees	4.6	na	na	na	3.6
Job conflict with co-workers: strongly agrees	5.3	na	5.1	4.6	4.9
Job conflict with co-workers: agrees	23.6	25.9	23.6	18.4	22.5
Job conflict with co-workers: neither agrees/disag.	13.6	15.5	12.3	10.2	12.7
Job conflict with co-workers: disagrees	35.0	36.6	37.7	43.4	37.9
Job conflict with co-workers: strongly disagrees	15.9	11.9	12.3	12.3	13.9
Job supervisor was helpful: strongly agrees	14.0	13.0	13.2	15.1	14.0
Job supervisor was helpful: agrees	38.9	42.6	44.2	40.7	40.8
Job supervisor was helpful: neither agrees/disag.	20.5	21.7	19.4	19.6	20.2
Job supervisor was helpful: disagrees	12.6	9.5	7.9	8.6	10.4
Job supervisor was helpful: strongly disagrees	6.8	na	5.0	4.2	5.7
Job requires repetative tasks: strongly agrees	19.0	13.1	15.3	18.3	17.5
Job requires repetative tasks: agrees	35.4	38.8	40.9	37.0	37.2
Job requires repetative tasks: neither agrees/disag.	12.9	11.8	14.1	11.4	12.7
Job requires repetative tasks: disagrees	21.2	25.5	17.8	19.1	20.4
Job requires repetative tasks: strongly disagrees	4.8	na	na	3.2	4.0
Not satisfied at all with job	2.0	S	na	na	1.7
Not too satisfied at all with job	6.6	na	3.7	6.1	5.7
Somewhat satisfied with job	39.7	40.5	37.7	28.8	36.6
Very satisfied with job	45.1	47.9	48.1	52.4	47.8

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = sample under 30 respondents.

"S" = not available or sample under five respondents.

## everyday difficulties, by socio-economic characteristics, Canada, 2002

Selected indicators (rates or ratios)	To what extent do spiritual values give strength to face daily difficulties?				
	Not at all	A little	Some	A lot	Total
Labour force					
Labour force participation rate	94.7	96.1	90.8	91.5	93.3
Employment rate	97.1	97.2	98.1	96.8	97.2
Unemployment rate	2.9	na	na	na	2.8
Permanently unable to work / labour force (%)	1.4	S	na	na	1.5
Population over 65 per employed (%)	2.4	na	4.5	4.8	3.8
Population over 75 per employed (%)	na	S	na	na	0.9
Population over 80 per employed (%)	S	S	na	na	na
Employees per self employed	3.5	4.1	3.8	3.4	3.6
Occupation: management per employed (%)	14.9	19.6	17.8	14.6	15.9
Professional including accountants per employed	12.2	15.5	18.4	19.3	15.5
Technologist/technician per employed	15.6	7.4	11.0	11.7	12.9
Administrative/financial/clerical per employed	3.5	na	na	na	3.6
Sales or service per employed	14.1	16.6	13.2	13.6	14.0
Trades/transport/equipment operator / employed	27.4	26.8	23.4	22.7	25.4
Farming/forestry/fishing/mining per employed	4.6	na	6.1	5.2	4.8
Processing/manufacturing/utilities per employed	7.0	na	6.9	6.6	6.8
Other occupations per employed	4.1	na	5.4	5.7	4.8
Works over 42 hrs/week: per employed (%)	51.5	53.8	54.7	53.6	52.9
Usually works weekends per employed (%)	40.7	40.1	42.9	45.4	42.2
Welfare rate -- welfare recipients, % income recipients	2.3	na	na	3.7	2.5
Highest household income quintile / Lowest	23.9	15.6	83.7	9.9	19.5
Canadian-born population per immigrant	449	335	358	152	301
Potential worship dropouts per weekly worshipper	na	2.6	1.9	1.2	1.5
Potential monthly worshippers per weekly worshipper	13.5	3.9	2.0	0.4	1.3
"Very religious" population / "Not religious at all"	0.0	na	na	na	0.8
Married / Single never married	77.7	S	na	na	131.0
Married / Widowed	na	S	na	na	106.8
Married / Common-law	5.8	6.7	10.4	20.2	8.3
Married / (Separated or divorced)	29.4	na	26.0	29.5	28.2
Post-secondary degree/dip / <High school diploma	3.3	4.1	4.6	5.1	4.0
Very satisfied with life in general / Dissatisfied	7.9	na	na	10.9	9.6
Excellent physical health / Fair or poor health	1.7	2.4	1.6	2.0	1.8
Excellent mental health / Fair or poor health	4.6	na	5.2	8.8	5.7
Days very stressful past month / Not at all	2.8	na	2.8	2.5	2.8

### Notes:

See Appendix 1 for variable definitions and notes on the survey.

"na" = not available or smallest sample in ratio or rate is under 30.

"S" = not available or sample under five respondents.