

Why do we suffer? A 30-question survey

Knowing the cause of suffering helps us to know how it is relieved and the effects of relief. The Bible points to not only the cause but also the cure. These questions are answered in the 30 plainly understood passages (*New King James Version*) listed below. The aim of this survey is to identify the key verses on these subjects, then to ask if you believe they are true, if they influence your life (thoughts, words and deeds) now, and if you hope they will influence your life (more) in the future.

Please answer Y for “yes”, N for “no” or U for “unsure”.

1. [God heals] "If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I *am* the LORD who heals you." Exodus 15:26

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

2. Bless the LORD, O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Psalm 103:2-3

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

3. [Jesus Christ heals] However, the report went around concerning Him all the more; and great multitudes came together to hear, and to be healed by Him of their infirmities. Luke 5:15

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

4. And behold, a leper came and worshiped Him, saying, "Lord, if You are willing, You can make me clean." Then Jesus put out *His* hand and touched him, saying, "I am willing; be cleansed." Immediately his leprosy was cleansed. Matthew 8:2-3

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

5. "The Spirit of the LORD *is* upon Me, Because He has anointed Me To preach the gospel to *the* poor; He has sent Me to heal the brokenhearted, To proclaim liberty to *the* captives And recovery of sight to *the* blind, To set at liberty those who are oppressed; Luke 4:18

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

6. [The apostles healed] And when He had called His twelve disciples to *Him*, He gave them power *over* unclean spirits, to cast them out, and to heal all kinds of sickness and all kinds of disease. Matthew 10:1

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

7. Then Peter said, "Silver and gold I do not have, but what I do have I give you: In the name of Jesus Christ of Nazareth, rise up and walk." And he took him by the right hand and lifted *him* up, and immediately his feet and ankle bones received strength. So he, leaping up, stood and walked and entered the temple with them——walking, leaping, and praising God. Acts 3:6-8

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

8. And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately. Acts 9:34

I believe it []; It influences me []; I hope it will influence me (more) [].

9. Now God worked unusual miracles by the hands of Paul, so that even handkerchiefs or aprons were brought from his body to the sick, and the diseases left them and the evil spirits went out of them. Acts 19:11-12

I believe it []; It influences me []; I hope it will influence me (more) [].

10. And it happened that the father of Publius lay sick of a fever and dysentery. Paul went in to him and prayed, and he laid his hands on him and healed him. So when this was done, the rest of those on the island who had diseases also came and were healed. Acts 28:8-9

I believe it []; It influences me []; I hope it will influence me (more) [].

11. [Healing in the Church] But the manifestation of the Spirit is given to each one for the profit of all: for to one is given the word of wisdom through the Spirit, to another the word of knowledge through the same Spirit, to another faith by the same Spirit, to another gifts of healings by the same Spirit, 1 Corinthians 12:8-9

I believe it []; It influences me []; I hope it will influence me (more) [].

12. "And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover." Mark 16:17-18

I believe it []; It influences me []; I hope it will influence me (more) [].

13. And God has appointed these in the church: first apostles, second prophets, third teachers, after that miracles, then gifts of healings, helps, administrations, varieties of tongues. 1 Corinthians 12:28

I believe it []; It influences me []; I hope it will influence me (more) [].

14. [Healing withheld from Paul; Miletus] And lest I [Paul] should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure. 2 Corinthians 12:7

I believe it []; It influences me []; I hope it will influence me (more) [].

15. Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. 2 Corinthians 12:8-9

I believe it []; It influences me []; I hope it will influence me (more) [].

16. Erastus stayed in Corinth, but Trophimus I [Paul] have left in Miletus sick. 2 Timothy 4:20

I believe it []; It influences me []; I hope it will influence me (more) [].

17. [Medical treatments heal; medicines] When Jesus heard that, He said to them, "Those who are well have no need of a physician, but those who are sick. Matthew 9:12

I believe it []; It influences me []; I hope it will influence me (more) [].

18. No longer drink only water, but use a little wine for your stomach's sake and your frequent infirmities. 1 Timothy 5:23

19. [Spiritual significance of healing] The LORD builds up Jerusalem; He gathers together the outcasts of Israel. He heals the brokenhearted And binds up their wounds. Psalm 147: 2-3

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

20. Have You utterly rejected Judah? Has Your soul loathed Zion? Why have You stricken us so that *there is* no healing for us? We looked for peace, but *there was* no good; And for the time of healing, and there was trouble. Jeremiah 14:19

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

21. Come, and let us return to the LORD; For He has torn, but He will heal us; He has stricken, but He will bind us up. Hosea 6:1

22. When evening had come, they brought to Him [Jesus] many who were demon-possessed. And He cast out the spirits with a word, and healed all who were sick, that it might be fulfilled which was spoken by Isaiah the prophet, saying: "He Himself took our infirmities And bore *our* sicknesses." Matthew 8:16-17

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

23. [Heaven is the place of total healing] "And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away." Revelation 21:4

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

24. For I consider that the sufferings of this present time are not worthy *to be compared* with the glory which shall be revealed in us. Romans 8:18-19

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

25. [Seek health] Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. 3 John 1:2

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

26. When Jesus saw him lying there, and knew that he already had been *in that condition* a long time, He said to him, "Do you want to be made well?" ... Jesus said to him, "Rise, take up your bed and walk." And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. John 5: 6, 8-9

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

27. Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's. 1 Corinthians 6:18-20

I believe it [] ; It influences me [] ; I hope it will influence me (more) [] .

28. [Balance work and rest] Six days you shall work, but on the seventh day you shall rest; in plowing time and in harvest you shall rest. Exodus 34:21
I believe it []; *It influences me [];* *I hope it will influence me (more) [].*

29. [Pray] Cast your burden on the LORD, And He shall sustain you; He shall never permit the righteous to be moved. Psalm 55:22
I believe it []; *It influences me [];* *I hope it will influence me (more) [].*

30. [Avoid worry] But seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Matthew 6: 33-34a
I believe it []; *It influences me [];* *I hope it will influence me (more) [].*

Questions about you:

Do you have a chronic health condition? Yes []; No [].

How often do you pray for your own health?
Daily []; 2-3 times a week []; weekly []; less often []; never [].

How often do you pray for the health of friends or family with chronic conditions?
Daily []; 2-3 times a week []; weekly []; less often []; never [].